



I hope everyone had a lovely half term. The staff all attended the Crofty training day on Monday, which was excellent. The staff were lucky enough to hear from Rachel Mackenzie, a World Thai-Boxing Champion. She is a neurological specialist physiotherapist with a special interest in the role of movement on the brain. She gave staff the knowledge and tools to help our children develop healthy and resilient brains across the school day; improving behaviour, attention and attainment through optimising brain function and reducing the effect of environmental stressors. The staff have been implementing some of the ideas and strategies this week. We are keen to include sensory circuits and movement into our lessons throughout the day. They also got to hear from Cathryn Andrews, former head of Pennoweth, who has been appointed the new Crofty CEO. She spoke about the importance of staff well-being. A range of workshops were on offer. Many of us attended one led by handwriting expert, Sue Smit. She explored the root causes of handwriting problems. The training explored childhood development and why bilateral integration, visual perception and motor skills are important for handwriting. As a result of this, we will be engaging the children in daily 2-minute exercises that should improve handwriting. We will introduce a different movement each week. We will share these on the newsletter so you can have a go at them at home too. Just 2 minutes a day can have a huge impact. As well as preparing children for handwriting and improving neatness, it helps the children to be able to write quicker, more confidently without hand pain. See the photos later in the newsletter, to show you this week's 'crocodile finger walking' exercise.

One of the things I am keen to improve at Pennoweth is communication with parents so you know what is happening at school. The newsletter seems to have helped this. My next step is ensuring parents have notice about events that are coming up. Therefore, I have added more dates to the diary section and we will continue to add to this. Hopefully, this then means that if you are unsure of a date, you know you can find it on the newsletter, rather than needing to look back through messages. I will ask all staff to ensure any dates they share with you are added to the newsletter.

Next week the governors will be sending out a survey to parents and carers. It would be wonderful if as many of you as possible can complete it. It is an opportunity to celebrate all the great things about Pennoweth, and a chance for you to share your ideas of what could make the school even better. All the schools in Crofty complete this survey each year. The number of parents that completed for Pennoweth last year was low compared to some of the other schools. I would really appreciate it if as many of you as possible can complete it. The governors and I will be looking at the results closely to evaluate the school. **Cassie Pamplin**

Highlight of the Week



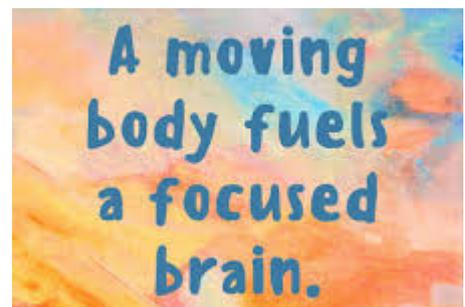
This week Mrs Morris and the children were lucky enough to work with two local artists to create structures ready for the St. Piran's Day parade. Even if your child is not part of the parade, it will be lovely to see lots of you there next Saturday. The Creative Lab was abuzz with creativity!



Reminder
World Book Day
being celebrated at
Pennoweth on Friday
6th March



Thought of the Week





Stars of the Week



DNA Awards Loved-Enid, Tristan Responsibility-Pearl, Lilly G Safe- Prahann, Evelyn
 Learning-Maya, Alyssia, Daisy H, Harry, Reuben B, Rowan C, Theo, Bella, Jenson, Riley, Alesha Mae, Ezra
 Ready- Shaswin, Massen

Restormal - Aung

For a brilliant start back in his learning this week, and for using his words so much more to communicate. Fantastic!

Tintagel-Amelia P

For sharing her fantastic knowledge about Everyday Heroes and helping everyone around her. Great work Amelia!

Gwithian - George

For showing great focus and taking pride in his work this week. Well done George.

Porthcurno - Jack

For having a fantastic behaviour for learning and superb manners this week.

Mevagissey - Lexi

For trying hard with her reading this week in our lessons. Well done!

Newlyn - Seb

For always giving everything his very best and being kind and making our class feel loved.

Lizard - Mia M

For making a much-improved effort in all areas. Keep it up!

Pendeen -Alba

For growing in confidence and working hard in all her learning.

Godrevy - Delilah

For improved focus in learning.

Porthleven - Enid

For being supportive and nurturing to your peers at all times.

Levant - Charlie

Exemplary behaviour both inside and outside the classroom.

Geevor - Jamie

For excellent effort in his learning and for consistently showing kindness and support to others

Poldark - Tiana

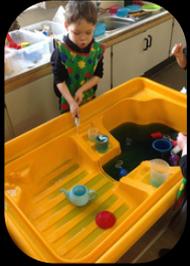
For excellent listening and consistent effort across all areas of learning.



**Behaviour Beacons: Lyra, Amara, Ethan, Esme, Sophia, Brodie, Peter, Holly
 Esme, Halle, Henry, Connie, Starla**

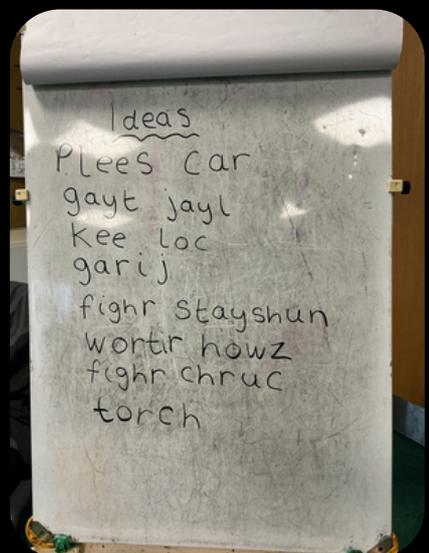
Nursery Learning Highlights

This week in Nursery we have excitedly started our new topic all about eggs! The children explored a variety of egg-related treasures in our special talking box, including different types of eggs, life cycle toys, a nest, feathers and story books. They shared their ideas and thoughts about what they would like to learn more about, and we recorded their wonderful suggestions in our floorbook. The children showed great curiosity and asked lots of thoughtful questions! We have also been busy strengthening our hand muscles ready for writing by using syringes and pipettes in the water tray, developing our fine motor skills while having lots of fun.



Reception Learning Highlights

The children have had a great first week back and hit the ground running in our new Topic: Everyday Heroes. We found out about people in our community who help us, such as nurses, bus drivers, police officers and lots more. The children were inspired to make their very own police station role play outside and have made walkie talkies and torches already. In maths we have been exploring the numbers 9 and 10



Key Stage One Learning Highlights

What a fantastic first week back in Year 1! We have loved learning and performing 'The 7 Continents Rhyme' in our writing lessons. The children had great fun competing to see who could remember the actions and words the best, all while practising how to be a brilliant audience. In music, we continued our project with Cheryl, keeping rhythm using cups and musical instruments. We also explored Joseph Haydn's Surprise Symphony, which the children really enjoyed. Year 2 have turned into rappers this week to learn the 'Music Lesson Rap'. They then enjoyed thinking of instruments, sound words and rhyming words to create their own versions. In science, we have begun learning about plants and we are looking forward to doing some planting next week!



Lower Key Stage Two Learning Highlights

Year 3 have enjoyed starting their new project, Scrumdiddlyumptious, this week. In science, we began an experiment to investigate the effect germs can have on our food. We used four different slices of bread: one was dropped on the floor for 10 seconds, one for 5 seconds, one for 1 second, and one was not dropped at all. We are going to observe the bread over the next few weeks to see if there is a difference between them.

Year 4 have enjoyed beginning our new project 'Playlist' this week, where we have investigated whether we can block sound, how it travels and sounds and music we enjoy. We've begun looking at fractions in maths and enjoyed 4 days of poetry to settle us back into a new half-term.

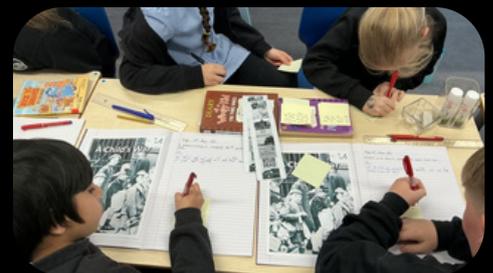
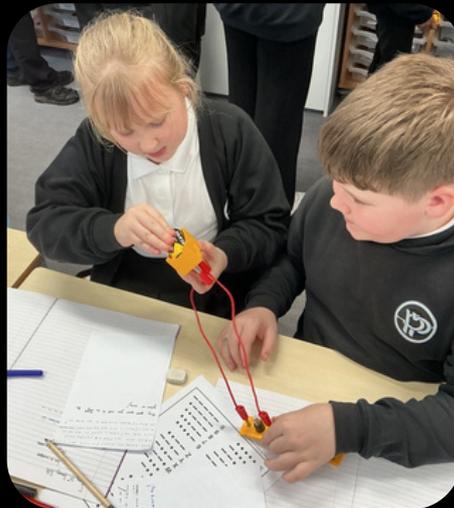
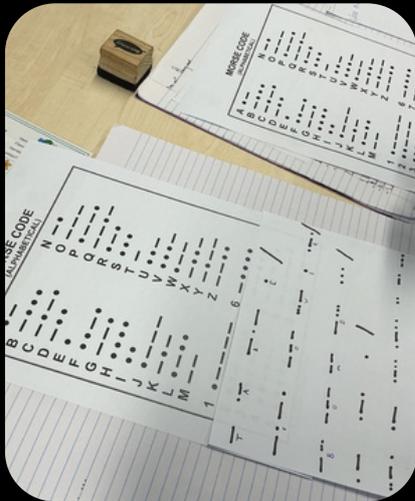
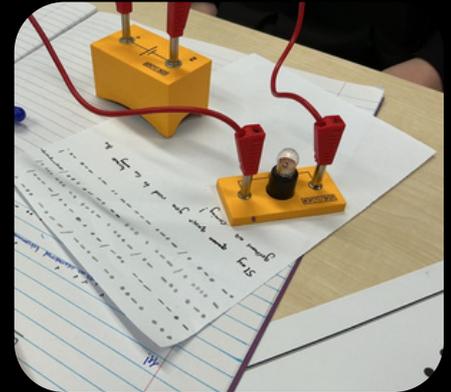


Upper Key Stage Two Learning Highlights

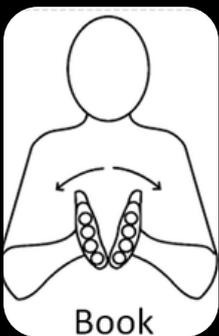
This week, Upper Key Stage Two launched their new history project, "A Child's War", focusing on life during World War II. The children began by developing their understanding of chronology, carefully sequencing key dates and events from the war. They explored when the war began in 1939, the evacuation of children from cities to the countryside, the impact of the Blitz and the introduction of rationing. This helped them build a clear timeline of how the war unfolded and how it affected everyday life, particularly for children.

In writing, pupils studied war poetry, focusing on the powerful sonnet Anthem for Doomed Youth by Wilfred Owen. They analysed the structure and features of a sonnet before writing their own, inspired by the theme of evacuation. The children have worked hard to reflect emotion, imagery and historical understanding in their poetry, producing some thoughtful and moving pieces.

We are very proud of their enthusiasm and the maturity they have shown when exploring this important period in history.



Makaton Sign of the Week



Book



Exercise of the Week

Crocodile Finger Walking

Tap your thumb on each finger in turn. Can you do it on both hands at the same time? How about if you cross your arms? Can you do it without looking?

Congratulations to all those who achieved an AR award this week: Reuben, Katia, Mia D, Ayla Neve, Peter, Caya, Lincoln, Prahaan, Georgie, Neve, VihanTristan, Matthew, Kai, Ayla Amelia, Charlie, Charlie, Lyra, Skyla

Attendance this Week Our aim is 96%	
Pendennis	88.89%
Restormel	91.88%
Tintagel	98.75%
Gwithian	91.38%
Porthcurno	94.23%
Mevagissey	96.45%
Newlyn	95.23%
Lizard	91.91%
Pendeen	96.88%
Godrevy	91.67%
Porthleven	92.05%
Geevor	96.25%
Levant	97.12%
Poldark	88.95%
School this year	94.60%
National this year	94.20%

Diary Dates

4th March Y1/2 camp meetings for parents (3pm, 5.30pm)
 5th March- St Piran's Day lunch
 6th March- World Book Day- dress up/non-uniform, author workshops and science assemblies
 7th March-St Piran's parade
 12th March- Lizard Class King Edward Mine Trip
 16th March Redruth School Band performs to pupils
 18th March- Story of Steam trip for a group of Y5/6
 19th March- Pendeen Class King Edward Mine trip, RNLI assembly
 20th March- Comic Relief-Red Nose Day- non-uniform, plus bring a joke to school
 24th-25th March Y1 & 2 St Ives camp
 26th March- Cornish Caretaker show for KS2
 24th April-Class photos
 5th-6th May Y3&4 Porthpean Camp
 w/c 11th May Y6 SATs week
 15th May-Y4 HfC Boy at the Back of the Class trip
 24th-26th June Y6 Bath Camp
 6th-10th July Y5 Isles of Scilly Camp

Term Dates:

Last Day of Spring 2 Thursday 2nd April
 Start of Summer Term 1 Monday 20th April
 BANK HOLIDAY Monday 4th May
 Last Day of Summer 1 Friday 22nd May
 Start of Summer 2 Monday 1st June
 Inset Day Monday 29th June
 Last Day of Summer 2 Wednesday 22nd July

School Lunches

Week beginning 2/3/26
 Week 3 choices from the
 Autumn/Winter Term Menu
 Please see Chartwells meal menu
 on the school website for details

01209 215671

Our phase email addresses are:

eyfs@pennoweth.cornwall.sch.uk (for Nursery and Reception)
KS1@pennoweth.cornwall.sch.uk (for Years 1 and 2)
lowerKS2@pennoweth.cornwall.sch.uk (for Years 3 and 4)
upperKS2@pennoweth.cornwall.sch.uk (for Years 5 and 6)

**Congratulations
Tintagel**

We are safe. We feel loved. We take responsibility. We are always learning. We are ready.

Pennoweth World Book Day



Friday 6th March

Come dressed up or in pajamas - your choice!

We have a local author coming to read to the children and some World Book Day crafts.

Friends of Pennoweth will also be handing out the ordered Lucky Chocolate bars.



Friends of pennoweth



Because this year's
competition is being kindly sponsored by

FIREWOOD SUPPLIES LTD

firewoodsuppliesltd.co.uk

we've increased the cash prizes and your
chance to win -

£2.50

a 95g
Dairymilk
bar



1 x £50 cash
5 x £20 cash
5 x £10 cash



10 x book & treat bundles

Orders can be placed via our SumUp link or cash in a named envelope. We have a payment link and QR code available below. **Please include a child's name & class.**

Purchased bars will be handed to the children on Friday 6th March, when Pennoweth are celebrating World Book Day.



Cornwall
Wildlife Trust



Cornwall Partnership
NHS Foundation Trust

MHST Wild Wellbeing

MHST, in collaboration with Natural England, Cornwall Wildlife Trust and National Trust, would like you to join us on a FREE Wild Wellbeing session in Cornwall.

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.

Please book EACH child on to a session

Each session will last approx. 2 hours

Locations and dates:

07 April - Golitha Falls

07 April - The Gardeners House, Penzance

14 & 15 April - Penrose Estate

16 April - St Ives Community Orchard

More sites and dates may be added so keep checking!

All sessions will begin at 10am. Please wear weather appropriate clothing!



To request a place, complete the online form

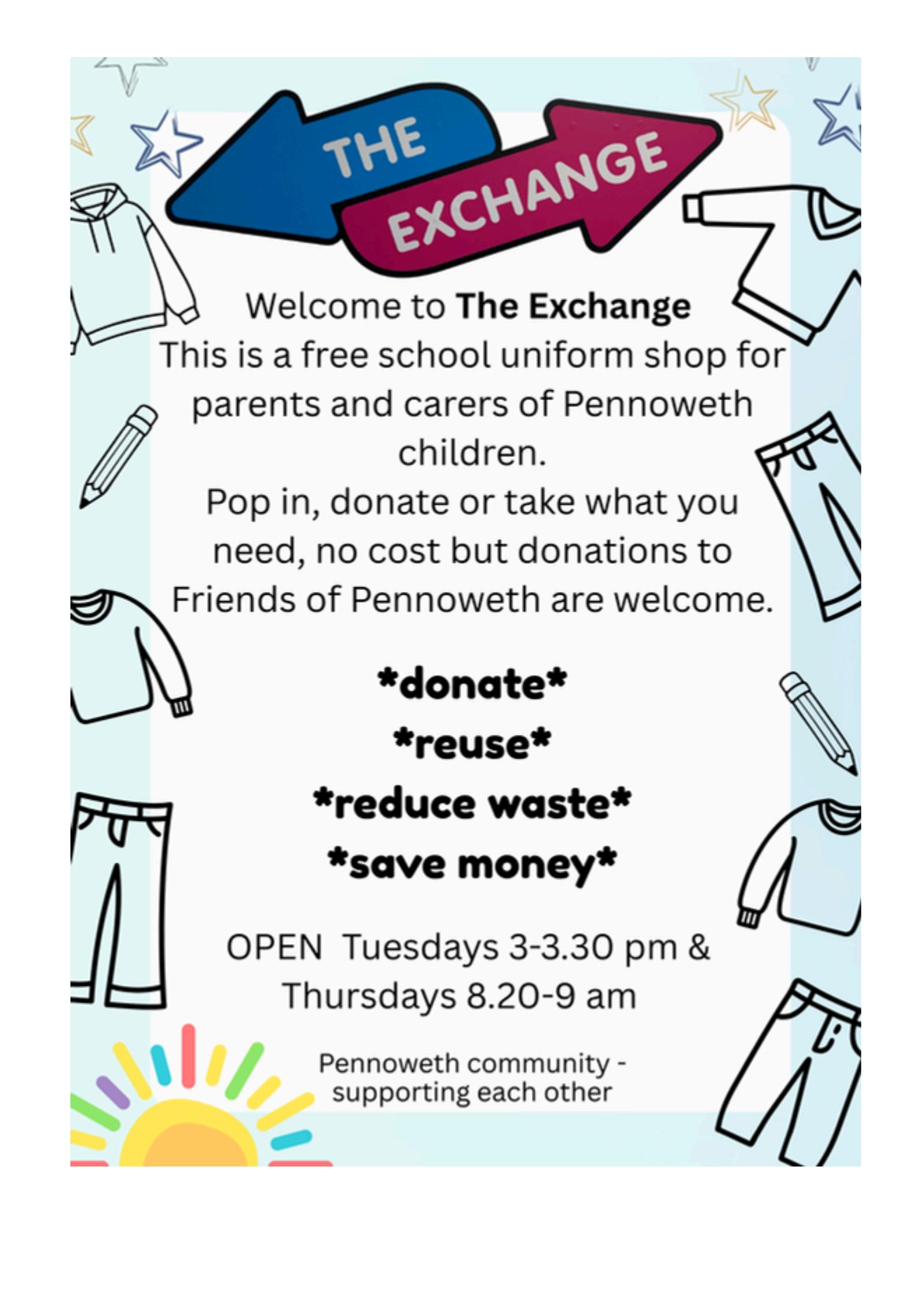
<https://forms.office.com/e/CdbKBnMH0q>



Scan to sign up

Please be aware that spaces are limited and assigned on a first-come, first-served basis. If you cannot attend after being allocated a place, inform us so we can give your spot to someone else.

Follow us on Facebook for updates and upcoming events:
[Cornwall Mental Health Support Team \(MHST\)](#)



THE EXCHANGE

Welcome to **The Exchange**

This is a free school uniform shop for parents and carers of Pennoweth children.

Pop in, donate or take what you need, no cost but donations to Friends of Pennoweth are welcome.

donate

reuse

reduce waste

save money

OPEN Tuesdays 3-3.30 pm &
Thursdays 8.20-9 am

Pennoweth community -
supporting each other



Family Help Kerrier Drop in with CAMHS

You are invited to our Family Help drop in
on Thursday 5th March at 9.30am
Redruth Family Hub, Drump Road, TR15 1NA.

The CAMHS Team- The Child and Adolescent Mental Health Service (CAMHS) has a range of teams for children and young people and covers the spectrum of ages 0 to 18 years old

Family Information Service- for signposting to what support is available in the local area

Smarter Smiles Dental Nurse for dental care advice

SENDIASS for support and advice if you have a child with SEN needs

Pentreath- for signposting to services that can support with adult mental health

Family Help Family and Youth Workers available to chat to

All welcome, Free of charge, St Pirans Day refreshments provided

**For any further information
please contact:**

Email: Kerrier.FamilyHub@cornwall.gov.uk
or ring Redruth Family Hub on 01209 310000



Further News and Community Announcements

Pennoweth School, throughout the year, distributes fliers and magazines offering family services or posts details of local activities on the newsletter. Whilst we think that parents might like the information and find it useful, the school does not necessarily endorse these services.