



@PennowethS

Friday 12th September 2025

Pennoweth News

Good afternoon and welcome back to another edition of the Pennoweth newsletter.

This week we would like to start our newsletter with some polite reminders.

Pennoweth would like to remind parents to be considerate when parking at school or in the near by areas when dropping off or collecting pupils from the school site. We understand that these are busy parts of the day, however, we must support our neighbours who border our school so that this does not disrupt their daily routines and commutes.

In addition, we would like to ask that parents use the usual email addresses to contact school. Recently, we have received 'in-app' messages through Arbor, which are not monitored in the same way. Therefore, we would request that parents continue to use our phase email addresses which can be found at the foot of this page or on the front of our website.

Finally, we will be sending out information relating to our staff run afterschool clubs during next week. Please look out for this information as we know our clubs are incredibly popular and limited in places. This communication will include the clubs for the autumn term alongside when and how these can be booked.

With the last of the reminders, we will dive into this weeks round up from around the school.

Nursery

In Nursery this week, we have been busy welcoming lots of new friends and helping the children to settle in. The children are enjoying getting to know one another through a variety of fun sharing and turn-taking games, which are helping them to build confidence and develop new friendships. It has been lovely to see them beginning to work and play together as part of our Nursery community.

Keystage One

KS1 have had a busy week getting to grips with our new projects. In Year 2, we have been looking at what makes somebody a significant individual in history. Can they name any of the figures we talked about? We have also been discussing the stages of human development. We won't tell you the age at which the children thought an adult became elderly! Year 1 have started their 'Childhood History' project and have been investigating what materials objects around the classroom are made from. All the classes particularly enjoyed the wonderful show performed by the Wipeout Aerial Theatre.

School Lunches

Week beginning 15/09/25

**(Week 1 choices from the
Spring/Summer Term Menu)**

**Chartwells meal menu is on the
school website**

Our phase email addresses are:

eyfs@pennoweth.cornwall.sch.uk (for Nursery and Reception)

KS1@pennoweth.cornwall.sch.uk (for Years 1 and 2)

lowerKS2@pennoweth.cornwall.sch.uk (for Years 3 and 4)

upperKS2@pennoweth.cornwall.sch.uk (for Years 5 and 6)



Dates for your diary

Start of

Autumn Term (1)

Thursday 4th

September 2025

Inset Day

Monday 6th October 2025

End of Autumn term (1)

Friday 24th October 2025

Inset Day

Monday 3rd November 2025

Start of Autumn term (2)

Tuesday 4th November 2025

End of Autumn Term (2)

Friday 19th December 2025

*Please view page four of the
Newsletter for further term
dates.*



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Pennoweth News

Lowerkeystage Two

This week in Year 3, we started our new project Tribal Tales where we created a timeline to show the Palaeolithic, Mesolithic and Neolithic Stone Age, as well as the Bronze Age and Iron Age. In reading, we began Stig of the Dump which we are really enjoying so far. In writing, we have been working on poems, making sure to include rhyming words to make them fun and creative. In maths, we used practical resources to help us understand place value. Everyone has worked really hard and should feel very proud of themselves!

In year 4 this week we have continued looking at what constitutes a healthy diet. We have created a healthy lunchbox, looked at the impact of unhealthy foods on our teeth and completed our egg experiments which showed that acidic products can be detrimental to our teeth if we do not use fluoride toothpaste and brush our teeth twice a day. In maths we have been looking at numbers to 1000 and in writing we have studied, innovated and re-written 'There was an old lady who swallowed a fly' which have been great fun to read! Everyone has worked super hard on the first full week back and we are very proud.

Upper Keystage Two

It has been a fantastic first full week of the Autumn Term for Upper Key Stage 2 as they launched into their first project: Stargazers. This science-focused topic has sparked real excitement as pupils explored the wonders of our solar system. Working in groups, children researched and presented facts about areas of interest including the Sun, the Moon, rocky planets and gas giants. Some groups even used their 'loud crowd' voice to confidently share their findings with the class!

In English, Years 5 & 6 have been diving into poetry through The Moon by Robert Louis Stevenson. Initially, pupils explored literary features such as rhyme, stanzas, onomatopoeia and personification. Then, they practised their oracy skills by rehearsing the poem aloud, with some brave children reciting it to their classmates! Inspired by the poem, pupils went on to write their own descriptive pieces – this time, based on the Sun, planets, comets or another celestial body of their choice.

It's been a brilliant start to the term, full of creativity, curiosity and confidence.

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End of Autumn Term (2)

Friday 19th December 2025

*Please view page four of the
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We are safe. We feel loved. We take responsibility. We are always learning. We are ready.

Breakfast and Afterschool Care

PENNOWETH PRIMARY and NURSERY SCHOOL
Drump Road,
Redruth
Cornwall,
TR15 1NA



T: 01209 215671
E: pennowethhelp@croftymat.org
www.pennoweth.cornwall.sch.uk

Head of School: Mr Daryl Riches
Executive Headteacher: Mrs Cathryn Andrews

July 2025

Letter Advising Parents/Carers of Extended Services Charges from September 2025

Dear Parents/Carers

Croft Education Trust, of which Pennoweth is a member, has recently conducted a review of the charges applied by all the schools in the Trust for Extended Services. Extended Services cover Breakfast Club, After School Clubs and Nursery provisions.

The review was conducted to ensure a consistent tariff is applied by all the schools within the Trust and to also make sure the rates charged cover the associated costs of making these facilities available to the parents/carers. The Trust are also keen to ensure these charges are kept to a minimum.

From 1st September 2025 the standard charge for each of these services will be:

- Breakfast and After School Clubs £4.50 per hour
- Nursery 2 Year Olds £7.67 per hour
- Nursery 3 & 4 Year Olds £5.65 per hour

NB: the full hourly rate is quoted, so if a school runs their Breakfast Club for 45 minutes, the actual charge would be £3.38.

Please note: as these charges represent a significant increase on the charges currently in place at Pennoweth, we will be transitioning to the Trust charging rates over the next year. The interim agreed charges for September 2025 at Pennoweth are shown in the table below. We will align with the Trust agreed rates from September 2026.

The charges were also benchmarked against similar provisions and the Trust believe the charges still represent good value for money compared to similar offers in the local community. The average cost of childcare in the UK at the time of writing is £5.90 and in Cornwall £5.32. The charge will also cover any sundry resources provided, including food provided at both the Breakfast and After School Clubs. There will be an additional charge if a Nursery child stays for lunch (the school is charged an additional fee for this provision by a third party).

Parents accessing the Trusts Nursery provision will of course only pay for hours which are greater than their government free childcare entitlement. The Nursery rates are in turn in line with the funded hourly rate that the Local Authority applies.

Overleaf are details of the charges that will apply at Pennoweth from 1st September 2025:

Breakfast and Afterschool Care

Breakfast Club		
	Length of Session	Charge £
7.45am – 8.30am	45 minutes	£2.50 (Full Trust charge £3.38)
After School Club		
	Length of Session	Charge £
Available from 3.15 – 5.15pm	For each hour, or part of hour	£3.50
	eg Attendance 3.15 – 4.15pm	£3.50
	Attendance 3.15 – 5.15pm	£7.00
		(Full Trust charge for 2 hours £9)
Nursery 3 & 4 Year Olds		
	Length of Session	Charge £
<u>3 hour</u> session (8.30 -11.30am or 12.15– 3.15pm)	3 hours	£12.50 (Full Trust charge £16.95)

In future these charges will be reviewed annually, and parents/carers will be advised of any changes each July.

If you have any questions about the information contained in this letter, please contact us via pennowethhelp@croftymat.org.

Best wishes

Daryl Riches
Head of School

Makaton Sign of the Week



Calm

Important Updates regarding Attendance

There are 175 non-school days in a year and 190 school days each year.

190 school days in each year 190 days for your child's education	7 days absence				
	183 days in school	10 days absence			
	180 days in school	19 days absence	28 days absence		
	171 days in school and the equivalent of a month not in school that year	162 days in school	47 days absence		
			If it 85% each year, your child is missing the equivalent of a year of education over their time at pri- mary school		143 days in school
100%	96%	95%	90%	85%	75%
Good -Best chance of success -Gets your child off to a flying start -Helps their confidence, social development as well as their ac- ademic progress -Over 97% is considered excellent attendance		Some Concern -Harder for your child to make progress -School starts tracking your child's attendance closely, Medical evidence may be required to authorise further absences linked to ill- ness		Worrying -Your child is now classified as a 'per- sistent absentee' - Education Welfare Officer involvement is likely	
		Serious Concern -Having a significant impact on your child's education and well- being -Legal Action may be taken			

Our DNA

Everything we do in school is shaped by our Pennoweth DNA statements. Each week each phase team identifies one child who has done a fantastic job of demonstrating each strand of the DNA. Well done to all the children below.

We are safe.
We feel loved.
We take responsibility.
We are always learning.
We are ready.

Congratulations to our stars of the week from each class! Well done everyone!

STARS of the Week



Pendennis Daily Awards	Tintagel James
Restormel Lyra	Porthcurno Blake
Gwithian Agnes	Newlyn Cowen
Mevagissey Ryder	Pendeen Taylor
Lizard Samuel	Porthleven Halle
Godrevy Lola	Levant Ollie B
Geevor Alfie	Poldark Tiana

Attendance

We aim for all our children to have at least 96% attendance throughout the year.

Overall attendance for this week was

97.36%

See below for the attendance for each class last week.

Pendennis	96.3%
Restormel	94.29%
Tintagel	100%
Gwithian	97.13%
Porthcurno	97.2%
Mevagissey	97.59%
Newlyn	99.2%
Lizard	95%
Pendeen	95.19%
Godrevy	99.47%
Porthleven	95.45%
Geevor	98%
Levant	97.93%
Poldark	99.29%

Congratulations Pendennis, Tintagel, Gwithian, Porthcurno, Mevagissey, Newlyn, Godrevy, Geevor, Levant & Poldark Class!

Unauthorised Exceptional Leave of Absence Information

The law requires parents to ensure their children receive an efficient full time education, and every minute of every day is important. Please help them not to miss any of the valuable time.

We hope that when you read the information outlined on our website, you will consider that your child's education is too important to take on

holidays during term time.

If an unauthorised leave of absence is taken, this may incur a penalty

notice being issued under Section 444A and 444B of the education Act 1996. This carries a fine of £60 if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in Court action.

Unauthorised Late Information

If your child is arriving late—after the register has closed at 8:50am it will be coded as a U which, is an unauthorised late mark. If your child accrues 10 unauthorised late marks within 100 sessions (10 weeks) you will be

committing an offence under the Education Act 1996.

The School may refer the matter to Cornwall Council who may decide to take legal action against you, issuing a penalty notice under section 444A and 444B of the Education Act 1996. This carries a fine of £60 per child, per parent if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in Court action.

Persistent absences/unauthorised lates, not authorised by the school, may result in a prosecution in the Magistrates Court, leading to fines up to £2500 and/or custodial sentences.



Online Safety Update

All The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators RECOGNISING & MANAGING STRESS

According to recent studies, over 60% of young people report feeling regularly overwhelmed – with stress impacting their learning, emotional wellbeing and social connections. If left unaddressed, stress can lead to more serious concerns such as anxiety, depression or disengagement. This guide offers ten practical, evidence-based strategies to help children and young people recognise, manage and recover from stress in healthy ways.

1 SPOT THE SUBTLE SIGNS

Look out for changes in mood, behaviour, or energy levels, such as irritability, withdrawal, clinginess, or frequent headaches. These may indicate that a child is feeling overwhelmed. By tuning into these cues early and offering a calm, non-judgemental space to talk, adults can help children feel heard and supported before issues escalate.

2 KEEP CONVERSATIONS FLOWING

Make time for open, informal check-ins – whether it's during car journeys, over dinner, or in quiet classroom moments. Let children know it's okay to talk about what's bothering them. Regular, low-pressure conversations create a safe space where emotions are validated, not dismissed.

3 MAKE MOVEMENT PART OF THE DAY

Physical activity can dramatically reduce stress hormones while improving mood and focus. Encourage movement through activities children genuinely enjoy – from team sports to dancing around the kitchen. Even light activity like stretching or walking the dog can help us all unwind.

4 SUPPORT HEALTHY SLEEP PATTERNS

Poor sleep makes stress harder to manage. Establish a calming evening routine that avoids screens before bedtime and promotes winding down, such as reading, listening to music, or chatting quietly. Good sleep hygiene helps reset mood, enhances concentration, and boosts emotional resilience.

5 PRACTISE MINDFULNESS

Mindfulness doesn't have to mean long periods of meditation. A few slow breaths before lessons or short family meditation sessions before bed can make a real difference. These simple habits help children ground themselves, reduce emotional reactivity, and build inner calm over time.

6 SET DIGITAL BOUNDARIES

Excessive screen time, especially before bed or on social media, is linked with higher stress levels. Set clear expectations for when and where devices can be used and suggest screen-free alternatives like crafts, nature walks, or board games to promote digital balance and reduce overstimulation.

7 NURTURE SOCIAL CONNECTIONS

Strong relationships act as a buffer against stress. Whether it's a trusted adult, a sibling, or a good friend, ensure children have people around them they can talk to and spend quality time with. Help them build these bonds through shared activities and meaningful interaction.

8 PROGRESS OVER PERFECTION

Set realistic goals and praise effort, not just outcomes. When children feel pressured to be perfect, stress naturally follows. Celebrate small wins and help them reframe setbacks as learning opportunities. This helps build confidence and reduces the fear of failure.

9 TEACH EVERYDAY PROBLEM-SOLVING

Use real-life scenarios to build resilience. Encourage children to identify problems, consider possible solutions, and choose a plan of action. Practising these steps builds a sense of control and reduces the helplessness that often accompanies stress.

10 BE THE MODEL THEY NEED

Children notice how adults respond to challenges. Model healthy coping strategies such as taking breaks, asking for help, or calmly expressing frustration. By showing how you manage stress constructively, you help normalise these behaviours and encourage children to do the same.

Meet Our Expert

Anne Bohemen is Director of Holroyd Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anne specialises in strategic mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.



#WakeUpWednesday

The National College



Pennoweth Nursery

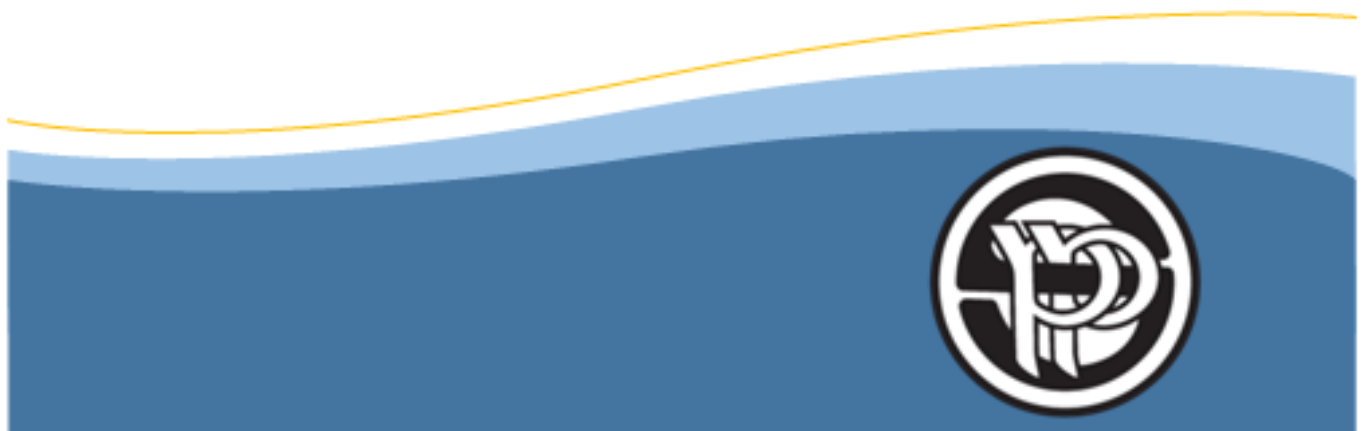
January 2026 places

Do you have a child born between
01-09-22 and 31-12-22?

If so, they will be eligible for 15hours free
education here at Pennoweth Nursery.

To apply for a place in January please pick up
a nursery admission form the school office.

For more information or to arrange a visit
please contact Miss Booth on 01209 215671
or email pennowetheyfs@croftymat.org



Further News and Announcements



Together 
for Families

The
deadline for
applications is
**15 January
2026**

Starting school September 2026

Applying for a place in
a reception class for
children born between
1 September 2021 and
31 August 2022



Attending a nursery or pre-school

You will need to apply even if your child attends a school's nursery or pre-school class. Please note that if a school is oversubscribed the fact that a child attends a school's nursery or pre-school, or a local nursery or pre-school, does not automatically guarantee a place at that school. The school's oversubscription criteria will be used to allocate places. Visit our website or contact us for more information.

Information and guidance

Application form and information: www.cornwall.gov.uk/admissions

Telephone: 0300 1234 101



www.cornwall.gov.uk/admissions



Further News and Announcements



Together 
for Families

The
deadline for
applications is
**31 October
2025**

Transfer to secondary school

September 2026

Applying for a place
in year seven at a
secondary school



Information and guidance

Application form and information: www.cornwall.gov.uk/admissions

Telephone: **0300 1234 101**



www.cornwall.gov.uk/admissions



Early Help Kerrier Drop in with CAMHS



You are invited to our Early Help drop in
23rd September 2025 at 9.30am.

Redruth Family Hub, Drump Road, TR15 1NA.

The CAMHS Team- The Child and Adolescent Mental Health Service (CAMHS) has a range of teams for children and young people and covers the spectrum of ages 0 to 18 years old

SEN Navigators Team and Cornwall SENDIASS- for advice on
how to find Special Educational Needs support
and
Early Help Family and Youth Workers

All welcome, Free of charge, Refreshments provided

**For any further information
please contact:**

Email: Kerrier.FamilyHub@cornwall.gov.uk
or ring Redruth Family Hub on 01209 310000



Further News and Announcements



WANT YOU!

DOES YOUR CHILD HAVE BOUNDLESS ENERGY?
ENJOYS BEING PART OF A TEAM?
LOVES TO THROW THEMSELVES INTO SPORT?

COME AND SEE WHAT IT'S ALL ABOUT

CONTACT UNDER 11S COACH ON 07768343020

WEDNESDAYS 4PM



REDRUTH RFC MINI JUNIOR *REGISTRATION DAY*

Sunday 7th September

U7 - U12

10am - 11am

U13 - U16

11am - 12pm

Girls

U12 - Year 7

U14 - Year 8&9

U16 - Year 10 & 11

Fancy playing rugby? Enjoy a team game?

Play with your friends, take on a new challenge. Redruth Rugby Club could be for you, all age grades for both boys and girls all covered - so come and give it a go!