



Friday 30th June 2023



Pennoweth News

This week has been filled with visits and visitors! KS1 started the week with a very informative visit from a Royal Navy Weather Forecaster. The whole school was treated to a special Cornish Speaking Singing Assembly on Tuesday—ask your child which Cornish words they learned! Nursery boarded a coach for a fun day at soft play as part of their 'How high can I jump?' topic on Wednesday and yesterday Year 5 pupils enjoyed the surf and sunshine on Gwithian beach!

Year 5 pupils have had an amazing week camping on the Isles of Scilly including ice cream making, tractor rides, watching gig racing and visits from the island police and coastguards. We can't wait for them to return to school to tell us all about their adventures—look out for photos and more information in next week's newsletter.

On Thursday 6th July, there will be a change of menu to steak or cheese and onion pasties (jacket potatoes and tomato pasta also available) and we hope to be able to have this lunch picnic style outside—fingers crossed for sunshine! Dessert will be ice cream (or frozen smoothies for pupils with dietary needs).

Congratulations to Freddie who has achieved his summer 2 reading target already and well done to Year 6 who have worked really hard this week preparing for their performance—we can't wait to watch it!

Don't forget it is also the PTA's summer disco next Thursday. If you would like your child to attend, please send in £3 in a named envelope to your child's class.

Have a wonderful weekend. See you on Monday!

Our phase email addresses are:

eyfs@pennoweth.cornwall.sch.uk (for Nursery and Reception)

KS1@pennoweth.cornwall.sch.uk (for Years 1 and 2)

lowerKS2@pennoweth.cornwall.sch.uk (for Years 3 and 4)

upperKS2@pennoweth.cornwall.sch.uk (for Years 5 and 6)

Or contact: help@pennoweth.cornwall.sch.uk

School Lunches

Week 3

W/C 30th June

Menu available on the
school website



Dates for your diary

*See page 3
for a detailed list
of diary dates
for this term*








Character Qualities

This year we will be changing the 4 key characteristics we are on the look out for every term. For Summer, we are looking for children who are demonstrating the characteristics of being:

Inclusive
Helpful
Resilient
Inventive

We also have our Stars of the Week, who have been classroom superstars and DNA Champions for each phase.

Quality	Children Spotted in R, Y1 and Y2	Children Spotted in Y3, Y4, Y5 and Y6
Inclusive 	Porthcurno: Maisie Gwithian: Lyra-Rose Marazion: Lily D	Newlyn: Nicola Mevagissey: Abi Porthleven: Willian Lizard: Oskar Pendeen: Riley Godrevy: Henry
Helpful 	Porthcurno: Jack Gwithian: Rubi Marazion: Jayden	Newlyn: Harrison Mevagissey: Elodie Porthleven: Jaxon Lizard: Maddie Pendeen: Annabella Godrevy: Bea
Resilient 	Porthcurno: Riley Gwithian: Elias Marazion: Noah	Newlyn: Larkin Mevagissey: Oli Porthleven: Lucas Lizard: Lucia Pendeen: Harry Godrevy: Ashton
Inventive 	Porthcurno: Imogen Gwithian: Alexi Marazion: Elden	Newlyn: Kairi Mevagissey: Olivia W Porthleven: Blaise Lizard: Theo Pendeen: George Godrevy: Reade
	Restormel: Logan & Kotryna Tintagel: Maria & Alba Porthcurno: Molly Gwithian: Arianna Marazion: Maisie	Newlyn: Emillie Mevagissey: Eleanor Porthleven: Kingsley Lizard: Kizzy Pendeen: Sofia Godrevy: Isabelle

We are safe champions: KS1: Olivia, LKS2: Tom, UKS2: Amelia G

We feel loved champions: KS1: Massen T, LKS2: Dexter, UKS2: Mikolaj

We take responsibility champions: KS1: Michelle, LKS2: Tiana, UKS2: Ethan

We are always learning champions: Restormel: Georgie, Tintagel: Aija, KS1: Halle, LKS2: Poppy, UKS2: Alex

We are ready champions: KS1 Isla, LKS2: Summer, UKS2: Fletcher

Diary Dates—Summer term 2023 *updated*

1/7 Nursery Stay and Play

3/7 & 4/7 - Y6 Performance

6/7 Trust Council summit meeting (at Pennoweth)

6/7 Disco

10/7 New class lists released

10/7 Summer singing concert (KS2) 2.15 and 5pm **new date**

11/7 & 12/7 Redruth School Transition day

12/7 Pennoweth Transition day

13/7 Redruth Library Summer Reading Challenge Assembly

13/7 Y6 Leavers Celebration Event

14/7 Will Keating music workshops

14/7 Summer Fair

17/7 End of year reports

19/7 Guitar performances

Week beginning 17/7 Tribal week

18/7 Sports Day (FS/KS1 10am, KS2 1.30pm)

20/7 EYFS Portreath Beach visit

21/7 Last Day of Term

24/7 & 25/7 Inset Days—school closed to pupils

Attendance

We aim for all our children to have at least 96% attendance throughout the year.

Overall attendance for last week was 90.1%.

See below for the attendance for each class last week.

Porthcurno	69%
Pendennis	81.8%
Gwithian	84.8%
Mevagissey	88.6%
Restormel	91.7%
Lizard	92.3%
Tintagel	92.5%
Marazion	94.3%
Pendeen	95%
Newlyn	95.5%
Porthleven	96.5%
Godrevy	97.9%

Congratulations Godrevy!





Free

Pennoweth Nursery

Stay and Play

Do you have a child aged 2 - 5yrs?

Why not come and spend a few hours in a safe environment exploring lots of different fun activities with your child.

Come and enjoy the messy play or relax under the shade of the trees reading a book together it's up to you.

Staff will be here to support and talk about all your child care needs.

Saturday 1st July 10.00am—12.00pm

Activities

Inside and outdoor play

Arts and crafts

Water and sand

Minibeast exploring

Den building

Refreshments

**Everyone is
welcome**

and its all free.

No need to book.



For more information contact:

Pennoweth Primary and Nursery School

Drump Road, Redruth, TR15 1NA

Telephone: 01209 215671

Email: pennowetheyfs@croftymat.org





FRIENDS OF PENNOWETH

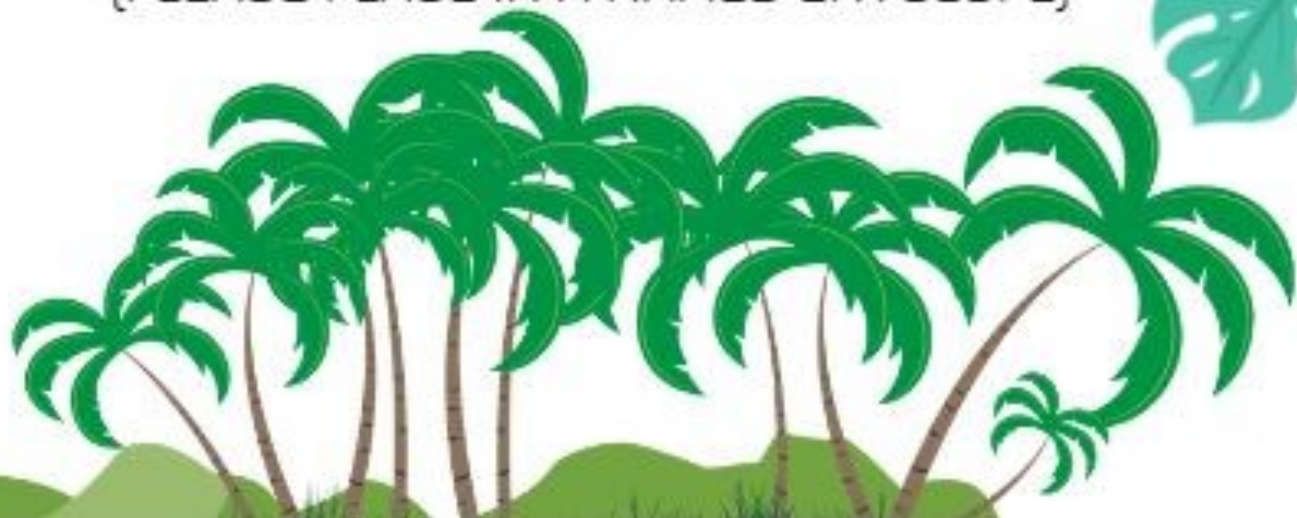
SUMMER Discos

RECEPTION & KS1 3.30-4.30
COLLECTION FROM CLASSROOMS INSIDE
SCHOOL GATE

KS2 DROPOFF 4.20-5.30
DROPOFF IN NURSERY PLAYGROUND.
COLLECTION FROM CLASSROOMS
INSIDE SCHOOL GATE

£3 PER TICKET

INCLUDES A PACK OF SWEETS, CRISPS,
DRINKS, TATTOOS, GLITTER & A GARLAND
(PLEASE PLACE IN A NAMED ENVELOPE)



Diary of a ks1 gardening club...part 2 Monday 26th June

Lots of very excited chatter could be heard today as we got ourselves ready as we were all very excited to empty the last two bags of potatoes. Would there be more? Would they be bigger?

We didn't have long to wait as this was our 1st job. We counted 52 potatoes

and although that was not as many as last week, there were quite a few bigger ones.

"wow, look at this big one" said a very excited gardener....and it was a child not Mrs.Mallaber!

Lilly moved on to counting 56 Tea bags before putting them into the composter along with a selection of other food waste as the composter needs variety.

As some of us started watering, a few of us planted some tomato plants into pots outside and then we all replanted one to take home. Some of us were a little confused as Mrs.Mallaber called them cherry tomatoes and we thought she meant they would grow cherries , not tomatoes but she explained they will be a tiny tomato.

"I don't like tomatoes" could be heard from a few but we agreed to take the plant home and care for it as someone at home may like them.

Last job outside was to litter pick and Harper was amazed to find 10 pieces of rubbish in one area! We noticed that the Dianthus plant has got a bud so we are all excited to see what colour it will be when it opens.

As we walked in to wash our hands we discussed what we did with the potatoes last week.

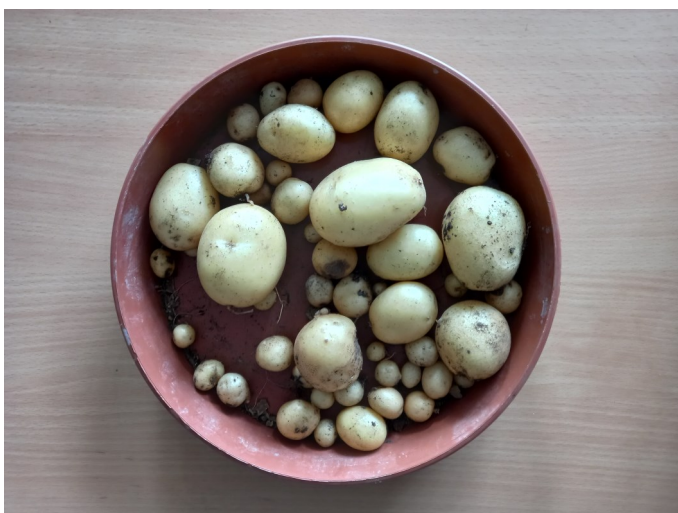
Harper and Harriet told us about their yummy roast potatoes .

Imogen said she had potato soup.

Tabetha described her mash potato as tasty like clouds because they were really soft.

"I had mine in a pasta salad" explained Georgie

It's been another busy week.



AGES
4-16

TENNIS SUMMER sessions REDRUTH TENNIS CLUB



AN OPPORTUNITY FOR KIDS TO HAVE FUN,
PLAY AND MAKE NEW FRIENDS!

BOOK
NOW!!

REGISTER ONLINE:
WWW.ASHLEYDUKETENNIS.COM

DATES AND TIMES

WEDNESDAY 26TH JULY
WEDNESDAY 2ND AUGUST
WEDNESDAY 9TH AUGUST
WEDNESDAY 16TH AUGUST
WEDNESDAY 23RD AUGUST
WEDNESDAY 30TH AUGUST



4 TO 7 YEARS - 9AM TO 10AM - MEMBERS: £4 PER SESSION - NON MEMBERS £5 PER SESSION
8 TO 16 YEARS - 10AM TO 1PM - MEMBERS: £12 PER SESSION - NON MEMBERS £15 PER SESSION

REDRUTH TENNIS CLUB, TREVINGEY ROAD, REDRUTH, TR15 3DQ

For more information contact : info@ashleyduketennis.com

50 Over
SHOWCASE
GAME

CORNWALL VS SOMERSET

Truro Cricket Club

August 1st

11am

Adults £15

Under 16's £5

£5 Car Parking
payable on the day



<https://booking.ecb.co.uk/d/m0q4nx>

www.cornwallcricket.co.uk



The Mental Health Support Team invites you to register your interest in ...

SPACE - Supporting Parents and Children Emotionally

SPACE is a new **free** programme for **any parent** who wants to better understand and support their children's emotions, as well as their own. Alongside the parent sessions we will run the children's programme, which is for a **year 5 or 6 child of an attending parent, so apologies, but only one child per parent**. Each session will last for 2 hours. The sessions will run concurrently as a parent group and a children's group at Redruth Community Centre.

This 5-session programme will cover:

- Managing different emotions
- Healthy coping strategies for dealing with stress
- Understanding what is meant by a Trauma Informed approach
- Understanding toxic stress and the flight/fight response
- Practical approaches to support children to regulate their emotions
- Understanding behaviour
- Building resilience in parents and children
- Adopting appropriate expectations of children
- Enhancing the parents' ability to provide nurturing care

SPACE will run as a small supportive group of 12 – 15 participants and will be facilitated by Education Mental Health Practitioners: Heather, Roma, Zoe, Sarah, Lindsay and Ross.

Where: Redruth Community Centre, TR15 1AN	
Intro Call (20 mins approx.)	From 10 th July till 14 th July
Session 1	Mon 31 st July 10-12
Session 2	Wed 2 nd Aug 10-12
Session 3	Mon 7 th Aug 10-12
Session 4	Wed 9 th Aug 10-12
Session 5	Mon 14 th Aug 10-12

To request a place please email: Cft.kerriermhst@nhs.net
Putting SPACE and your child's school name as the subject, and responding **by 5pm Monday 5th June**, thank-you. Places are limited, so please book quickly to avoid disappointment.

Commitment to all 5 sessions of the programme is expected.

What Parents & Carers Need to Know about

PETS

AMINO

AGE RESTRICTION
12+

WHAT ARE THE RISKS?

MODERATION GAPS

Amino has a 12+ classification in the App Store and a 'Teen' rating on Google Play. However, certain communities on the platform have little to no moderation in place – increasing the potential for more adult-themed content to reach young users. It's also possible to create an account without proof of age, raising the possibility of even younger children finding their way onto the platform.

UNSAFE CONTENT

The central concept behind Amino is for users to share content, then make and receive comments on these uploads. The level of anonymity that the platform offers (someone's true identity can be completely obscured behind their username, for instance) means that it would be extremely difficult to stop suggestive or outright predatory comments and messages being sent to young people.

INAPPROPRIATE IMAGES

Like most social media, Amino offers easy sharing of images. Its community guidelines state that any suggestive photos of under-18s will be removed immediately, but of course this doesn't prevent inappropriate pictures being seen by a young person. Not all of Amino's communities are rigorously moderated, so there's a chance that some unsuitable images could temporarily evade detection.

Amino is a social media platform offering a large group of subcommunities under one digital 'roof'; it was envisaged as the online version of a convention, where fans gather to celebrate a shared interest like comic books or sci-fi, for example. While many such platforms are harmless spaces for devotees of a certain TV show or video game to congregate, there are still some aspects that trusted adults should be aware of. With a focus on sharing user-generated content, the idea of Amino is for users to communicate with like-minded individuals – but even that can create plenty of hazards.

COMICS & COSPLAY

MUSIC

MEMBERSHIP COSTS

Amino+ is a premium membership for the platform, offering a bevy of customisation options such as stickers, 'moods' to display and an exclusive profile badge. Users can also purchase one-off cosmetic items including different styles of chat bubble or profile frames. If your child has payment methods available via their device, they could potentially make these in-app purchases without you realising.

REPEATED USAGE

As a social media app, Amino is focused on keeping its communities engaged and coming back for more. Part of this approach is encouraging people to build up 'streaks', as users are awarded 'reputation points' for logging in regularly. This type of mechanism, of course, always carries the risk of young people feeling a compulsion to repeatedly check in with the app, further increasing their screen time.

Advice for Parents & Carers

TALK ABOUT IT

If your child is old enough and chooses to download and use Amino, it's probably wise to remind them of some online safety basics – such as how not everyone in the digital world is who they claim to be, for example, or not to give out personal information online. It might also be a good idea to go into the app's settings and disable incoming chat requests from users that your child doesn't know.

STAY UPDATED

Ensure that your child knows to report any upsetting or worrying online content they might see to you. As much as possible, try to stay aware of which communities they're joining on Amino. Most of these areas are well moderated and full of innocent conversation about common interests, but on any platform of this breadth, there's always the potential for chats to veer off into potentially harmful places.

MEMBERSHIP MEDIATION

If your child asks for an Amino+ membership but you're not entirely comfortable with that, be prepared to explain your decision in depth. Young people's sense of injustice can naturally become inflamed when their friends have things that they don't. Parents of older teens, meanwhile, might actually decide to agree to the membership request but continue to monitor their child's activity on the app.

MONITOR SCREEN TIME

If you haven't already, you might want to consider setting up controls such as Family Sharing (on iOS devices) or Family Link (on Android) so, from your own device, you can keep an eye on how much screen time your child is having – and what apps they're spending it on. This can be extremely useful with regard to platforms such as Amino, which can be quite addictive and reward repeated use.

Meet Our Expert

Lloyd Coombes is Editor in Chief of gaming and esports site GOREcon and has worked in the gaming media for around four years. A regular visitor to the App Store to try out new tools, he's also a parent who understands the value of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including IGN and TechRadar.



NOS National Online Safety

#WakeUpWednesday

Source: <https://www.dailyrecord.co.uk/news/scottish-news/mum-horrified-after-daughter-10-18773339>

@natonlinesafety

/NationalOnlineSafety

@nationalonlinesafety

@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 26.06.2023

WARM SPACES REDRUTH

Mondays

St Andrews Church 8am – 9.30am free breakfast. 9.30am – 12.30pm, Drop in refreshments and a foodbank

Tuesdays

Bethel Green Community Larder 2 – 4pm, Pond Lane Redruth, 1 bag per household

Wednesdays

Redruth Baptist Church, soup and a roll plus free food 11 -12.30pm

The Salvation Army, Middletons Row: 10am-1pm free breakfast and refreshments, help and signposting, includes Transformation CPR foodbank 10am-12pm

Gwealan Tops, School Lane, free teatime family meals, 5 – 6pm, booking required via manager@gwealantops.org Wednesdays (11th Jan, 18th Jan, 25th Jan, 1st Feb, 8th Feb)

Fridays

Salvation Army, Middleton Row, 10am – 12pm free hot drinks and a space to safely talk about mental health



For more information: discoverredruth.co.uk



WARM SPACES REDRUTH



Tuesdays and Saturdays

The Church of Jesus Christ of Latter-Day Saints, Mount Ambrose, 11am – 3pm free food and drink, Wi-Fi and people to chat to

Food Troops

Victoria Park next to the Bowling Club/Children's Playground

- First Monday of the month: kids cooking and nature crafts 10am - 12pm
- Every Monday 12pm - 2pm: Community Fridge open for surplus food rescue
- Every Tuesday 12-2pm: Community fridge open and gardening club with hot food for volunteers / visitors. We are run by volunteers, so we ask you to Pay-or-contribute as-you-feel where possible.
- No booking needed just drop in, open to all

Everyday

Cornwall Neighbourhood for Change, The Elms, Green Lane 9am -4pm. Open everyday for people to visit a safe, warm and friendly environment on their own, or with a friend, and talk to others over a free hot drink or maybe a free hot meal. They can enjoy activities or can be helped to access specialist advice and support with housing, energy bills and job-seeking. Running until March 2023

Redruth Library, Alma Place Monday – Saturday 9.30 – 5pm (9.30 – 1pm Saturdays) a welcome warm space, access to group activities and a winter wellness guide. With staff available to advise on what support and services there are

