



Friday 17th May 2024

Pennoweth News

Welcome back to the Penultimate edition of this half term's Newsletter.

We have one final week to go before the half term with a busy week coming up. Clubs will continue to run during our last week, so please continue to send your children as we continue to share our teachers passions with your pupils.

A gentle reminder that next week we will also be sending our Year Four pupils off for their residential. Please ensure that you have returned all forms for the trip and have had a chance to look at the kit list. If you have any problems in locating any of the items on the list, please contact your child/children's teacher, so that we can support where possible.

Without further delay, please see this weeks roundup from around the school.

Nursery

From our youngest children this week, they have been observing the world around them—in particular minibeasts and birds. The children then discussed and recorded all of the facts that they know about these creatures and created fact cards to reflect their knowledge. All in all, once again we are dazzled by the children's learning and continue to thank our Nursery team for their hard work in inspiring our youngest pupils.

Reception

This week in Reception we have been learning all about worms. To help us we have made our own class wormeries. The children have loved observing them up close and seeing how they live their life under the ground.

Keystage One

This week the Year 1 children have enjoyed learning about Sir Francis Beaufort in history and enjoyed learning to use his Beaufort scale to categorise storms.

This week Year 2 children have enjoyed learning about superheroes of the past such as Thomas Buxton and Mary Seacole.

Keystage Two

Our wonderful year 6 children have been sitting their end of year SATS this week, focusing on grammar, punctuation and spelling, reading and maths. Children came in for a free breakfast every morning to get themselves ready for the day ahead. We are so impressed by the way that every year 6 child conducted themselves throughout the week and we saw how unbelievably hard they tried. Everyone worked their socks off and has made so much progress, we are extremely proud of all of you, well done!

Our phase email addresses are:

eyfs@pennoweth.cornwall.sch.uk (for Nursery and Reception)

KS1@pennoweth.cornwall.sch.uk (for Years 1 and 2)

lowerKS2@pennoweth.cornwall.sch.uk (for Years 3 and 4)

upperKS2@pennoweth.cornwall.sch.uk (for Years 5 and 6)

School Lunches

Week beginning 20/05/24

(Week 3 choices from the Summer Term Menu)

Chartwells meal menu is on the school website



Dates for your diary

End of Summer half term one

24th May 2024

INSET Day

Monday 3rd June 2024

Start of Summer Half Term Two

Tuesday 4th June 2024

End of Summer Half Term Two

Wednesday 24th July 2024

Please view page two of the Newsletter for further term dates.

A message for our Community from The Crofty Education Trust

Crofty Education Trust
2 The Setons
Tolvaddon Energy Park
Camborne
TR14 0HX

8th May 2024

RE: Change to Crofty Trust Name

Dear Parent/Carer,

I wanted to let you know that the name of the Trust has now been changed from Crofty Multi Academy Trust to Crofty Education Trust.

Our Governors, leaders and staff have been asking for some time that we make this change, retaining the "Crofty" element but removing "Multi Academy Trust".

It is a small but symbolic change for our schools, who wanted the name to better reflect our values and culture.

The Crofty name and logo will not change, so we do not intend to spend valuable resources changing signage across all our schools. We will only be making changes to signage etc. over time when other changes become necessary.

The change of name will have no impact on the way that Crofty schools operate.

Yours sincerely,

Simon Hague

Simon Hague
Chief Executive
Crofty Education Trust

A message for our Community—Announcements from the Government

The entitlement criteria for automatic payments from the Household Support Fund is changing.

In order to be entitled to a payment from the Household Support Fund scheme in 2024, you must be responsible for at least one child and on 3rd June 2024 either:

be entitled to Council Tax Support or

have been placed in emergency accommodation by the Council You will receive £80 per child. If you are already in receipt of Council Tax Support, then you don't have to do anything else – you will receive your payment automatically.

To find out if you are eligible for Council Tax Support, please check the information here <https://www.gov.uk/benefits-calculators> .

You can make a claim for Council Tax Support by using this link <https://www.cornwall.gov.uk/benefits-and-support/council-tax-support/apply-for-council-tax-support/>

It is important that you submit your application by 31st May 2024.

You may also be entitled to help from the Household Support Fund via one of the Household Support Fund partners. Their details can be found here <https://www.cornwall.gov.uk/benefits-and-support/household-support-fund/>

Why have we made this change?

Because entitlement to Free school meals has been protected since 2018, parents of children who are entitled to free school meals aren't always still on a low income. By using our Council Tax Support data, we can ensure that the Household Support Fund awards are going to parents who currently have a low income and are struggling with the increased costs of running their home. By better targeting the awards, we are able to help families with children of any age, rather than just school age children.

Families of children in receipt of free school meals can still access help through the Time2Move holiday programme. This scheme offers fun physical activities, games and wider activities plus a meal for all children during the main school holiday periods.

Pennoweth Skiers Perform!

Elodie (Lizard Class) and Alba (Porthcurno) had their first skiing race at the weekend up in Gloucester at the Ski Centre. The race was to take part as part of the South West Schools Association.

The girls have been attending a Ski Club in Plymouth regularly for the last seven months with this being their first race. Both of the children were unaware that they would be proudly representing the school, however, the school couldn't be prouder to have them competing for us. Both Elodie and Alba were the only skiers from Cornwall and not only represented the school amazingly, both parents were over the moon with their efforts and couldn't be prouder with their efforts.



Alba achieved an impressive time of 42:30s during her runs down the slope. Both Mum and Dad explained that Alba was very nervous in her first run but relaxed in her second and achieved an amazing score considering she has only been skiing since November.

Elodie achieved an even faster time of 31:62s. Elodie was very fast in her runs and each time managed to get quicker. At the end of event presentations, Elodie was even awarded with 'The Fastest Novice' trophy, which as you can imagine she is very proud off, and so are we! There next completion will be taking place in October in Torquay. I am sure we will all be wishing both Elodie and Alba the best of luck at the next event.

What a fantastic bit of news received from our community. If you have anything you would like to share and be popped into our weekly newsletter, we would love to hear it! Please send any news into Help@Pennoweth.cornwall.sch.uk and we will include this in future newsletters.



Diary from Keystage One Gardening Club

Another week flies by as we once again as we set course for the summer months. Thank goodness that the rain was kind enough to stop before we headed out for Gardening Club this week!

Nevertheless, the weather had done as a favour and saved us the job of watering the plants outside. However, the plants on the inside of our much loved polytunnel were looking fairly thirsty, therefore our first job was to water the remaining plants inside the polytunnel to replicate the well watered plants outside.

It was interesting to note that some of the sweet pea plants were ready to go outside as they had grown well during the week, so we scooped them up and began getting the plants ready for moving into their more permanent homes.



Following this we moved on to checking on our potato plants that were planted a few weeks ago. We were excited to discover that the plants had continued to grow well in their fertile soil, which meant that they again needed covering with even more soil!

Next , we planted two tomato plants and talked about how the flowers will be where the tomatoes will grow.



Finally, a small group of us couldn't wait to get started on the much loved litter picking. Our trusty crew always do such a fantastic job of keeping the grounds clear and are champions in litter picking!

The rest of us however, started weeding the plot outside the tunnel.

But to our amazement we couldn't believe how much had grown! Oh dear! This was a bigger job than we thought, but it will be worth it in the end.

We definitely needed to wash our hands today!

Key Upcoming Dates for your Diaries

Thursday 23rd—Friday 24th May 2024

Year 4 Camp @ Pill Farm

Friday 24th May 2024

Year 6 Bodmin Jail Trip

Summer 2

Monday 3rd June 2024

INSET Day (School closed)

Thursday 6th June 2024

Whole School Quidditch Event

WB 10th June

Year 4 Multiplication Times Table Check

Wednesday 19th—Friday 21st June 2024

Year 6 Camp

Week beginning 24th June

Sustainability week

Tuesday 25th June

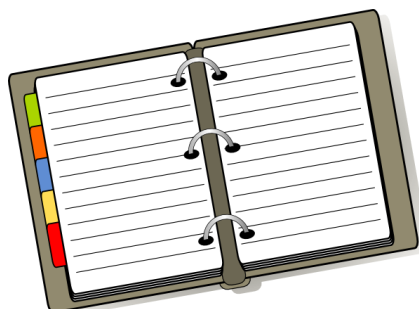
Year 2 Art Workshops

Wednesday 26th June

Year 4 trip to the Minack Theatre

Wednesday 3rd—Friday 5th July

Year 5 Camp




Our DNA

Everything we do in school is shaped by our Pennoweth DNA statements. Each week each phase team identifies one child who has done a fantastic job of demonstrating each strand of the DNA. Well done to all the children below.

We are safe.
We feel loved.
We take responsibility.
We are always learning.
We are ready.

Congratulations to our stars of the week from each class! Well done everyone!

Quality	Year R, Y1 and Y2	Year 3+4	Year 5+6
Safe	Oscar (Newlyn)	Harrison (Lizard)	Wyatt (Levant)
Loved	Eliza (Newlyn)	Elodie (Lizard)	Kingsley (Geevor)
Responsible	Layla-Rose (Gwithian)	Harper (Godrevy)	Daniel (Geevor)
Learning	Alfie (Mevagissey)	Skyla A-P (Pendeen)	Zach (Levant)
Ready	Logan (Restormel) Kodi (Restormel) Hafsa (Tintagel) Ben (Tintagel) Mathew (Porthcurno)	Aaradhya (Godrevy)	Lucia (Poldark)

Pendennis Daily Awards	Tintagel Tyler
Restormel William	Porthcurno Mia D
Gwithian Darsh	Newlyn Cohen
Mevagissey Holly	Pendeen Nylah
Godrevy Esme	Lizard Layla
Levant Year 5	Geevor Year 5/6
Poldark Year 6	

Read Write Inc.
Phonics



Headteacher's

Phonics Star of the Week

Awarded to

Olivia (Restormel)

17/05/24

C. Andrews

Date



Signature



Read Write Inc.
Phonics



Headteacher's

Phonics Star of the Week

Awarded to

Elsie (Gwithian)

17/05/24

C. Andrews

Date



Signature



Attendance

We aim for all our children to have at least 96% attendance throughout the year.

Overall attendance for this week was

97.2%

See below for the attendance for each class last week.

Pendennis	95.8%
Tintagel	98.3%
Restormel	95.5%
Porthcurno	96%
Gwithian	96.9%
Newlyn	97.8%
Mevagissey	95.9%
Pendeen	98%
Lizard	96%
Godrevy	99%
Levant	96.8%
Geevor	97.2%
Poldark	98.7%

Congratulations Godrevy class!

Unauthorised Exceptional Leave of Absence Information

The law requires parents to ensure their children receive an efficient full time education, and every minute of every day is important. Please help them not to miss any of the valuable time.

We hope that when you read the information outlined on our website, you will consider that your child's education is too important to take on

holidays during term time.

If an unauthorised leave of absence is taken, this may incur a penalty

notice being issued under Section 444A and 444B of the Education Act 1996. This carries a fine of £60 if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in Court action.

Unauthorised Late Information

If your child is arriving late—after the register has closed at 8:50am it will be coded as a U which, is an unauthorised late mark. If your child accrues 20 unauthorised late marks within 100 sessions (10 weeks) you will be

committing an offence under the Education Act 1996.

The School may refer the matter to Cornwall Council who may decide to take legal action against you, issuing a penalty notice under section 444A and 444B of the Education Act 1996. This carries a fine of £60 per child, per parent if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in Court action.

Persistent absences/unauthorised lates, not authorised by the school, may result in a prosecution in the Magistrates Court, leading to fines up to £2500 and/or custodial sentences.



Attendance Support

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about **SCHOOL AVOIDANCE**

Emotionally Based School Avoidance is a term used to refer to reduced attendance or non-attendance at school by a child or young person. It's often rooted in emotional, mental health or wellbeing issues. The rate of children who miss school more than 10% of the time in England has more than doubled since before the pandemic: rising from 10.9% in 2018-19, to 22.3% in 2022-23.

UNDERSTANDING SCHOOL AVOIDANCE

REASONS FOR ABSENCE

School avoidance is sometimes underpinned by several factors rather than one single cause. This could include something going on for the child or young person within the family or at school. A child may have caring responsibilities at home, for instance, or a change in family dynamics; bullying and friendship difficulties at school; pressure to achieve in schoolwork and exams; or moving from primary school to secondary school.

PATTERNS OF ABSENCE

You may notice patterns in regular absences or children regularly expressing that they don't want to attend school (particularly being reluctant to leave home on school days). If a child or young person is neurodiverse, there is some evidence to suggest there are more aspects of school life which can cause distress – such as changes in the environment, changes of routine and sensory stimuli.

COMPLAINTS ABOUT PHYSICAL SYMPTOMS

There may be an increase in a child or young person's complaints about physical symptoms, particularly on school days or the evening before school. These could include complaining of a tummy ache, headache, or saying they feel ill when there doesn't appear to be a medical cause. Always check with the GP first to rule out medical causes or illness.

IMPACT OF SCHOOL AVOIDANCE

LEARNING AND DEVELOPMENT

School refusal can negatively impact a young person's learning and development. Attending school on a regular basis not only supports academic attainment but is also important for the development of key life skills and the growth of children and young people as citizens.

LONG-TERM OUTCOMES

The difficulties associated with school non-attendance can be far reaching and may have a negative impact on long-term outcomes. It may, for example, lead to reduced future aspirations, poor emotional regulation, mental health difficulties, limited academic progress and restricted employment opportunities.

CYCLE OF ABSENCE

Consistent absences may contribute to sustained school avoidance over time. Further to this, the longer a pupil is out of education, the more likely it is that there is a rise in their ongoing need to avoid the activity which is making them anxious – increasing their desire to stay at home.

Advice for Parents & Educators

WORK TOGETHER

If there's a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school, so you can take a child-centred approach together towards a plan of support or reintegration. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

MANAGING OVERWHELMING FEELINGS

While there may be times you feel frustrated or angry, try to stay calm; acknowledge the child's worries, listen and discuss a range of coping strategies together to help them face the discomfort and overwhelming feelings. These could include mindfulness, deep breathing or going for a walk and practice the strategies in less overwhelming situations first.

FOLLOW REGULAR ROUTINES

Children can benefit from a regular and consistent routine. This could be a morning routine, from waking up and having breakfast through to getting dressed, packing their bag and leaving the house. A consistent evening routine which is calm and limited time on screens can also give children much needed predictability and familiarity. Schools can help create a timetabled routine for the child's school day, if required.

REDUCE STIMULATING ACTIVITIES AT HOME

If a child is avoiding school, reduce their access to more stimulating activities (such as watching television, playing games and spending time with friends) during school hours, where possible. This reduces the potential for the child having rewarding experiences at home, which could be interpreted as a positive aspect of avoiding school.

Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at nationalcollege.com/guides/school-avoidance

@wake_up_weds

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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.05.2024

Online Safety Update

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators MANAGING EXAM STRESS

At some point in their education, children are almost certain to encounter exam stress, which can cast a shadow over their mental, emotional and physical wellbeing. Mental health charity YoungMinds estimate that a staggering 87% of pupils suffer from exam stress – highlighting the urgent need to minimise its impact on children's health and happiness.

1 PRACTISE WORKLOAD WISDOM

The build up to exam season is such a busy and pressurised time in a child's education that it can be difficult for youngsters to avoid feeling overwhelmed. Encourage them to consider whether their current workload is realistic and allows them sufficient time to relax and recharge. Work with them in crafting a revision timetable that's manageable and includes breaks and occasional days off.

2 ADVISE CLEARING THE CLUTTER

A disorganised work environment is proven to negatively affect our ability to focus, as well as our emotional state. Encourage children to keep their desk, notes and revision materials tidy – creating a dedicated, well-kept study space to promote maximum focus. Foster their creativity by suggesting they incorporate vibrant colours, mind maps and even quirky drawings into their revision notes.

3 MASTER THE MATERIALS TOGETHER

Revision seems far harder when a child is uncertain where to begin or what sources to consult. Support them in confirming revision materials with their various teachers – emphasising the importance of gathering a range of resources to get a more comprehensive understanding of the subject. Feeling more prepared should nurture the child's confidence and help to dispel some of their anxiety.

4 RECOMMEND CREATIVE NOTE-TAKING

Writing out notes in full – rather than simply bullet pointing – can be a strong start to a child's revision. Reinforce this idea, encouraging the use of flashcards (featuring shorter versions of previously taken notes) for effective repetition and memorisation. Discuss the power of regularly reviewing notes to help them stay in the child's memory.

5 USE VISUAL AIDS AND MNEMONICS

Encourage the use of visual aids like videos and sticky notes to enhance learning. Some children find these resources far more useful than simply reading their notes as written. Explore creating mnemonics for a fun and effective study approach – and it's also worth noting that the strategic use of colours is a proven means of triggering recall during exams.

6 GATHER A 'TECH TOOLKIT'

Technology can be a huge advantage in exam prep. Educational YouTube channels and revision websites like BBC Bitesize can be immensely powerful resources for helping children to expand and retain their knowledge. You could also recommend the use of flashcard apps and educational podcasts for revision and reminders when young people are on the go.

7 KEEP IT FUN

Revision tends to go far more smoothly if children are having fun in the process. Injecting some humour into their notes, for instance, can make details more memorable – as can relating information to their real-life experiences. Try to encourage a variety of study methods, such as incorporating physical activity (even simply taking a walk) into their revision routine.

8 SUGGEST ACTIVE REVISION STRATEGIES

Make sure children are aware of different study techniques. You could emphasise the effectiveness of spaced repetition by reviewing material regularly over time to reinforce learning and improve retention. Discuss the benefits of active recall methods – such as self-testing or explaining a concept aloud – in identifying where their strengths and weaknesses lie.

9 ENCOURAGE A POSITIVE MINDSET

It can be easy for children's thoughts to fall into a downward spiral when they're stressed about exams. Try to foster a growth mindset by emphasising the importance of giving it their all rather than aiming for complete perfection. Positive self-talk and the use of affirmations can build confidence and reduce anxiety, while visualising success and setting realistic goals can help them stay motivated and focused.

10 HELP THEM TO SEIZE THE DAY

There are lots of things children can do on the day of their exam to reduce stress and increase their focus. Talk them through some helpful exam-day strategies – such as arriving early, reading the instructions and the questions carefully, and pacing themselves during the test. Suggest some relaxation techniques, such as deep breathing or visualisation, to help them manage any nerves before and during the exam.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK: 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at Penistone Grammar School.



Half Term Holiday Camps



Softball
Tuesday 28th May

5 to 8 year olds: 10am to
12pm £16

8 to 11 year olds: 1pm to
4pm £24

Hardball
Wednesday 29th May

8 to 13 year olds: 10am to
12pm £16

Club hardball players: 1pm
to 3pm £16



**At Cornwall
Cricket Centre**

Truro College Campus
Truro
TR1 3XX



To book scan the QR Code or use the link in the text

Further News and Announcements

HOCKEY SESSIONS



EVERY SUNDAY 2nd June - 7th July

10:00-11:00 am

Pool Academy
4-12 years

£3 per session
card or cash payment



Qualified coach at every
session with sticks provided

Sessions will resume in September so keep up to
date on our Facebook page: duchyhockeyclub
PARENTS- why not join in on the adjoining pitch
for walking hockey - let's get you back into it!

WALKING HOCKEY



Want to give hockey a go, but don't have the
fitness? Looking to get back into playing or trying
something new - WALKING HOCKEY is for you!

EVERY SUNDAY 2nd June - 7th July

10:00-11:00 am

Pool Academy
TR15 3PZ

£3 per session
card or cash payment



Sticks can be provided

Keep up to date on our Facebook
page: duchyhockeyclub



Further News and Announcements



Pennoweth Nursery

September 2024 places

Do you have a child born between
01-04-21 and 31-08-21?

If so, they will be eligible for 15hours free
education here at Pennoweth Nursery.

To apply for a place in September please pick
up a nursery admission form from the school office.

For more information or to arrange a visit
please contact Miss Booth on 01209 215671
or email pennowetheyfs@croftymat.org

