



Friday 21st June 2024

# Pennoweth News

Welcome back to another edition of the Pennoweth News.

Once again, we have been hard at work here at Pennoweth with a number of different experiences going on for our pupils and staff. Upon reflecting after another busy week, it is strange to think we are already entering the midpoint of the final term and that the weeks continue to fly by. Nevertheless, the pupils and staff team continue to provide a plethora of experiences and exciting learning.

Without further ado, let's see what our children have been up to this week from across the school.

## Nursery

This week, the nursery children have been busy harvesting some of the vegetables in our outside Classroom. It has been a busy few months, taking care of the seeds we planted and the children have been eager to ensure they have everything they need. From looking out for snails and slugs to watering them on dry days. It has been wonderful to hear their excitement as the children notice the plants change shape and colour as they grow. We are so proud of all the children for trying the freshly picked peas and lettuce. We still have carrots, radishes and beetroot that are growing for further exploring of colours and taste.

## Reception

This week, Reception were lucky enough to have a delivery of fish from Fal Foods. The lovely Edwin was our fish expert and he talked to us all about the different species of fish that were sent our way. We found out about gurnards, haddock, hake, sole, plaice and monkfish. The children then had the opportunity to don their gloves and get hands on with the catch. The children loved to have a closer look at the fish and see how they were adapted for life under the sea.

In other news, we have launched our Big Brush Club. Reception children have loved brushing their teeth in the afternoon and hopefully this will encourage life-long positive oral healthcare. Smile!

## Keystage One

In Year One this week, the children have enjoyed learning all about Dinosaur fossils and extinction. The children enjoyed being mini historians learning all about the past and exploring different ideas as to why the dinosaurs became extinct.

Whilst in Year Two, the children carried out a science experiment. They looked at different foods and predicted which ones would melt the fastest when heated. They found that the butter melted the quickest, and that after two minutes, nothing had happened to the sugar! How interesting!

## Keystage Two

Some of our year 6s have been on camp in Bath this week! We have heard that they've had a super time visiting the Roman Baths, Pulteney Bridge and the cinema—we look forward to hearing all about it.

Our year 5/6s who have remained in school have designed and made (using recyclable materials) some marvellous time machines as they've considered whether they'd like to travel forwards or backwards in time and to which time period!

Our phase email addresses are:

[eyfs@pennoweth.cornwall.sch.uk](mailto:eyfs@pennoweth.cornwall.sch.uk) (for Nursery and Reception)

[KS1@pennoweth.cornwall.sch.uk](mailto:KS1@pennoweth.cornwall.sch.uk) (for Years 1 and 2)

[lowerKS2@pennoweth.cornwall.sch.uk](mailto:lowerKS2@pennoweth.cornwall.sch.uk) (for Years 3 and 4)

[upperKS2@pennoweth.cornwall.sch.uk](mailto:upperKS2@pennoweth.cornwall.sch.uk) (for Years 5 and 6)

## School Lunches

Week beginning 24/06/24

(Week 2 choices from the Summer Term Menu)

Chartwells meal menu is on the school website



## Dates for your diary

*Start of Summer Half Term Two*

*Tuesday 4th June 2024*

*End of Summer Half Term Two*

*Wednesday 24th July 2024*

*Please view page two of the Newsletter for further term dates.*

# Key Upcoming Dates for your Diaries

---

## Summer 2

### Week beginning 24th June

Sustainability week

### Tuesday 25th June

Year 2 Art Workshops

PTA Bag 2 School Collection

### Wednesday 26th June

Year 4 trip to the Minack Theatre

### Friday 28th June

PTA Summer Fair and Donation Day

### Tuesday 2nd July

Year 1 trip to St Ives Beach

### Wednesday 3rd—Friday 5th July

Year 5 Camp

### Tuesday 9th July

Whole School Transition (pm)

### Wednesday 10th July

Whole School Transition (all day)

### Monday 15th July

Year 6 Leavers Celebration

### Wednesday 17th July

Nursery + Reception Sports Day (AM)

### Thursday 18th July

Keystage One (Year 1 + 2) Sports Day (AM)

Keystage Two (Year 3—6) Sports Day (PM)

### Thursday 18th July

Reception trip to the beach

Year 6 Leavers Assembly

### Thursday 18th July

PTA End of Year Disco




# Our DNA

Everything we do in school is shaped by our Pennoweth DNA statements. Each week each phase team identifies one child who has done a fantastic job of demonstrating each strand of the DNA. Well done to all the children below.

**We are safe.**  
**We feel loved.**  
**We take responsibility.**  
**We are always learning.**  
**We are ready.**

Quality	Year R, Y1 and Y2	Year 3+4	Year 5+6
Safe	Poppy (Mevagissey)	Ollie (Pendeen)	Blaise (Levant)
Loved	Reuben (Tintagel) Bobby (Restormel) Grayson (Porthcurno)	Albie (Pendeen)	Kizzy (Poldark)
Responsible	Jago (Tintagel) Sophia (Restormel) Caya (Gwithian)	Shiv (Godrevy)	Dexter (Levant)
Learning	Alexi (Newlyn)	Charlie (Godrevy)	Braxton (Levant)
Ready	Hunter (Porthcurno)	Tom (Lizard)	

**Congratulations to our stars of the week from each Class! Well done everyone!**

Pendennis Daily Awards	Tintagel Olivia
Restormel Seb	Porthcurno Ayla
Gwithian Cassy	Newlyn Syrus
Mevagissey Marshall	Pendeen Aliza
Godrevy Harry	Lizard Carson
Levant Caitlyn	Geevor Scarlett & Austeja
Poldark	

**Read Write Inc.**  
Phonics



Headteacher's

# Phonics Star of the Week

Awarded to

Coby (Restormel)

---

21/06/24

---

Date



C. Andrews

---

Signature



**Read Write Inc.**  
Phonics



Headteacher's

# Phonics Star of the Week

Awarded to

Neve (Porthcurno)

---

21/06/24

---

Date



C. Andrews

---

Signature



# Attendance

We aim for all our children to have at least 96% attendance throughout the year.

Overall attendance for this week was

93.1%

See below for the attendance for each class last week.

Pendennis	89.1%
Tintagel	93.8%
Restormel	90.9%
Porthcurno	89.2%
Gwithian	95.8%
Newlyn	92.6%
Mevagissey	92.6%
Pendeen	93.0%
Lizard	93.0%
Godrevy	96.5%
Levant	90.3%
Geevor	97.9%
Poldark	93.9%

Congratulations Geevor class!

## Unauthorised Exceptional Leave of Absence Information

The law requires parents to ensure their children receive an efficient full time education, and every minute of every day is important. Please help them not to miss any of the valuable time.

We hope that when you read the information outlined on our website, you will consider that your child's education is too important to take on

holidays during term time.

If an unauthorised leave of absence is taken, this may incur a penalty

notice being issued under Section 444A and 444B of the Education Act 1996. This carries a fine of £60 if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in Court action.

## Unauthorised Late Information

If your child is arriving late—after the register has closed at 8:50am it will be coded as a U which, is an unauthorised late mark. If your child accrues 20 unauthorised late marks within 100 sessions (10 weeks) you will be

committing an offence under the Education Act 1996.

The School may refer the matter to Cornwall Council who may decide to take legal action against you, issuing a penalty notice under section 444A and 444B of the Education Act 1996. This carries a fine of £60 per child, per parent if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in Court action.

Persistent absences/unauthorised lates, not authorised by the school, may result in a prosecution in the Magistrates Court, leading to fines up to £2500 and/or custodial sentences.



## Diary from Keystage One Gardening Club

---



Clothes changed and snacks eaten, off we went to the polytunnel where the first job of the day was to check the plants and ensure all of them were well watered!

Next, we used the seeds from Mia to plant radishes and rocket. We couldn't believe how tiny the rocket seeds were!

After that, we did our litter picking job, whilst super weeder Sol asked if he could carry on weeding. His love for weeding has spread to the rest of us, as we all decided to work together to weed

the area by the polytunnel step.

It is looking so much better and Mrs Mallaber has loved the children's enthusiasm and self motivation to improve the school environment.

As we headed in to wash our hands we discussed the lettuce we took home last week.

"I had it with salad" said Evelyn

Another busy week for our amazing Gardeners!



# Online Safety Update

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## 10 Top Tips for Parents and Educators PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

### 1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

### 2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

### 3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

### 4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

### 5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

### 6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

### 7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

### 8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

### 9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

### 10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

## Meet Our Expert

Adam Gillett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

The National College

X @wake\_up\_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 19.06.2024

# Attendance Support

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## What Parents & Educators Need to Know about **SCHOOL AVOIDANCE**

Emotionally Based School Avoidance is a term used to refer to reduced attendance or non-attendance at school by a child or young person. It's often rooted in emotional, mental health or wellbeing issues. The rate of children who miss school more than 10% of the time in England has more than doubled since before the pandemic: rising from 10.9% in 2018-19, to 22.3% in 2022-23.

### UNDERSTANDING SCHOOL AVOIDANCE

#### REASONS FOR ABSENCE

School avoidance is sometimes underpinned by several factors rather than one single cause. This could include something going on for the child or young person within the family or at school. A child may have caring responsibilities at home, for instance, or a change in family dynamics; bullying and friendship difficulties at school; pressure to achieve in schoolwork and exams; or moving from primary school to secondary school.

#### PATTERNS OF ABSENCE

You may notice patterns in regular absences or children regularly expressing that they don't want to attend school (particularly being reluctant to leave home on school days). If a child or young person is neurodiverse, there is some evidence to suggest there are more aspects of school life which can cause distress – such as changes in the environment, changes of routine and sensory stimuli.

#### COMPLAINTS ABOUT PHYSICAL SYMPTOMS

There may be an increase in a child or young person's complaints about physical symptoms, particularly on school days or the evening before school. These could include complaining of a tummy ache, headache, or saying they feel ill when there doesn't appear to be a medical cause. Always check with the GP first to rule out medical causes or illness.

### IMPACT OF SCHOOL AVOIDANCE

#### LEARNING AND DEVELOPMENT

School refusal can negatively impact a young person's learning and development. Attending school on a regular basis not only supports academic attainment but is also important for the development of key life skills and the growth of children and young people as citizens.

#### LONG-TERM OUTCOMES

The difficulties associated with school non-attendance can be far reaching and may have a negative impact on long-term outcomes. It may, for example, lead to reduced future aspirations, poor emotional regulation, mental health difficulties, limited academic progress and restricted employment opportunities.

#### CYCLE OF ABSENCE

Consistent absences may contribute to sustained school avoidance over time. Further to this, the longer a pupil is out of education, the more likely it is that there is a rise in their ongoing need to avoid the activity which is making them anxious – increasing their desire to stay at home.

## Advice for Parents & Educators

### WORK TOGETHER

If there's a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school, so you can take a child-centred approach together towards a plan of support or reintegration. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

### MANAGING OVERWHELMING FEELINGS

While there may be times you feel frustrated or angry, try to stay calm; acknowledge the child's worries, listen and discuss a range of coping strategies together to help them face the discomfort and overwhelming feelings. These could include mindfulness, deep breathing or going for a walk and practice the strategies in less overwhelming situations first.

### FOLLOW REGULAR ROUTINES

Children can benefit from a regular and consistent routine. This could be a morning routine, from waking up and having breakfast through to getting dressed, packing their bag and leaving the house. A consistent evening routine which is calm and limited time on screens can also give children much needed predictability and familiarity. Schools can help create a timetabled routine for the child's school day, if required.

### REDUCE STIMULATING ACTIVITIES AT HOME

If a child is avoiding school, reduce their access to more stimulating activities (such as watching television, playing games and spending time with friends) during school hours, where possible. This reduces the potential for the child having rewarding experiences at home, which could be interpreted as a positive aspect of avoiding school.

### Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at [nationalcollege.com/guides/school-avoidance](https://nationalcollege.com/guides/school-avoidance)

@wake\_up\_weds

/wuw.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.05.2024



## A message for our Community—Announcements from the Government

---

The entitlement criteria for automatic payments from the Household Support Fund is changing.

In order to be entitled to a payment from the Household Support Fund scheme in 2024, you must be responsible for at least one child and on 3rd June 2024 either:

be entitled to Council Tax Support or

have been placed in emergency accommodation by the Council You will receive £80 per child. If you are already in receipt of Council Tax Support, then you don't have to do anything else – you will receive your payment automatically.

To find out if you are eligible for Council Tax Support, please check the information here <https://www.gov.uk/benefits-calculators> .

You can make a claim for Council Tax Support by using this link <https://www.cornwall.gov.uk/benefits-and-support/council-tax-support/apply-for-council-tax-support/>

It is important that you submit your application by 31st May 2024.

You may also be entitled to help from the Household Support Fund via one of the Household Support Fund partners. Their details can be found here <https://www.cornwall.gov.uk/benefits-and-support/household-support-fund/>

### Why have we made this change?

Because entitlement to Free school meals has been protected since 2018, parents of children who are entitled to free school meals aren't always still on a low income. By using our Council Tax Support data, we can ensure that the Household Support Fund awards are going to parents who currently have a low income and are struggling with the increased costs of running their home. By better targeting the awards, we are able to help families with children of any age, rather than just school age children.

Families of children in receipt of free school meals can still access help through the Time2Move holiday programme. This scheme offers fun physical activities, games and wider activities plus a meal for all children during the main school holiday periods.

---

# Further News and Announcements

---

Hi Young Carers,

Please see details of a Summer Activity for 9-17 year olds:



## **ANIMATION WORKSHOP led by MOR Media**

**Date:** Thursday 22nd August

**Drop Off time:** 10am

**Pick up time:** 4pm

**Address of Activity:** Tremough Innovation Centre, Penryn, Cornwall TR10 9TA

**Nature of the activity:** Come and join us for this creative workshop in partnership with MOR Media, taking place at the Falmouth University Tremough Campus in Penryn.

You will have the opportunity to create a Claymation character from plasticine and watch it come to life through animation.

Your character will begin as a sketch on paper before you begin to transform them into 3D. You will have the opportunity to add sound effects, music, voice-overs, backdrops, etc. For those of you who own a phone, you will be able to animate using a stop motion studio app.

**Requirements to attend:** To be registered with Kernow Young Carers Service. You must be happy to work as part of a team and individually.

As Leaders of Barnardo's Kernow Young Carers Service activities it has been our experience that the children and young people have treated each other, staff and members of the public with the upmost dignity, kindness and respect whilst attending activities and residential. As Leaders we have no reason to expect anything other than this behaviour and conduct from our young people. However, in the unlikely event that an incident, occurrence or disagreement is to happen, it will be dealt with by the most appropriate adult/s to secure a positive and restorative outcome is managed and facilitated for all who may be involved. In the unlikely event that a solution cannot be reached for all parties involved, parents/carers may be contacted and asked to collect their child.

**Arrangements for food and drinks:** Please bring a packed lunch and drinks with you.

**Transport provided:** Yes, but all Young Carers are encouraged to make their own way to and from the activity. Transport can be provided for those who do not have access to a vehicle. Transport is provided by a third party and is subject to availability and funding.

**Please note that by completing this form you are registering your interest to book a space on this activity. Spaces will be allocated after registration closes. Registration closes Sunday 23rd June 2024**

**You will be notified if a space has been allocated to you by 12th July 2024.**

**We are expecting a high demand for this activity. Please be aware that there are limited spaces available.**

Please use this link to register your interest in this activity: [Animation Workshop August 2024](#)

Best Wishes,

**Kernow Young Carers | Part of the Cornwall Carers Service**

☎ Advice Line 01736 756655

✉ kernowyoungcarers@barnardos.org.uk 🌐 [kernowyoungcarers.co.uk](http://kernowyoungcarers.co.uk)

f barnardoscornwall | t @barnardossw | [www.barnardos.org.uk](http://www.barnardos.org.uk)



# Further News and Announcements

---

Friends of Pennoweth

## Friday 28th June

It's dress down and donate day!

At drop off please bring in donations of sweets, chocolate, soft drinks, biscuits and party bag items.

**Straight after school  
Pennoweth Summer Fair  
3.15pm - 5.30pm**

**PENNOWETH SCHOOL FIELD**

- lucky dip tombola • free games •
- tuck shop • football shoot out •

**AMAZING RAFFLE**

**£50 TOP PRIZE PLUS LOADS MORE  
50P A TICKET**

**£4 unlimited wristband  
Bouncy Castles x 5**

If this event is cancelled we will notify on the day. The raffle will still be drawn and the tombola & tuckshop will be moved to another day.

# FRIENDS OF PENNOWETH SUMMER RAFFLE PRIZES

1st Prize - £50 Cash  
2nd Prize - Food Hamper  
3rd Prize - Kids Hamper  
Beach Hamper donated from Asda Penryn  
St Michaels Mount Family Pass  
Family Pass donated by Fal River  
Panto Tickets donated by Hall for Cornwall  
Helston Railway Family Pass  
Lappa Valley Voucher  
Screech Owl Sanctuary Voucher  
Tremenheere Gardens Voucher  
Tickets donated by Flambards  
Roller Disco Tickets  
Tate Gallery Tickets  
Morrisons £15 Voucher  
Redruth Meadery £10 Voucher  
Trevaskis £10 Voucher  
Penventon Cream Tea Voucher  
The Alverton Cream Tea Voucher  
Prima Bakery Voucher

DRAW IS ON

**28TH | JUNE | 2024**



## Further News and Announcements



A Track Tribe Holiday Camp is an active way to keep your children entertained & learning for a day or week during the summer holidays.

**Our camps are:**

- For children aged 5-12
- Designed for children of all sporting abilities and backgrounds

**Over the course of the day your child will:**

- Have the opportunity to make new friends
- **INTENSIVE** biking / swimming & agility skills
- Take part in sporting activities and compete in team challenges
- Learn Surf Safety, Bike Safety, Basic First Aid & Bike maintenance , . . . . or Forest Skills depending on which session they attend over the week

**..BOOK NOW!**

<https://app.classmanager.com/portal/kernow-hydro-6352/register>

# Further News and Announcements

## HOCKEY SESSIONS



EVERY SUNDAY 2nd June - 7th July

10:00-11:00 am

Pool Academy  
4-12 years

**£3** per session  
card or cash payment



Qualified coach at every  
session with sticks provided

Sessions will resume in September so keep up to  
date on our Facebook page: duchyhockeyclub  
PARENTS- why not join in on the adjoining pitch  
for walking hockey - let's get you back into it!

## WALKING HOCKEY



Want to give hockey a go, but don't have the  
fitness? Looking to get back into playing or trying  
something new - WALKING HOCKEY is for you!

EVERY SUNDAY 2nd June - 7th July

10:00-11:00 am

Pool Academy  
TR15 3PZ

**£3** per session  
card or cash payment



Sticks can be provided

Keep up to date on our Facebook  
page: duchyhockeyclub



## Further News and Announcements

---



# Pennoweth Nursery

## September 2024 places

Do you have a child born between  
01-04-21 and 31-08-21?

If so, they will be eligible for 15hours free  
education here at Pennoweth Nursery.

To apply for a place in September please pick  
up a nursery admission form from the school office.

For more information or to arrange a visit  
please contact Miss Booth on 01209 215671  
or email [pennowetheyfs@croftymat.org](mailto:pennowetheyfs@croftymat.org)

