



Friday 13th October 2023

Pennoweth News

Another week has flown by again here at Pennoweth. Once again, the staff have delivered a wealth of different exciting learning opportunities for our pupils throughout the week.

This week Reception have been reading the story "Full, Full, Full of Love" by Trish Cooke. The children have taken time to talk about our families and times that they might come together for a special meal just like in our story. Reception have loved talking about what the children enjoyed eating and decided to make some apple Crumble to taste.

The children visited the apple trees on site and helped to pick the apples. They then spent the morning peeling and cutting them up. In the afternoon, the children then followed the recipe and made the buttery crumble to put on top.

Finally, during story time, the children were able to enjoy the fruits of their labour. Most of the children really enjoyed their crumble and were asking for seconds. Well done Reception and thank you to the kitchen for helping us out.

Further across the school, Year Two have created scented playdough in their DT project. This created quite the storm in our Creative Lab and the children thoroughly enjoyed the experience. Following this, within their Science they spent time dissecting a flower. The children spent time naming and identifying the different parts of a plant and found that one of the flowers had over fifty petals!

Moving further up the school, Year Three and Four have spent time conducting further experiments linked to the digestive system. In addition, they have also been conducting some interesting and tasty research linked to their DT project in the form of some bread tasting! Yum Yum!

Finally, with Music being a focus so far this half term, it has been wonderful to see and hear the Year Fives and Sixes learning the ukelele. Over the past few weeks, the children have been fortunate to spend time

learning this with a music teacher and it looks like we may have some budding musicians! Well done Pennoweth!

Next week will be our final week of this half term. Make sure to attend the Reading workshops on Monday (9am and 5pm) if you are available! It will be an amazing event!

Our phase email addresses are:

eyfs@pennoweth.cornwall.sch.uk (for Nursery and Reception)

KS1@pennoweth.cornwall.sch.uk (for Years 1 and 2)

lowerKS2@pennoweth.cornwall.sch.uk (for Years 3 and 4)

upperKS2@pennoweth.cornwall.sch.uk (for Years 5 and 6)

Or contact: help@pennoweth.cornwall.sch.uk

School Lunches

**Week beginning
16/10/23 (Week 3 Choices)**

**Chartwells meal menu is
on the school website**



Dates for your diary

Friday 6th October

INSET day (School closed)

**Monday 23rd October—27th October
Half Term**

(Childrens first day back Monday 30th
October 2023)

Monday 20th November

Parent Meetings

Tuesday 21st November

Parent Meetings

Tuesday 5th December

EYFS and KS1 Winter Concert

Thursday 7th December

KS2 Winter Concert

Monday 11th December

EYFS and Keystage 1 Christingle
service @ Redruth Baptist Church

Tuesday 12th December

Morning

Upper Keystage 2 Christingle Service
@ Redruth Baptist Church

Afternoon

Lower Keystage 2 Christingle Service
@ Redruth Baptist Church

**Wednesday 20th December—Wednes-
day January 3rd) Winter Break**

(Childrens first day back 4th January
2024)


Our DNA

Everything we do in school is shaped by our Pennoweth DNA statements. Each week each phase team identifies one child who has done a fantastic job of demonstrating each strand of the DNA. Well done to all the children below.

We are safe.
We feel loved.
We take responsibility.
We are always learning.
We are ready.

Congratulations to our stars of the week from each class! Well done everyone!

Quality	Year R, Y1 and Y2	Year 3+4	Year 5+6
Safe	Ivy (Restormel) Alexis (Tintagel) Logan (Gwithian)	Charlie (Godrevy)	Tom (Geevor)
Loved	Alba (Porthcurno)	Olivia (Godrevy)	Rhys (Levant)
Responsible	Rogan (Restormel) Oscar (Newlyn)	Layla (Lizard)	Amelia B (Geevor)
Learning	Mia M (Porthcurno)	Harrison (Lizard)	Maddie (Poldark)
Ready	Miley (Mevagissey) Jago (Tintagel)	Jayden (Pendeen)	Amelia T (Poldark)

Pendennis Daily Awards	Tintagel Cowen
Restormel Lena	Porthcurno Luna
Gwithian Layla-Rose	Newlyn Esme T
Mevagissey Grace	Pendeen Natalya
Godrevy Kaydon	Lizard Jax
Levant Khian	Geevor Rose
Poldark Oliver	

Attendance

We aim for all our children to have at least 96% attendance throughout the year.

Overall attendance for this week was

93.4%

See below for the attendance for each class last week.

Pendennis	87.1%
Tintagel	95%
Restormal	98%
Porthcurno	83.2%
Gwithian	84.6%
Newlyn	96.4%
Mevagissey	94.5%
Pendeen	98.4%
Lizard	99.3%
Godrevy	94.1%
Levant	97.3%
Geevor	86.8%
Poldark	95.8%

Congratulations Lizard class!



Report from our Keystage One Gardening Club

We once again started our gardening session collecting the Tea bags from the staffroom and headed off to our gardening haven.

After tipping them into the compost bin we checked on our plants from the last few weeks. They are doing extremely well, but after the glorious weather we have had over the last few days, they were all looking very dry so we made sure they had a good drink and a long watering. Who would have thought October would be so sunny?

Next on the to do list was the planting. We had corn marigold and radish seeds to get into the ground ahead of the cold weather! It was safe to say that our fingers and hands were well composted as well as the seeds!

After that, some of us were very keen to go litter picking and we were surprised by how much rubbish we found! Lets make sure to look after the grounds everyone!

The rest of us had a look at an item that was found in the playground in the morning. We decided after a discussion that it looked like a bulb although other suggestions were a radish or an onion.

" It's got roots, so it must be a bulb" said Halle.

To find out what the mystery bulb is, we have decided to planted it and look forward to seeing what will happen.

Why don't you have a look at the photo. What do you think it could be?



Further Photographs from our Gardening Club



What a green-fingered bunch we have here at Pennoweth. We are incredibly lucky to have such amazing staff and children who are really invested in our eco curriculum! Amazing learning!

Special thanks to Mrs Mallaber for the photographs this week!

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.



4 EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



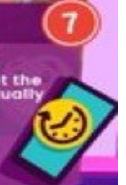
6 CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



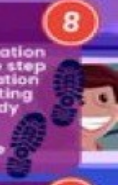
7 SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.



8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once; instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.



12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It's essential that children understand that they're not alone, and that help is available if and when they need it.



Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



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#WakeUpWednesday

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Further News and Announcements

FRIENDS OF PENNOWETH

SPOOKS and Sparkles DISCO

THURSDAY 19TH OCTOBER

Reception & KS1 straight from school-4.30

Collection from Gwithian/Porthcurno Classrooms

KS2 4.20-5.30

Dropoff to main reception

Collection from Gwithian/Porthcurno Classrooms

£3 a ticket

Includes a themed sweet
cone, packet of crisps,
drinks, tattoo's and glitter.

Please return permission slips and £3 in a named
envelope. Teachers will mark names on a class list.

Further News and Announcements

LOVE SCHOOL MEALS

NUTRITIOUS FOOD AND MEMORABLE EXPERIENCES



Save up to £457 with FREE school meals

AT CHARTWELLS, WE ARE PASSIONATE ABOUT ENCOURAGING AND ENABLING MORE CHILDREN TO MAKE HEALTHY CHOICES AND ENJOY A NUTRITIOUS SCHOOL MEAL TO GET THE MOST OUT OF THEIR DAY.

Chartwells' school meals have been lovingly created by a team of talented chefs and dedicated nutritionists making sure menus are packed with all the ingredients children need to grow strong and healthy.

Making a home-packed lunch for your child each day can be time-consuming and expensive. School meals can relieve some of this pressure by providing a hot, nutritious lunch for your child, every school day.



Chartwells
So much more than fantastic food

THE BENEFITS OF SCHOOL MEALS



MAKING CHILDREN HEALTHIER

Children having school meals are more likely to eat fruit and vegetables and drink water throughout the day.

BEHAVIOUR & CONCENTRATION

A healthy school meal helps children get the best from their learning.

THEY ARE FREE IN RECEPTION, YEAR 1 & YEAR 2

Speak to your school about signing your child up today!

TASTY THEME DAYS

Throughout the term, your child will get to experience delicious theme days where we bring excitement to the dining hall with new and inspiring choices such as our Space Adventure or Mid-Summer Mashup.

MAKING FOOD FUN

We want your children to have fun and the dining hall is a great place for them to enjoy themselves with friends whilst they learn about different types of food.

WE EDUCATE AND INSPIRE CHILDREN WITH OUR BEYOND THE CHARTWELLS' KITCHEN WORKSHOPS

Our menus are packed with familiar favourites such as cheese & tomato pizza, roast dinners and homely pies

FREQUENTLY ASKED QUESTIONS

WHAT IS INCLUDED IN A SCHOOL MEAL?

Every day, you can be assured that a school meal will offer:

- At least two portions of fruit and vegetables
- Dairy food items rich in calcium for strong bones and teeth
- Starchy carbohydrates to provide energy
- A protein source to support the body's growth and repair.

HOW DO I ORDER AND PAY FOR SCHOOL MEALS?

All children in the UK in Reception, Year 1 or Year 2 are entitled to a delicious hot meal or packed lunch for FREE.

From Year 3 (KS2), your child may still be eligible for free school meals, simply visit www.gov.uk/apply-free-school-meals to check.

Schools may have an online facility that allows you to order your children's meals. If your child is in KS2 and above, then the portal will allow you to order and pay for meals.

WHAT IF MY CHILD HAS AN ALLERGY OR SPECIAL DIET?

Our primary objective is to keep our pupils - your children - safe every day when enjoying their school meals.

We take allergies very seriously and, supported by our robust Medical Diet Policy, we've taken every step to ensure that as many children as possible living with food allergies and intolerance can eat safely at school with their friends.

To find out more please email: chartwells.meals@chartwells.co.uk

CAN A PACKED LUNCH BE PROVIDED INSTEAD OF A HOT MEAL?

Absolutely! Our packed lunches are made fresh each day and are designed to be both tasty and nutritious, ensuring that children enjoy a balanced and satisfying meal.

Chartwells
So much more than fantastic food

Further News and Announcements



NEW SCHOOL YEAR. NEW TERM. NEW CLASS - SO MANY EXCITING, NEW ADVENTURES TO LOOK FORWARD TO...

including our NEW autumn menu coming at the end of October; full of hearty, flavoursome recipes that will delight their tastebuds and ensure little tummies are full of nutritional goodness.

On top of that, our Theme Days are guaranteed to bring that extra little foodie fun throughout the term too.



[See Theme Day menus](#)



BEE THANKFUL

IT'S THE END OF THE SUMMER AND TIME TO 'BEE THANKFUL'.

Working with our friends, the Bumblebee Conservation Trust, our 'Bee Thankful' campaign celebrates the humble bumblebee, highlighting their hard work in pollinating many ingredients on our plates.

With educational posters and a special September menu created by Junior Bake Off judge and CBBC presenter Allegra McEvedy, the children will be buzzing with excitement.



ALL CHILDREN CAN ENJOY A FREE SCHOOL MEAL IN RECEPTION, YEAR 1 AND YEAR 2 - SAVING YOU UP TO £457 A YEAR!

Make sure you sign up with your school. Children in Years 3 - 6 may also be able to enjoy free school meals.

IS YOUR CHILD ENTITLED TO A FREE SCHOOL MEAL?

[Check if you're eligible here](#)

Further News and Announcements

SCIENCE AND ARTS ACTIVITY DAY

For girls in Year 6

Dark Room Photography | Forensic Science Mystery | Explosive Science Experiments




TRURO HIGH SCHOOL
Where Girls Thrive

Sat 25 November 9.30 - 3.30
Sign up in advance. Spaces limited.

registrar@trurohigh.co.uk | 01872 242903

Further News and Announcements

THE
WRITERS'
BLOCK

AFTER SCHOOL CLUB FOR 7-11S

Join The Writers' Block new afterschool club for KS2 Children!



This 6 week after school club provides space for children to explore their creativity, discover their talents and have a great time! We will guide children to create their own stories through a mixture of **writing, drama, music and making** at our immersive and inspiring space.

When: 4.15-5.30pm Thursdays 2 November - 7 December

Where: The Writers' Block, The Ladder
2-4 Clinton Road
Redruth, TR15 2QE

To book: First Session FREE. Then £10/£15 for all the 5 remaining sessions.
Booking essential: www.thewritersblock.org.uk/events

Further News and Announcements

Get into Teaching



Join us at our first online information session

on 31st October 2023 6-7pm

Primary Routes (3-7 & 5-11)

hello@kernowteaching.co.uk

www.kernowteaching.co.uk



Kernow Initial
Teacher Education



Bag2School

Pennoweth Schools collection is Wednesday 18th October.

Having a sort out?

It can help to raise money for the PTA.

Last time we raised £145 just by donating unused items.



Please bring any donations to school the morning of the 18th and pop in the bike store.

We accept the following 'good quality' items for RE-USE*:	We DO NOT accept:
<ul style="list-style-type: none">• Men's, Ladies', and Children's clothing• Paired shoes (tied together or elastic band around)• Handbags, Bags, Hats, Scarves, and ties• Jewellery• Lingerie, socks, and belts• Soft toys• Household linen, curtains, towels, and bedding	<ul style="list-style-type: none">• Duvets and blankets• Pillows and cushions• Carpets, rugs, and mats (including bath, shower, and toilet mats)• Soiled, painted, ripped, or wet clothing• School uniforms with and without logo• Corporate clothing and workwear• Textile off cuts, yarns, or threaded material

Further News and Announcements

LOWENDER CELTIC FESTIVAL

KIDS
GO
FREE!

CELEBRATE CORNISH
CULTURE AND OUR
CELTIC CONNECTIONS!

26 – 29 OCTOBER
REDRUTH TOWN CENTRE
AND REDRUTH SCHOOL



CREATIVE
KERNOW



Supported using public funding by
ARTS COUNCIL
ENGLAND




European Union
European Structural
and Investment Funds



Funded by
UK Government



Further News and Announcements



CORNWALL COUNCIL
one and all - oves hag all


Together for Families

The deadline for applications is **31 October 2023**

Transfer to secondary school

September 2024

Applying for a place in year seven at a secondary school



Information and guidance

Website and application form: www.cornwall.gov.uk/admissions
Email: schooladmissions@cornwall.gov.uk
Post: School Admissions Team, County Hall, Truro, TR1 3AY
Telephone: 0300 1234 101

www.cornwall.gov.uk/admissions



Applying for a secondary school place for September 2024

Special Educational Needs

If an Education, Health and Care (EHC) Plan has been issued for your child you do not need to complete an application form. Please contact the Statutory SEN Service for more information: Tel: 01872 324242 Email: statutorysen@cornwall.gov.uk

- ### 1 Decide on your preferred schools

You are strongly advised to name **three** preferences on the application form. **Naming a second or third preference does not give you any less chance of getting a place at your preferred school.** When making your decision you should...

 - ...think about **how your child will get to school.** Go to www.cornwall.gov.uk/schooltransport for more information on whether your child would be entitled to home to school travel assistance.
 - ...look at the **admission arrangements** on our website that will be used to allocate places for each school.
 - ...consider naming your **nearest or designated school** as one of your preferences. You can find your nearest or designated school on our website.
 - ...look at the detailed **admissions information** on our website, also available on request.
- ### 2 Submit your application by 31 October 2023

Apply online at www.cornwall.gov.uk/admissions
- ### 3 Wait to find out which school you have been allocated

If you applied on time you will be notified of your allocation on **National Offer Day: 1 March 2024. Apply on time!** Late applications will only be dealt with after National Offer Day and there may not be any places left at your preferred schools.