



Friday 19th April 2024

# Pennoweth News

A huge welcome back to our first Newsletter following the Easter break.

We hope that you were able to enjoy the break and are ready for another action packed term here at

Pennoweth. The term has started with a bang as a number of different opportunities and visits have taken place over the course of the week, with Children excited to get stuck into their new topics.

**We would like to remind parents that Teacher led afterschool Clubs will be starting next week (week beginning 22nd April). May we provide you with an advanced reminder however, that on Tuesday 30th April, Teacher led afterschool clubs will not be running due to Parents Evenings taking place on that day.**

## Nursery

To start our topic Can we explore it? The children have been sharing ideas about what they know about exploring and recording their thoughts in our shared floorbook. The children have planned some great adventures for the coming weeks to explore their ideas.

## Reception

The children have really enjoyed our new topic Creep, Crawl and Wriggle. We started by going on a minibeast safari to see what we could find in the bottom garden and forest school area. The children found a whole host of tiny creatures and loved finding out more about them firsthand. From spiders to centipedes, we found them all.

## Keystage One

This week the Year One children have enjoyed taking part in their 'love to investigate' where they had to work as mini scientists to explore and answer the scientific question, 'Are all leaves the same?' The children loved finding different leaves and identified their key features. Did you know that leaves have veins? What a fantastic start to the term.

Whereas, in Year Two, they had a visit from the fire brigade to launch their 'Superheroes' project. The children learnt about what the fire brigade does and what to do if there is a fire. The highlight of the visit was getting to look at the fire engine and having a go on the hose! Mrs Mathews even got to dress up as a firefighter!

## Keystage Two

This week saw our first residential take place at Porthpean Outdoor Centre. An exciting number of Year Three children turned up on Wednesday with packs stocked for an action packed few days—where they would take on a number of water sports and daring climbing heights, alongside a splattering of other activities put on by the amazing instructors. Throughout the visit, the children showed their resilience and can do attitudes. A truly cracking start to our term of residential. Well done Year Three.

In other news, whilst many of our Year Three children were off testing their physical mettle, our remaining Year Three's and Four's grappled with their new topic—Ancient Greece. The children began to build an understanding of the importance of Greece and how they have impacted modern day society whilst also exploring the Aegean region and what it may have been like to live their. We look forward to exploring more learning in the coming weeks.

In Upper Keystage Two this week, our Year Five's were lucky enough to take part in a Mini Police Programme where they worked their way through a series of activities and workshops to improve the safety of our children in the local area. Over the coming weeks, you may spot a number of different signs that have been made by the children going up around the site. Please take time to have a look at the message and support keeping our children safe.

Our phase email addresses are:

[eyfs@pennoweth.cornwall.sch.uk](mailto:eyfs@pennoweth.cornwall.sch.uk) (for Nursery and Reception)

[KS1@pennoweth.cornwall.sch.uk](mailto:KS1@pennoweth.cornwall.sch.uk) (for Years 1 and 2)

[lowerKS2@pennoweth.cornwall.sch.uk](mailto:lowerKS2@pennoweth.cornwall.sch.uk) (for Years 3 and 4)

[upperKS2@pennoweth.cornwall.sch.uk](mailto:upperKS2@pennoweth.cornwall.sch.uk) (for Years 5 and 6)

## School Lunches

Week beginning 22/04/24

(Week 2 choices from the Summer Term Menu)

Chartwells meal menu is on the school website



## Dates for your diary

*Bank Holiday*

*Monday 6th May 2024*

*End of Summer half term one*

*24th May 2024*

*INSET Day*

*Monday 3rd June 2024*

*Start of Summer Half Term Two*

*Tuesday 4th June 2024*

*End of Summer Half Term Two*

*Wednesday 24th July 2024*

*Please view page two of the Newsletter for further term dates.*

## A message for our Year Six Parents

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Dear Parents/Carers,

If you have yet to apply for your child/children's Secondary placement, it is essential that these are completed urgently to ensure a smooth transition process to your child/children's chosen secondary school. Please complete your child's admission forms for any secondary school as a matter of urgency to avoid disappointment.

If you would like further support with this, please visit the Cornwall Council website or contact your chosen secondary school for further guidance.



# Key Upcoming Dates for your Diaries

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**Monday 22nd April**

Year 2 Healthy relationship workshop (One class)

**Wednesday 24th April 2024**

RNLI Assemblies for All children

**Friday 26th April 2024**

Year 2 Healthy relationship workshop (For alternative Class)

**Tuesday 30th April 2024**

Parents' Evening

**Wednesday 1st May 2024**

Parents' Evening

Reception trip to Godolphin House

**Thursday 2nd May—Friday 3rd May 2024**

Year 1 + 2 Camp @ Plymouth Aquarium

**Monday 6th May 2024**

INSET (School closed to Pupils)

**Friday 10th May 2024**

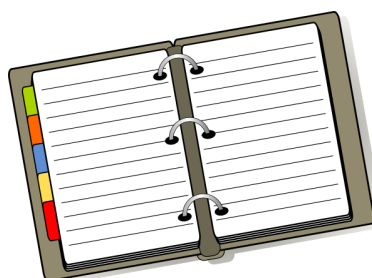
George Eustice Visit

**Monday 13th May—16th May 2024**

Year 6 SAT's Week

**Thursday 23rd—Friday 24th May 2024**

Year 4 Camp @ Pill Farm




# Our DNA

Everything we do in school is shaped by our Pennoweth DNA statements. Each week each phase team identifies one child who has done a fantastic job of demonstrating each strand of the DNA. Well done to all the children below.

**We are safe.**  
**We feel loved.**  
**We take responsibility.**  
**We are always learning.**  
**We are ready.**

**Congratulations to our stars of the week from each class! Well done everyone!**

Quality	Year R, Y1 and Y2	Year 3+4	Year 5+6
Safe	Ruari (Tintagel) Darcey (Restormel) James (Newlyn)	Connie (Godrevy)	Harley W (Poldark)
Loved	Gavriel (Gwithian)	Harper (Godrevy)	Blaise (Levant)
Responsible	Robert (Mevagissey)	Eleanor (Lizard)	Keira (Poldark)
Learning	Killian (Porthcurno)	Carson (Lizard)	Amelia B (Geevor)
Ready	Reuben (Tintagel) Seb (Restormel) Alec (Newlyn)	Massen (Pendeen)	Amelia G (Geevor)

Pendennis Daily Awards	Tintagel Raife
Restormel Bobby	Porthcurno Isla-Rae
Gwithian Vihan	Newlyn Poppy
Mevagissey Poppy	Pendeen Skyla-Grace
Godrevy Shiv	Lizard Kyson
Levant James	Geevor Hunter
Poldark Jenson	


# Reading Stars!



READING STAR   
CONGRATULATIONS TO  
**Olivia (Godrevy)**

FOR MEETING READING GOALS



READING STAR   
CONGRATULATIONS TO  
**Lily (Poldark)**

FOR MEETING READING GOALS



READING STAR   
CONGRATULATIONS TO  
**Daniel (Geevor)**


FOR MEETING READING GOALS



READING STAR   
CONGRATULATIONS TO  
**Tilly (Geevor)**


FOR MEETING READING GOALS



READING STAR   
CONGRATULATIONS TO  
**Ivy (Geevor)**



FOR MEETING READING GOALS




**Read Write Inc. Phonics**  Headteacher's  
**Phonics Star of the Week**

Awarded to  
**Ryder (Tintagel)**



**19/04/24** **C.Andrews**  
Date Signature

**Read Write Inc. Phonics**  Headteacher's  
**Phonics Star of the Week**

Awarded to  
**Dovie (Porthcurno)**

**19/04/24** **C.Andrews**  
Date Signature

# Attendance

We aim for all our children to have at least 96% attendance throughout the year.

Overall attendance for this week was

95.1%

See below for the attendance for each class last week.

Pendennis	94.9%
Tintagel	96.3%
Restormel	88.2%
Porthcurno	92.7%
Gwithian	95.6%
Newlyn	100%
Mevagissey	90.8%
Pendeen	96.1%
Lizard	96.8%
Godrevy	95.3%
Levant	96%
Geevor	94.7%
Poldark	96.8%

Congratulations Newlyn class!

## Unauthorised Exceptional Leave of Absence Information

The law requires parents to ensure their children receive an efficient full time education, and every minute of every day is important. Please help them not to miss any of the valuable time.

We hope that when you read the information outlined on our website, you will consider that your child's education is too important to take on

holidays during term time.

If an unauthorised leave of absence is taken, this may incur a penalty

notice being issued under Section 444A and 444B of the Education Act 1996. This carries a fine of £60 if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in Court action.

## Unauthorised Late Information

If your child is arriving late—after the register has closed at 8:50am it will be coded as a U which, is an unauthorised late mark. If your child accrues 20 unauthorised late marks within 100 sessions (20 weeks) you will be

committing an offence under the Education Act 1996.

The School may refer the matter to Cornwall Council who may decide to take legal action against you, issuing a penalty notice under section 444A and 444B of the Education Act 1996. This carries a fine of £60 per child, per parent if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in Court action.

Persistent absences/unauthorised lates, not authorised by the school, may result in a prosecution in the Magistrates Court, leading to fines up to £2500 and/or custodial sentences.





# Diary Entry from Gardening Club

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Although, clubs have not started yet, gardening does not stop here at Pennoweth. The plants cannot care for themselves at times and are always in need of an extra hand or two in our case!

After the two week Easter break, it was exciting to see what had happened to our wonderful garden during the down period here at school.

Mrs.Houghton, an avid supporter of gardening club, and who enjoys finding out what we have been growing in the garden week to week, was very excited to spot beautiful white daisy like flowers growing.

Mrs.Mallaber then gave her a guided tour in the polytunnel where the strawberry plant is starting to flower, and the broccoli, peas , radish, onion and sweet peas are sprouting and growing well. Outside they were both amazed by the echium.

" I helped to plant that" said Imogen proudly.



It had taken a bit of a battering with the wind but once straightened up , it may be as tall as Mrs.Mallaber and Mrs.Houghton!

Not only has the echium taken a battering, but the poor old polytunnel has seen better days. The plastic covering needs replacing. It has been well loved by everyone at Pennoweth.

The Gardening Club are wondering if any of you lovely readers may have any contacts to support us in potentially mending and/or replacing our current plastic in the Polyntunnel?

If you do, Mrs.Mallaber would be very pleased to hear from you.

Not long now till the new gardening club begins and work carries on. For this week, that's our diary entry finished, but we are eager to see our Gardening club continue in the coming weeks!

See you all soon!





# Online Safety Update

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.



It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?



## What parents need to know about SCREEN ADDICTION



### HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

### LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

### LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.



### CONFIDENCE, SUPPORT & ADVICE

The Children's Commissioner report 'Life in Likes', explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

### APPS CAN BE ADDICTIVE

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.



## Top Tips for Parents



### LIMIT SCREEN TIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

### LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

### REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focussed the next day at school. 70% of teenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

### LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

### MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.

### ENCOURAGE ALTERNATE ACTIVITIES

It may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realise they can have fun without their device. Playing football, trampolining, camping, going for a walk or swimming are all healthy replacements for screen time. Try to join them in their Outdoor activities to show your support.

### STATISTICS

**52%** of children aged 3-4 go online for nearly 9hrs a week

**82%** of children aged 5-7 go online for nearly 9.5hrs a week

**93%** of children aged 8-11 go online for nearly 13.5hrs a week

**99%** of children aged 12-15 go online for nearly 20.5hrs a week

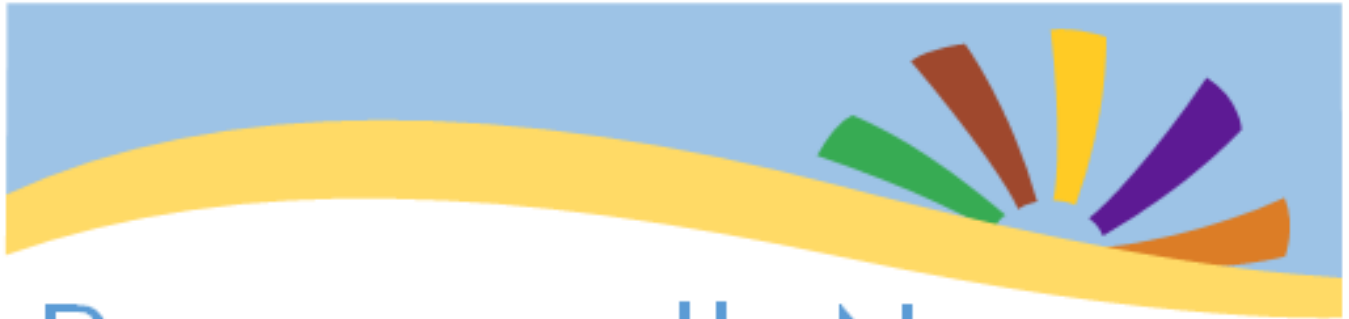
Children and Parents: Media Use and Attitudes Report 2018

SOURCES:  
<https://www.independent.co.uk>, Children and Parents: Media Use and Attitudes Report 2018; <https://www.ofcom.gov.uk>, <http://uk.bbc.com/news/tech-how-app-developers-keep-us-addicted-to-our-smartphones>, Journal of Youth Studies; [https://www.researchgate.net/publication/305338686\\_The\\_impact\\_of\\_screen\\_time\\_on\\_sleep\\_in\\_children](https://www.researchgate.net/publication/305338686_The_impact_of_screen_time_on_sleep_in_children), University of Leeds; <https://www.healthline.com/health/child/less-screen-time-for-children>



## Further News and Announcements

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# Pennoweth Nursery

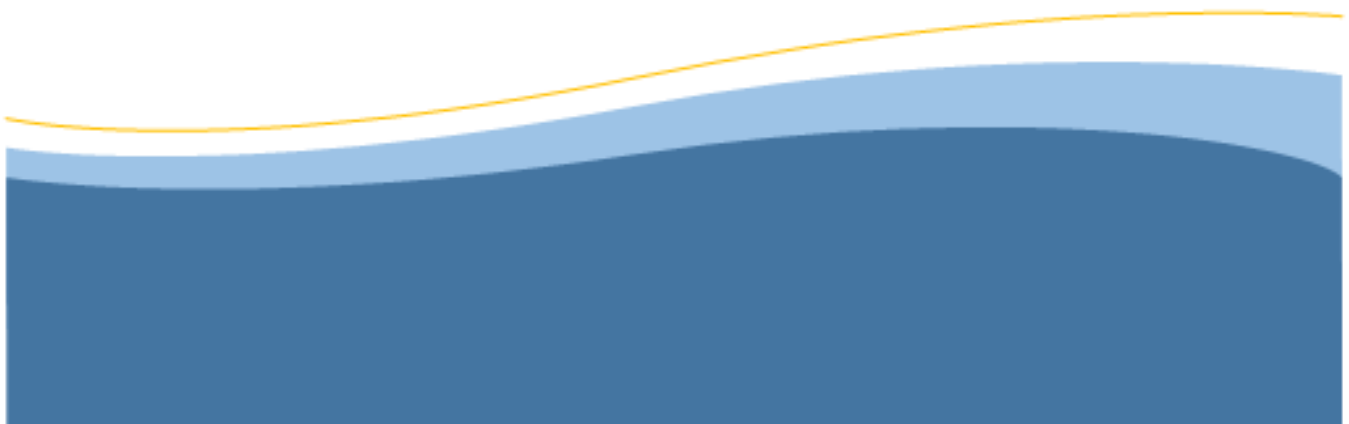
## September 2024 places

Do you have a child born between  
01-04-21 and 31-08-21?

If so, they will be eligible for 15hours free  
education here at Pennoweth Nursery.

To apply for a place in September please pick  
up a nursery admission form from the school office.

For more information or to arrange a visit  
please contact Miss Booth on 01209 215671  
or email [pennowetheyfs@croftymat.org](mailto:pennowetheyfs@croftymat.org)



# Further News and Announcements

Information Classification: PUBLIC

Together for Families

## Early Help Parenting Newsletter – Spring 2024

Free information, support and guidance for parents and carers.

### Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns, are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116.

### Parenting Support Workshops

We offer interactive parenting programmes both online and face to face. For more information about our parenting support on offer and to book onto a workshop please visit:

[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

The programmes currently available are:

**Solihull: Understanding your Child** – Supporting parents/carers of children aged 1 to 3, 4 to 8, or 9 to 11 (10 x 2-hour sessions)

**Take 3** – Supporting parents/carers of teenagers aged 12-17 (10 x 2-hour sessions)

**Living with Parents** – a one day workshop for parents and their young person aged 12 to 17 years.

**Supporting Healthy Relationships** – (3 x 2-hour sessions)

- **Me, You and Baby Too** (for parents pre-birth – 12 months)
- **Arguing Better** (for parents of children aged 1 – 19)
- **Getting it Right for Children** (for separated/separating parents with children aged 0 – 19)

**Understanding your Child with Additional Needs** – a self-guided course accessed through Solihull:

<https://inourplace.heiapply.com/online-learning/course/36>. To access the course, please register for an account using the code TAMAR

- If accessing from a **computer**, please [click here](#)
- If accessing from a **mobile/tablet**, please [click here](#)

### Bitesize Parenting

Bitesize parenting workshops are weekly 2-hour sessions (12:30 – 14:30) delivered by our parenting team to support on a wide range of topics. Please book on by visiting [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

Date	Bitesize Child (for parents/carers of children aged 4-11)
06.02.24	Remaining Calm
13.02.24	Praise and Rewards
20.02.24	Technology and Safety
27.02.24	Sibling Rivalry and Conflict
05.03.24	Bullying
12.03.24	Special time with your child
19.03.24	Supporting Education and School
26.03.24	Routines and Boundaries
Date	Bitesize Teen (for parents/carers of young people aged 12-19)
07.02.24	Sibling Rivalry and Conflict
14.02.24	Teenage Brain
21.02.24	Supporting Education and School
28.02.24	Mental Health and Wellbeing
06.03.24	Remaining Calm
13.03.24	Drugs and Alcohol
20.03.24	Technology and Safety
27.03.24	Body Image

“I found the agreements and I-statements to be valuable tool to tackle this week. You (the facilitator) have been amazing. Very clear messaging every week.”

– Parent of teenager attending Take 3

# Further News and Announcements



Funded by  
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**ChatHealth**  
Cornwall and the Isles of Scilly

## ChatHealth Parent Line 0-5

Health Visiting messaging service for parents and carers  
of children aged 0-5 in Cornwall and the Isles of Scilly

**TEXT** 07312 263 423



Get  
confidential  
health and  
wellbeing advice  
and support



Together For Families



Council of the  
ISLES OF SCILLY

[www.cornwall.gov.uk/chathealth](http://www.cornwall.gov.uk/chathealth)

To read our full privacy notice please visit: [www.cornwall.gov.uk/privacynotice](http://www.cornwall.gov.uk/privacynotice)

We might inform someone if we were concerned about your safety but we would usually speak to you first. Messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply within 48 hours and you should get an immediate reply to confirm we have received your text. Texts will not be seen outside working hours. If you need help before you hear back from us contact your GP, nearest walk-in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (not including messages from landlines, international numbers and some mobile apps). To prevent Chat Health from sending messages to you, text STOP to our number. Messages charged at your usual rates.



# Further News and Announcements



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ChatHealth  
Cornwall and the Isles of Scilly

## ChatHealth Parent Line 5-19

School Nursing messaging service for parents and carers of children and young people 5-19 years in Cornwall and Isles of Scilly

TEXT  
...

# 07312 263 499



Get  
confidential  
health and  
wellbeing advice  
and support



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Together  
for Families



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ISLES OF SCILLY

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To read our full privacy notice please visit [www.cornwall.gov.uk/privacy-notice](http://www.cornwall.gov.uk/privacy-notice)

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