



Friday 1st March 2024

# Pennoweth News

Welcome back to this weeks Pennoweth Newsletter.

Another week of experiences, workshops and events have taken place across the school. Teachers have also attended some exciting workshops this week to enhance the wonderful lessons that are already on offer. Clubs continue to thrive as we begin to move to the midpoint of this half term and a final flurry of events begin to take place in the lead up to Easter. With events on the mind, we would like to remind parents, that should you be able or willing, as part of our annual Red Nose Day celebration, we would like any donations to be made through Parent Pay. This avoids any loose monies being present in school and ensures that donations that are made can be easily passed on to the charity.

In other news, Miss Crane has been working hard on developing our careers programme and Personal development. As part of this work, the school are looking to further expand our careers and aspirations learning by ensuring that all children know what they are capable of and understand the opportunities available in the world of Education and Work.

Therefore, we are looking to create a bank of Parents and Carers who would be interested in coming into school and talking about their job (including why they do their job, what it entails and sharing their story of how they secured their current role). All jobs and careers are fascinating for our children and we know that you are the best role models for them! If you would be interested in coming into school to discuss your job, or just to discuss the opportunity further, please email Miss Crane on pennowethupperks2@croftymat.org

## Nursery

This week the children in Nursery have been exploring the sound and letter 'h'. Throughout the week, the children have been looking, listening and exploring things that start with or contain the letter 'h'. In addition, the children also had the opportunity to explore the taste of hummus... however, many of the children had mixed reviews on the flavour! Well done Nursery!

## Reception

This week the children were visited by a Veterinary Nurse who explained what the role entailed and the importance of keeping animals and pets healthy. The children also welcomed a four legged friend by the name of Milo the sausage dog. It was safe to say the children were thoroughly engaged and enjoyed the visit!

## Keystage One

In R.E this week the Year One children learnt about Shabbat. The children were then able to try some Challah bread and have a glass of squash. The children loved taking part in their P.E lesson this week. Some children said, 'It was the best lesson ever!'

In Year Two, the children were tasked with making a kitchen band. They used kitchen utensils such as pans and spoons to create music. They worked in a group to create different rhythms and tried to change the dynamics and pitch.

## Keystage Two

In Years Three and Four this week, the children have continued to develop their love of Music. In particular, studying famous musicians and explaining the techniques that they used within their musical writing. The children also explored the music and discussed their views and opinions on how it made them feel and which instruments they could identify.

Year Five and Six have continued their learning around World War Two and began interpreting historical artifacts linked to the regulations and safety measures put in place during the time of 'The Blitz'. The children also responded to the noise of the Air raid siren and articulated how this made them feel. They discussed what it may have been like to live during this time and how the safety measures may have impacted their every day lives.

Our phase email addresses are:

[eyfs@pennoweth.cornwall.sch.uk](mailto:eyfs@pennoweth.cornwall.sch.uk) (for Nursery and Reception)

[KS1@pennoweth.cornwall.sch.uk](mailto:KS1@pennoweth.cornwall.sch.uk) (for Years 1 and 2)

[lowerKS2@pennoweth.cornwall.sch.uk](mailto:lowerKS2@pennoweth.cornwall.sch.uk) (for Years 3 and 4)

[upperKS2@pennoweth.cornwall.sch.uk](mailto:upperKS2@pennoweth.cornwall.sch.uk) (for Years 5 and 6)

## School Lunches

Week beginning 04/03/24

(Week 1 Choices)

Chartwells meal menu is on the school website



## Dates for your diary

End of Spring Two Half Term

Thursday 28th March 2024

Bank Holiday

(Good Friday)

Friday 29th March 2024

*Please view page two of the Newsletter for further term dates.*

# Key Upcoming Dates for your Diaries

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## Spring Term

### **Saturday 2nd March 2024**

St Piran's Day parade taking place @ 11am

### **Monday 4th March 2024**

Year 1 & 2 Camp Parent Meetings

### **Tuesday 5th March 2024**

Year 1 Screech Owl Sanctuary visit (@ Pennoweth)

### **Wednesday 6th March 2024**

Year 1 & 2 to the Regal Theatre to watch the Orchestra

### **Tuesday 5th March — Friday 8th March 2024**

Presents for Loved Ones Stall

### **Friday 8th March 2024**

World Book Day

### **Monday 11th March 2024**

GB Athlete Visit

### **Wednesday 13th March 2024**

Lego League Club @ RNAS Culdrose

### **Friday 15th March 2024**

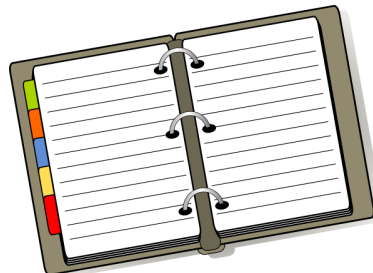
Red Nose Day

### **Wednesday 27th March 2024**

Class Photographs

### **Thursday 28th March**

Easter Puzzle organised by the PTA




# Our DNA

Everything we do in school is shaped by our Pennoweth DNA statements. Each week each phase team identifies one child who has done a fantastic job of demonstrating each strand of the DNA. Well done to all the children below.

**We are safe.**  
**We feel loved.**  
**We take responsibility.**  
**We are always learning.**  
**We are ready.**

**Congratulations to our stars of the week from each class! Well done everyone!**

| Quality     | Year R, Y1 and Y2  | Year 3+4         | Year 5+6            |
|-------------|--|------------------|---------------------|
| Safe        | Miley (Mevagissey)   | Harris (Lizard)  | Amelia G (Geevor)   |
| Loved       | Harper (Tintagel)<br>Ivy (Restormel)<br>Taylor (Porthcurno)    | Jakob (Lizard)   | Alfie L (Levant)    |
| Responsible | Cohen (Newlyn)   | Aylen (Pendeen)  | Tilly (Geevor)      |
| Learning    | Darcy H (Tintagel)<br>Ayla-Rae (Restormel)<br>Layla (Gwithian) | Lucy (Pendeen)   | Annabella (Poldark) |
| Ready       | Pearl (Mevagissey)   | Harper (Godrevy) | Reese (Levant)      |

|                           |   |
|---------------------------|---|
| Pendennis<br>Daily Awards | Tintagel<br>Lyle  |
| Restormel<br>Rogan        | Porthcurno<br>Alex  |
| Gwithian<br>Cassy         | Newlyn<br>Alexi   |
| Mevagissey<br>Freddie     | Pendeen<br>Amber-Louise   |
| Godrevy<br>Bella          | Lizard<br>Cody  |
| Levant<br>Izzy WB         | Geevor<br>Troy  |
| Poldark<br>Evie           |  |



# READING STAR

CONGRATULATIONS TO  
Harry S (Levant)

FOR MEETING READING GOALS



**Read Write Inc.**  
Phonics

Headteacher's

## Phonics Star of the Week

Awarded to  
Lena (Restormel)

01/03/24  
Date

C.Andrews  
Signature

JUST KEEP  
Reading?

**Read Write Inc.**  
Phonics

Headteacher's

## Phonics Star of the Week

Awarded to  
Kotryna (Gwithian)

01/03/24  
Date

C.Andrews  
Signature

JUST KEEP  
Reading?

# Attendance

We aim for all our children to have at least 96% attendance throughout the year.

Overall attendance for this week was

93.4%

See below for the attendance for each class last week.

|            |       |
|------------|-------|
| Pendennis  | 95.3% |
| Tintagel   | 93.1% |
| Restormel  | 95.2% |
| Porthcurno | 91.2% |
| Gwithian   | 93.5% |
| Newlyn     | 98.2% |
| Mevagissey | 95.4% |
| Pendeen    | 91.3% |
| Lizard     | 92.1% |
| Godrevy    | 98.7% |
| Levant     | 94.7% |
| Geevor     | 85%   |
| Poldark    | 93.5% |

Congratulations Godrevy class!

## Unauthorised Exceptional Leave of Absence Information

The law requires parents to ensure their children receive an efficient full time education, and every minute of every day is important. Please help them not to miss any of the valuable time.

We hope that when you read the information outlined on our website, you will consider that your child's education is too important to take on

holidays during term time.

If an unauthorised leave of absence is taken, this may incur a penalty

notice being issued under Section 444A, and 444B of the Education Act 1996. This carries a fine of £60 if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in Court action.

## Unauthorised Late Information

If your child is arriving late—after the register has closed at 8:50am it will be coded as a U which, is an unauthorised late mark. If your child accrues 20 unauthorised late marks within 100 sessions (20 weeks) you will be committing an offence under the Education Act 1996.

The School may refer the matter to Cornwall Council who may decide to take legal action against you, issuing a penalty notice under section 444A, and 444B of the Education Act 1996. This carries a fine of £60 per child, per parent if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in Court action.

Persistent absences/unauthorised lates, not authorised by the school, may result in a prosecution in the Magistrates Court, leading to fines up to £2500 and/or custodial sentences.

**MOMENTS  
MATTER,**

**ATTENDANCE  
COUNTS.**

## Chartwell Competitions!

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Elsie from Gwithian, was the winner of the Chartwells 'Save the Bees' campaign competition.

Pictured with her certificate and prize presented by Zoe, our Catering Manager.

Elsie is the proud new owner of three very stylish pots and seeds, to plant and encourage the bees to visit her own garden!



# Diary entry from Gardening Club

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Another week, another entry from our wonderful Gardening Club.

After the children had changed into their gardening clothes, Mrs. Mallaber showed them her grape hyacinth bulb that they had planted before the holidays. Everyone was pleased to find that it had grown and flowered in the time since it had been planted. The children then discussed how similar or different our own hyacinths looked at home.

Next, we all trundled outside to check the plants after the half term holiday and loved seeing the daffodils still flowering and looking cheerful along the bank and in our Nursery garden. We couldn't believe that they were still looking amazing and that they hadn't wilted.

After that, we broke out our gardening kit and began planting our wonderful sweet pea seeds and a pepper seeds. We have all really enjoyed watching the growth of all our plants and seeing how easy gardening can be!

Once we had finished all the planting for the afternoon, we began looking around the poly tunnel. Unfortunately, the potatoes didn't look like they were growing particularly well or even, perhaps at all. Whilst we were observing the pots, we had a discussion and decided that maybe we had planted them a little too early. However, after emptying the bags, we found lots of tiny potatoes. We were over the moon and, after sharing, we managed to take all of them home with us.

Whilst we looked through the potatoes, we also grazed over the other plants, and were lucky enough to be able to even take home some sprouts, that Mrs. Matthews had grown. It was fantastic to be able to share the produce, but also hard work having to twist all the tiny sprouts off of each of the stalks.

Today's produce will not fill us up but it will be nice to try the vegetables. Home grown is always best! As always, our last job of the day was to complete the maintenance of the school through some litter picking, before washing our hands and faces ready for home!



# Online Safety Update

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## Top Tips for Supporting Children Who Are EXPERIENCING BULLYING

In a DfE survey, 36% of parents said that their child had been bullied in the past year, while 29% of secondary school headteachers reported bullying among students. Public Health England states that young people who maintain positive communication with their family were less likely to experience bullying – so it's important that parents, carers and educators know how to talk to children about bullying.

### 1. WATCH FOR BEHAVIOURAL CHANGES

Children who are experiencing bullying may become quiet, withdrawn, or anxious; however, they may also act out the pain and anger that they're feeling. A shift in attitude towards their existing friends (or not mentioning them any more at all) or alluding to new friendships which seem notably different could also be warning signs. It's important to be alert to such changes and talk to your child about them if they occur.

### 2. THINK THINGS THROUGH

Before acting, ask yourself if this is the right time and place to address concerns about bullying. Might your worries trigger strong feelings – perhaps from your own experiences – that could discourage your child from opening up to you? You could try discussing what you've noticed with another trusted adult who knows your child well.

### 3. BE OPEN AND UNDERSTANDING

Try to outline to your child the changes that you've noticed in their body language, appearance, behaviour, or tone of voice – and do so without sounding judgemental. Help them to describe what they're feeling – be it anger, sadness, fear or something else – as accurately as possible. If they say they're "angry", do they mean "enraged" or "frustrated"? This will help them to understand how they're feeling and why.

### 4. LET THEM SPEAK FREELY

Use open questions and a welcoming tone to encourage your child to talk. Listen closely and summarise what they've said at appropriate points (ideally without interrupting) to demonstrate that you're understanding clearly. Bullying may have undermined your child's sense of control, and they may fear that you'll judge them, overreact or impose consequences – so this conversation can reassure them being honest with you was the right decision.

### 5. CALL A TIME OUT

A conversation about bullying could leave both you and your child feeling distressed. It's important to recognise this and pause at suitable moments to calm down. Take deep breaths, enjoy a hot drink or even have a cathartic cry. This can reinforce trust, while also helping you both feel that you have control over the situation and the emotions that you're feeling.

### 6. STAY INFORMED

Make sure you know your child's school's definition of, response to and relevant contacts for bullying. This information should be in their anti-bullying policy, which ought to be available on the school's website. Class teachers or form tutors are usually the first point of contact, though there may be dedicated support teams or key workers to help your child, depending on the specific situation.

### 7. PREP YOUR CHILD FOR THE RESPONSE

Schools' responses to bullying vary depending on whether they're resolving disagreements and arguments, or addressing unintended verbal or physical harm and so on. It's important to work out with your child whether any harm was intentional, how much control they had over the situation and how often such incidents have occurred. Reporting concerns accurately will get the best outcome for your child more quickly.

### 8. SUMMARISE YOUR CHILD'S EXPERIENCE

When you contact the school, make sure you've precisely described what your child experienced: what happened; when; where; and who was involved. This will help the school to investigate further, identifying any witnesses, as well as those who were directly involved. It can also help the school to know how your child is feeling and how they'd like the matter to be resolved.

### 9. LIAISE WITH THE SCHOOL

Any school has a duty to ensure that the members of its community feel safe and included. It's important for children to learn their role in this. The school must determine how best to restore these feelings of safety and respect. It's often best for schools to keep parents and carers informed of any action taken – and for families to avoid taking matters into their own hands.

### 10. CHECK IN FREQUENTLY

Once the issue has been resolved and the bullying behaviour has stopped, your child may still feel anxious and might find it difficult to rebuild relationships or develop new ones. Parents, carers and the school should all keep an eye on how the child is feeling and acting over the following months. Any relevant information should be shared, so that further support can be planned if necessary.

### Meet Our Expert

Bob Basley is the Director of Anti-Bullying Quality Mark-UK, which challenges and supports schools to develop sustainable whole-school approaches to prevent bullying, including working with parents and carers. More than 80 schools in England and Wales currently hold the quality mark.



#WakeUpWednesday

The National College

Source: [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/786040/survey\\_of\\_pupils\\_and\\_their\\_parents\\_or\\_carers\\_wave\\_5.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/786040/survey_of_pupils_and_their_parents_or_carers_wave_5.pdf)  
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@national\_online\_safety

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# Pennoweth World BOOK Day



Friday 8th March

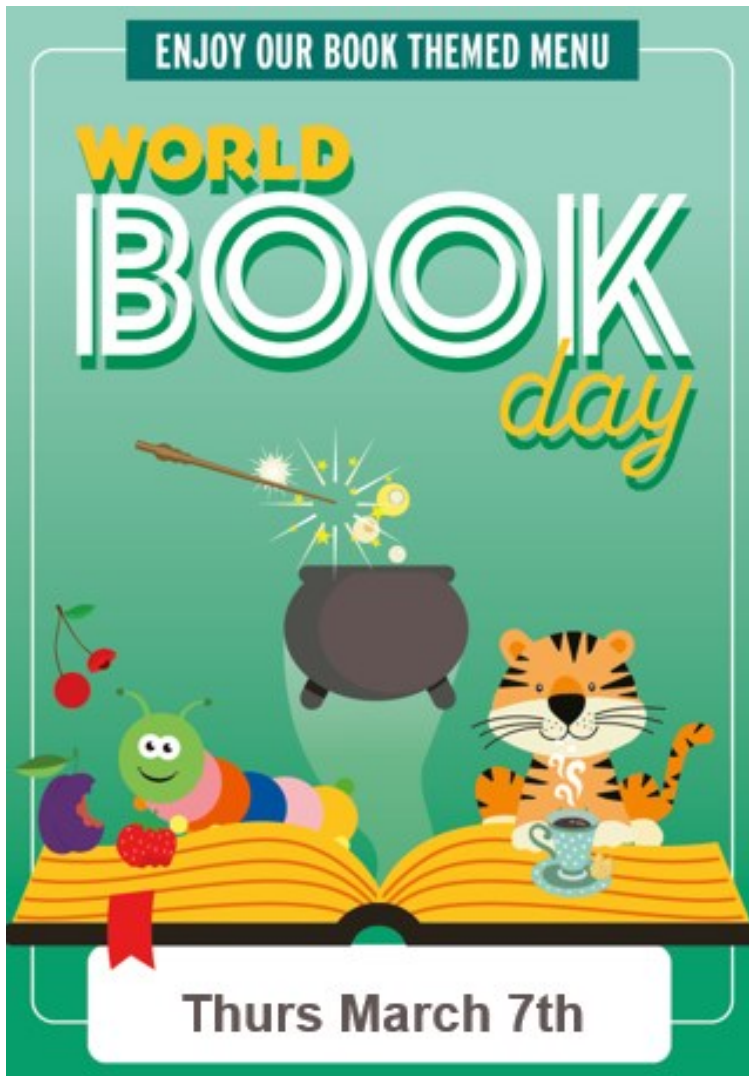
**Come dressed up or in pajamas - your choice!**

We have a local author coming to read to the children and some World Book Day crafts.

Friends of Pennoweth will also be handing out the ordered Wonderlicious Chocolate bars.



# Further News and Announcements



# WORLD BOOK day

**MAINS**

**Toad in the Hole**  
(Yorkshire Pudding with Mashed Potato,  
Pork Sausages or Veggie Sausage  
and Onion Gravy)

**SIDES**

Peas and Carrots

**DESSERT**

Buried Jelly Treasure **or**  
Sticky Marmalade Roll with  
'Eat Me' Custard

*Menus may be subject to change*

The menu card has a green background with a white border. At the top, the words 'WORLD BOOK day' are written in large, stylized letters. Below this, the menu items are listed under the headings 'MAINS', 'SIDES', and 'DESSERT'. At the bottom, there is an illustration of an open book with a red bookmark.

# Further News and Announcements

Information Classification: PUBLIC

Together for Families

## Early Help Parenting Newsletter – Spring 2024

Free information, support and guidance for parents and carers.

### Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns, are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116.

### Parenting Support Workshops

We offer interactive parenting programmes both online and face to face. For more information about our parenting support on offer and to book onto a workshop please visit:

[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

The programmes currently available are:

**Solihull: Understanding your Child** – Supporting parents/carers of children aged 1 to 3, 4 to 8, or 9 to 11 (10 x 2-hour sessions)

**Take 3** – Supporting parents/carers of teenagers aged 12-17 (10 x 2-hour sessions)

**Living with Parents** – a one day workshop for parents and their young person aged 12 to 17 years.

**Supporting Healthy Relationships** – (3 x 2-hour sessions)

- **Me, You and Baby Too** (for parents pre-birth – 12 months)
- **Arguing Better** (for parents of children aged 1 – 19)
- **Getting it Right for Children** (for separated/separating parents with children aged 0 – 19)

**Understanding your Child with Additional Needs** – a self-guided course accessed through Solihull:

<https://inourplace.heiapply.com/online-learning/course/36>. To access the course, please register for an account using the code TAMAR

- If accessing from a **computer**, please [click here](#)
- If accessing from a **mobile/tablet**, please [click here](#)

### Bitesize Parenting

Bitesize parenting workshops are weekly 2-hour sessions (12:30 – 14:30) delivered by our parenting team to support on a wide range of topics. Please book on by visiting [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

| Date     | Bitesize Child (for parents/carers of children aged 4-11)     |
|----------|---|
| 06.02.24 | Remaining Calm  |
| 13.02.24 | Praise and Rewards  |
| 20.02.24 | Technology and Safety   |
| 27.02.24 | Sibling Rivalry and Conflict                                  |
| 05.03.24 | Bullying  |
| 12.03.24 | Special time with your child                                  |
| 19.03.24 | Supporting Education and School                               |
| 26.03.24 | Routines and Boundaries                                       |
| Date     | Bitesize Teen (for parents/carers of young people aged 12-19) |
| 07.02.24 | Sibling Rivalry and Conflict                                  |
| 14.02.24 | Teenage Brain   |
| 21.02.24 | Supporting Education and School                               |
| 28.02.24 | Mental Health and Wellbeing                                   |
| 06.03.24 | Remaining Calm  |
| 13.03.24 | Drugs and Alcohol   |
| 20.03.24 | Technology and Safety   |
| 27.03.24 | Body Image  |

“I found the agreements and I-statements to be valuable tool to tackle this week. You (the facilitator) have been amazing. Very clear messaging every week.”

– Parent of teenager attending Take 3

# Further News and Announcements



Funded by  
UK Government



**ChatHealth**  
Cornwall and the Isles of Scilly

## ChatHealth Parent Line 0-5

Health Visiting messaging service for parents and carers  
of children aged 0-5 in Cornwall and the Isles of Scilly

**TEXT** 07312 263 423



Get  
confidential  
health and  
wellbeing advice  
and support



Together For Families



Council of the  
ISLES OF SCILLY

[www.cornwall.gov.uk/chathealth](http://www.cornwall.gov.uk/chathealth)

To read our full privacy notice please visit: [www.cornwall.gov.uk/privacynotice](http://www.cornwall.gov.uk/privacynotice)

We might inform someone if we were concerned about your safety but we would usually speak to you first. Messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply within 48 hours and you should get an immediate reply to confirm we have received your text. Texts will not be seen outside working hours. If you need help before you hear back from us contact your GP, nearest walk-in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (not including messages from landlines, international numbers and some mobile apps). To prevent Chat Health from sending messages to you, text STOP to our number. Messages charged at your usual rates.

# Further News and Announcements



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ChatHealth  
Cornwall and the Isles of Scilly

## ChatHealth Parent Line 5-19

School Nursing messaging service for parents and carers of children and young people 5-19 years in Cornwall and Isles of Scilly

TEXT



# 07312 263 499



Get  
confidential  
health and  
wellbeing advice  
and support



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Together  
for Families



Council of the  
ISLES OF SCILLY

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To read our full privacy notice please visit [www.cornwall.gov.uk/privacy-notice](http://www.cornwall.gov.uk/privacy-notice)

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