



Friday 5th January 2024

# Pennoweth News

Welcome back and a Happy New Year from all here at Pennoweth Primary School.

We hope you all managed to enjoy the winter break and spend time with those important to you over the festive period.

Although a short week this week, it has been fantastic to welcome all our children back over the past two days and to listen to the wonderful bits and pieces that the children experienced during their time off. Nevertheless, the school wheel never stops turning and the children have been hard at work since returning to us yesterday.

This term sees History, Music and Art become the focal points for many of our topics for this half term. Children across the school have been introduced to their new topics and have taken part in some exciting lessons already. Topics this term include Dangerous Dinosaurs, Rio de Vida and Tribal Tales. Each of these explore a crucial part of History or Art. We all look forward to seeing what the children produce over the coming weeks linked to these interesting topics.

A quick reminder relating to the start of clubs. Hopefully, you have all received a message via Marvellous Me today to let you know that clubs are due to start from the week beginning the 15th January. This will therefore not be next week, but the following week. After School Care will run as normal however.

In a final note this week, we will have a slight change of menu on the 18th of January with the kitchen putting on a Pizza extravaganza. Please see below the proposed changes to the menu for the above date.



Our phase email addresses are:

[eyfs@pennoweth.cornwall.sch.uk](mailto:eyfs@pennoweth.cornwall.sch.uk) (for Nursery and Reception)

[KS1@pennoweth.cornwall.sch.uk](mailto:KS1@pennoweth.cornwall.sch.uk) (for Years 1 and 2)

[lowerKS2@pennoweth.cornwall.sch.uk](mailto:lowerKS2@pennoweth.cornwall.sch.uk) (for Years 3 and 4)

[upperKS2@pennoweth.cornwall.sch.uk](mailto:upperKS2@pennoweth.cornwall.sch.uk) (for Years 5 and 6)

Or contact: [help@pennoweth.cornwall.sch.uk](mailto:help@pennoweth.cornwall.sch.uk)

## School Lunches

Week beginning 08/01/24

(Week 2 Choices)

Chartwells meal menu is on the school website



### Dates for your diary

Census Day

**18th January 2024**

Last day of Spring One Half Term

**Friday 9th February 2024**

Crofty Inset day

(School will not be open to pupils)

**Monday 19th February 2024**

Start of Spring Two Half Term

**Tuesday 20th February 2024**

# Key messages from the Trust

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Unit 2 The Setons,  
Tolvaddon Business Park,  
Camborne,  
Cornwall,  
TR14 0HX  
[admin@croftymat.org](mailto:admin@croftymat.org)

19<sup>th</sup> December 2023

To all interested parties

## Consultation on proposed changes to The Crofty Multi Academy Trust's Admissions Arrangements

Crofty Multi Academy Trust is reviewing its schools' admissions arrangements for the year 2025-26.

There is one change proposed in our 2025-26 admissions arrangements, which is:

1. To reduce the PAN of Porthleven Primary School from 40 to 30.

The proposed arrangements with the changes highlighted are in the attached draft admissions policy, and the information can also be found on the Trust website <https://croftymat.org/information/admissions>. We openly invite comments from all stakeholders on these proposed admission arrangements in accordance with the School Admissions Code. The six-week consultation period begins on Tuesday 19<sup>th</sup> December 2023 and will end on Wednesday 31<sup>st</sup> January 2024.

You can submit your comments by emailing [admin@croftymat.org](mailto:admin@croftymat.org) or writing to the Company Secretary at Unit 2 The Setons, Tolvaddon Business Park, Camborne, Cornwall, TR14 0HX.

Please use the reference 'Consultation Admission Arrangements 25-26' as your subject heading. Comments are invited by the close of the school day on Wednesday 31<sup>st</sup> January 2024. We will, in due course, provide feedback on this consultation. If no feedback is provided, please assume that no objections have been brought to our attention.

If you have any queries about the changes to arrangements, or the process, please do not hesitate to contact us.

Yours faithfully

A handwritten signature in black ink, appearing to be "S. Hague", written over a horizontal line.

Simon Hague  
Chief Executive  
Crofty Multi Academy Trust


# Our DNA

Everything we do in school is shaped by our Pennoweth DNA statements. Each week each phase team identifies one child who has done a fantastic job of demonstrating each strand of the DNA. Well done to all the children below.

**We are safe.**  
**We feel loved.**  
**We take responsibility.**  
**We are always learning.**  
**We are ready.**

**Congratulations to our stars of the week from each class! Well done everyone!**

Quality	Year R, Y1 and Y2	Year 3+4	Year 5+6
Safe	Darsh (Gwithian)	Godrevy Class	Eva (Poldark)
Loved	Amirah (Gwithian)	Mrs G (Godrevy)	Mia (Geevor)
Responsible	Lyle (Tintagel) Mason (Newlyn)	Mason (Lizard)	Loki (Geevor)
Learning	Matthew (Porthcurno)	Elodie (Lizard)	Olivia (Levant)
Ready	Ethan (Mevagissey)	Gursahib (Pendeen)	Harley (Poldark)

Pendennis Daily Awards	Tintagel Olivia
Restormel To be shared next week :)	Porthcurno Alba
Gwithian Elsie	Newlyn Matthew
Mevagissey Pearl	Pendeen Jayden
Godrevy TJ	Lizard Albie
Levant Lucas	Geevor Poppy
Poldark Leon	

# Attendance

We aim for all our children to have at least 96% attendance throughout the year.

Overall attendance for this week was

94.6%

See below for the attendance for each class last week.

Pendennis	93%
Tintagel	93.2%
Restormal	94%
Porthcurno	94.2%
Gwithian	91.3%
Newlyn	95.5%
Mevagissey	92.4%
Pendeen	97.6%
Lizard	94.6%
Godrevy	91.7%
Levant	94.2%
Geevor	97.5%
Poldark	98.4%

Congratulations Poldark class!





# Online Safety Update

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [nationalcollege.com](https://nationalcollege.com) for further guides, hints and tips for adults.

## Top Tips for...

# MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

BUY MILK

### GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do; the main thing is getting some fresh air and a break from your screen.

### TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

### GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

### LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

### AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

### HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

### BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

### 'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

### SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

### TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

### SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

### WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

## Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX



## Early Help Drop-in Coffee & Chat Mornings



### **Kerrier Coffee Morning**

12th January at Redruth Family Hub 09.30-11.30am

Guest speaker- Parent Carers Cornwall Team. With youth worker and family workers available for advice.

### **Penwith Coffee Morning**

19th January at Hayle Family Hub 09.30am-11.30am

Guest Speaker- Parent Carers Cornwall Team. With youth worker and family worker available for advice.

Parent Carers Cornwall want to ensure that all SEND parents have their voices heard and enable parent carers to gain greater knowledge and understanding of the services available to them and their child from health, education, local authority and the voluntary sector.

**Both events are free of charge with refreshments provided.**

**For any further information  
please contact:**

**Email:** Penwith.FamilyHub@cornwall.gov.uk  
or Kerrier.FamilyHub@cornwall.gov.uk





# Further News and Announcements

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CMST AND ASONE  
MUSIC



## Learn The Ukulele With Us

PARC EGLOS  
SCHOOL  
SATURDAY  
MORNINGS  
10:30-12

LET'S LEARN  
AND PLAY!



### LEARN:

- How to play ukulele
- Ukulele chords
- Basic strumming patterns

For more information, please contact:  
[SSCOTT@CORNWALLMUSICSTRUST.ORG](mailto:sscott@cornwallmusicstrust.org)



# Further News and Announcements

## Come and try Judo

First two classes are free

New beginners class starts Tuesday 9<sup>th</sup> January

All ages welcome from 5 onwards

Learn discipline through a traditional martial art

Create new friendships that last a lifetime

Learn to cope with success and failure through sport

Create a healthy mind and body

Reach new goals

Be part of a team whilst focusing on individual achievement

World and Olympic sport



All instructors are fully qualified, insured, DBS checked and hold first aid and safeguarding certificates.



Members of the  
British Judo Council  
Affiliated to the  
British Judo Association



**CARN BREA JUDO CLUB**

Contact us through our facebook messenger [carnbreajudo.co.uk](http://carnbreajudo.co.uk)

Location; Roskear School main hall

Time; Tuesday 6pm to 7pm



# Further News and Announcements

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**BETHEL**  
• COMMUNITY LARDER •

COMBATING  
FOOD WASTE  
ONE BAG AT A  
TIME

ALL  
FREE

£1 DONATION  
GRATEFULLY  
RECEIVED

EVERY TUESDAY  
9:30 – 11:30AM

**ONE BAG PER HOUSEHOLD**

No voucher /referral needed

- **Community Café** open at the same time: hot drinks, soups, pasties and sausage rolls - all free.
- **Clothes Rail** - available to whoever needs it. No questions asked.

 Pond Lane, Redruth  
TR15 1BQ

 Bethel Community  
Church Redruth