## WEEK 3

W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026							
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	OPTION	Cheese and Tomato Pizza with Potato Wedges 🕜	Beef Meatballs in Tomato Sauce with Wholewheat Pasta	Roast Gammon with Mashed Potatoes and Gravy	Chicken and Sweetcom Pasta Bake	Fish Fingers with Chips	
	OPTION 2	Veggie Meat Feast Pizza with Potato Wedges	Veggie Meatballs in Tomato Sauce with Wholegrain Pasta	Quorn Roast with Mashed Potato and Gravy	Macaroni Cheese	Veggie Fingers with Chips 💿	
	OPTION	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FR					AND FRESHLY BAKE	D BREAD	
DISHES	OPTION	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap	
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Egg Mayonnaise





















Sandwich







**Ham Sandwich** 



**Lemon Cookie** 

**DELI DISHES ARE SERVED WITH MIXED SALAD** 

Cheese

Sandwich

Crunchy Chocolate Mousse

Tuna

Mayonnaise

Sandwich

Fruits of the **Forest Jelly** 

Cheese

Sandwich



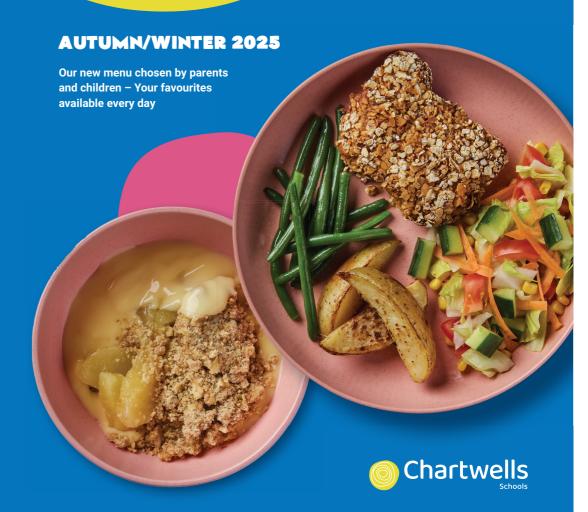


**AVAILABLE DAILY** Fresh fruit, salad, yoghurt and water

🔻 Vegetarian 🌞 Vegan 🔅 Oily Fish 😻 Wholegrain 🐞 Fruity! 💖 Nutritionist's Choice

Menu\_101\_007749

## THREE MENU



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

## WEEK 1

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026							
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	OPTION	Cheese and Tomato Pizza with Potato Wedges ②	Beef Bolognese with Wholewheat Pasta 🕸 🦁	Roast Chicken with Roast Potatoes and Gravy	Chicken and Vegetable Pie with Mashed Potatoes and Gravy	Southern Fried Chicken with Chips	
	option 2	BBQ Vegetable Wrap with Potato Wedges ① ※	Vegetarian Bolognese with Wholewheat Pasta 💿 📦 🤫	Roast Quorn with Roast Potatoes and Gravy	Cheesy Peasy Rice Bake	Quorn Dippers with Chips	
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta				
		HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DELI DISHES	OPTION	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap	
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich	



DESSERT

Crunchy Apple Slice

Strawberry Shortcake Mousse

Oat Cookie

DELI DISHES ARE SERVED WITH MIXED SALAD

Apple Crumble with Custard

**Berry Blondie** 

**AVAILABLE DAILY** 

With a choice of toppings 💟 🖈

**BAKED POTATOES SERVED DAILY** 

🔻 Vegetarian 🌞 Vegan 🔅 Oily Fish 😻 Wholegrain 🐞 Fruity! 💝 Nutritionist's Choice



W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION	Macaroni Cheese	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Battered Pollock with Chips
		OR .	· · ·	OR .	OR OR	OR
	option 2	Veggie Burrito with Wholegrain Rice V V	Vegetarian Sausage with Mashed Potatoes and Gravy	Veggie Shepherd's Pie with Gravy ♥	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Veggie Fingers with Chips
	OPTION	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					ED BREAD

DELI DISHES	OPTION	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
		DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT		Chocolate Caramel Crunch	Flapjack	Chocolate Brownie	Apple and Golden Syrup	Chocolate Cookie



**BAKED POTATOES SERVED DAILY** With a choice of toppings 💟 🚸



**AVAILABLE DAILY** 

Cookie

DESSERT

**Caramel Crunch** 

Brownie

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🔻 Vegetarian 👊 Vegan 🔅 Oily Fish 💥 Wholegrain 🐞 Fruity! 💖 Nutritionist's Choice

Sponge

with Custard