WEEK 3

W/C: 17	/11/2025, 08/1	12/2025, 19/01/202	26, 09/02/2026, 02/	/03/2026, 23/03/20	26		
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	OPTION	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad 🕥	Beef Meatballs in Tomato Sauce with Wholewheat Pasta	Roast Gammon with Mashed Potatoes and Gravy	Chicken and Broccoli Pasta Bake with Garlic Bread **	Fish Fingers with Chips	
	OPTION 2	Veggie Meat Feast Pizza with Potato Wedges	Veggie Chilli Con Carne With Crispy Tortilla with Wholegrain Rice W	Vegetable Pastry Slice with Mashed Potatoes and Gravy	Macaroni Cheese	Onion Bhaji Burger Served with Chips	
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	
		HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
ELI DISHES	OPTION	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap	
ELI D	OPTION	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise	Cheese Sandwich	



Sandwich

DESSERT

Chocolate Marble Cake

Chocolate and **Lemon Cookie** Pear Slice

Crunchy Chocolate Mousse

Sandwich

Fruits of the **Forest Jelly**

Sandwich



BAKED POTATOES SERVED DAILY

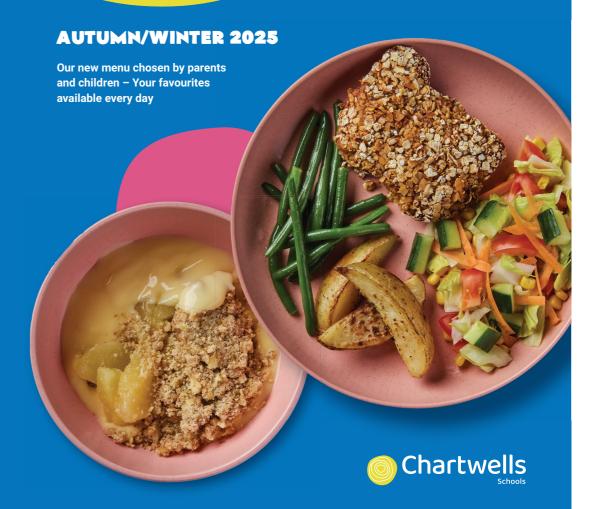
Sandwich



🔻 Vegetarian 🌞 Vegan 🔅 Oily Fish 😻 Wholegrain 🐞 Fruity! 💖 Nutritionist's Choice

Menu_101_007749

THREE WEEK MENU



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026							
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	OPTION	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad 🕠	Beef Bolognese with Wholewheat Pasta 📦 🤫	Roast Chicken with Roast Potatoes and Gravy	Chinese Sticky Lemon Chicken with Wholegrain Rice	Southern Fried Chicken with Chips	
	OPTION	BBQ Vegetable Wrap with Potato Wedges	Vegetarian Bolognese with Wholewheat Pasta 💿 🐲 🤫	Roast Quorn with Roast Potatoes and Gravy	Cheesy Peasy Rice Bake	Quorn Dippers with Chips ①	
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	
		HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DELI DISHES	OPTION	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap	
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich	
	DELI DISHES ARE SERVED WITH MIXED SALAD						

DESSERT

Crunchy Apple Slice ð

Strawberry Shortcake Mousse

Oat Cookie

Apple Crumble with Custard

Berry Blondie

AVAILABLE DAILY

With a choice of toppings 💟 🖈

BAKED POTATOES SERVED DAILY

🔻 Vegetarian 🌞 Vegan 🔅 Oily Fish 😻 Wholegrain 🐞 Fruity! 💝 Nutritionist's Choice



W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION	Macaroni Cheese ♥	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Battered Pollock with Chips
	OPTION 2	Veggie Burrito with Wholegrain Rice	Vegetarian Sausage with Mashed Potatoes and Gravy	Sweet Potato, Chickpea and Herb Roast with Roast Potatoes and Gravy	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Beany Vegetable Burger with Chips
•	OPTION	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					

DELI DISHES	OPTION	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich
	DELI DISHES ARE SERVED WITH MIXED SALAD					

DESSERT

Chocolate **Caramel Crunch**

Flapjack

Chocolate Brownie ď

Apple and Golden Syrup Sponge with Custard 6

Chocolate Cookie **T**



BAKED POTATOES SERVED DAILY

With a choice of toppings 💟 🚸



AVAILABLE DAILY

🔻 Vegetarian 👊 Vegan 🔅 Oily Fish 💥 Wholegrain 🐞 Fruity! 💖 Nutritionist's Choice