

# Our Bodies

# Books we will be using to support this topic













# About our topic

To begin our next topic on Our Bodies, we will engage the children with a Talking Tub filled with a wide variety of intriquing and interactive items. This will include a stethoscope, an x-ray picture, sports images, a medal, a wash bag with personal care items, emotion stones, measuring tape, glasses, healthy and unhealthy food and diverse images of people. Exploring these items in small groups will invite curiosity and prompt rich conversations. The children will be encouraged to share their thoughts, ask questions, and build on their existing knowledge through collaborative discovery.

Following this initial exploration, the children will decide together what aspects of our bodies they would like to explore further. Possible lines of enquiry may include – What is inside our bodies? How do we grow and change? What keeps our bodies healthy and strong? How do our feelings show on our faces? How fast can I run?

Based on the children's interests, we will plan a range of hands-on activities that support deeper investigation. These will be recorded in our shared floorbook and reflected upon as a group. The children will be encouraged to observe, compare, create, and share their learning with their peers, fostering a sense of curiosity, confidence, and body awareness.

# Our School DNA This half term we will be

supporting the children to explore

## We are ready

Through a variety of activities and stories, we will help the children reflect on what it means to feel ready - for learning, for new experiences, and for being part of a group. We will explore routines, responsibilities, and the importance of feeling prepared. Together we will plan how to support everyone in the nursery to feel confident, organised, and ready for the day ahead.

### News this half term

- We will be welcoming one new child who will be joining us after the half term. We look forward to helping them settle in and making them feel part of our warm and friendly community.
- Library visit Tuesday 17th June, If you are able to help please let us know.
- Healthy Movers will be on Wednesday mornings.
- If you or anyone you know works in the medical profession or has a sports hobby they would like to share with the children, we would love to here from you.
- Miss Stone and Miss Barber will be continuing their student placements with us this half term.

## Activities to try at home

- Visit a playground where the children can jump, roll, run, leap, and climb safely. Allowing plenty of time for them to explore different ways to move around, travelling through, up and under the equipment.
- Talk about different sports family members enjoy participating in or watching.
- Cooking together, talking about healthy options.
- Ensure a good bedtime routine to allow time for lots of rest.

### **Mathematics** This half term we will be investigating

- Number bonds
- What comes before and after a number
- Large numbers
- Time
- Recording numbers

#### **Phonics** This half term we will be

