



Friday 26th May 2023



Pennoweth News

From our smallest children to our biggest, I have been very proud this week to see so many of our children exemplifying the DNA in everything they do, from keeping each other safe in the playground to making others feel loved with kindness and positivity.

Year 5 and 6 have shown responsibility and readiness as they have travelled by train to visit Truro Museum. The children I spoke to have certainly been inspired by their Pharaohs project this term and were very excited about exploring the Ancient Egyptian artefacts, meeting an authentic Egyptian mummy and even getting involved in the embalming process!

Our Reception classes have been learning all about minibeasts in their Creep, Crawl and Wriggle topic this term and celebrated with a minibeast trail, making bug crowns and delicious fruit kebabs to eat at their bug banquet!

This week it was Year 3's turn for camp! Read about their exciting trip to Porthpean later in the newsletter.

Thank you to the parents who joined us for the Reception OPAL play session today. Another lovely afternoon in the sunshine! It is a pleasure to be able to share how we are developing our playtime experiences for your children. We are looking forward to our final session next term for Year 3 and 4 parents. Don't forget to sign up here: tiny.cc/pennowethplay.

Congratulations to Lyra, Jamie, Zakary and Harper (Gwithian) and Isla and Tiana (Newlyn) for achieving their summer 1 reading target. Lots of our children have shared exciting football achievements this week including tournament wins and end of season trophies. Well done superstars!

Updates from Mrs Andrews regarding the school day and uniform can be found later in the newsletter.

Finally, have a lovely half term and we will look forward to seeing you back at school on Monday 5th June. Please stay safe in the sun!

Our phase email addresses are:

eyfs@pennoweth.cornwall.sch.uk (for Nursery and Reception)

KS1@pennoweth.cornwall.sch.uk (for Years 1 and 2)

lowerKS2@pennoweth.cornwall.sch.uk (for Years 3 and 4)

upperKS2@pennoweth.cornwall.sch.uk (for Years 5 and 6)

Or contact: help@pennoweth.cornwall.sch.uk

School Lunches

Week 1

w/b 5th June

New menu (posted to the school website)



Dates for your diary

w/c 29th May

Half Term

Monday 5th June 9am
and 5pm

Y4 Parent MTC Meeting

Wednesday 7th-Friday 9th
June

Year 6 London Trip

Friday 16th June

Y3/4 OPAL Parents Stay
and Play session

Monday 19th June

Reception + KS1 Singing
Concert

Tuesday 20th June






KS2 Singing Concert



Character Qualities

This year we change the 4 key Characteristics we are on the look out for every term. For Summer, we are looking for children who are demonstrating the characteristics of being:

Inclusive
Helpful
Resilient
Inventive

Quality	Children Spotted in R, Y1 and Y2	Children Spotted in Y3, Y4, Y5 and Y6
Inclusive 	Porthcurno: Miley Gwithian: Nylah Marazion: Lily R	Newlyn: Bella Mevagissey: Izzy Porthleven: Poppy Lizard: Ivy Pendeen: TJ Godrevy: Iesha
Helpful 	Porthcurno: Esme L Gwithian: Ruby Marazion: Harriet	Newlyn: Kaydon Mevagissey: Oli Porthleven: Blaise Lizard: Lily Pendeen: Travis Godrevy: Israel
Resilient 	Porthcurno: Mason Gwithian: Tom Marazion: Oscar	Newlyn: Emillie Mevagissey: Aela Porthleven: Hunter Lizard: Theo Pendeen: Anabella Godrevy: Ben
Inventive 	Porthcurno: Seb Gwithian: Mason TA Marazion: Maisie	Newlyn: Cory Mevagissey: Troy Porthleven: Wyatt Lizard: Shakira Pendeen: Rose Godrevy: Jack
	Restormel: Maya Tintagel: Taylor & Solomon Porthcurno: Freddie Gwithian: Connie Marazion: Albie	Newlyn: Emmie Mevagissey: Lilly Beth Porthleven: Reese Lizard: Lucia Pendeen: Freya Godrevy: Ethan

We are safe Champions: KS1: Ezra, LKS2: Daniel, UKS2: Jacob

We feel loved Champions: KS1: Thomas, LKS2: Mason, UKS2: Walter

We take responsibility champions: KS1: Aliza, LKS2: Elsie, UKS2: Tilly

We are always learning champions: KS1: Alexi, LKS2: Harry, UKS2: Daniel

We are ready Champions: Restormel: Layla, Tintagel: Neve, KS1: Massen, LKS2: Gabriele, UKS2: Ava

We also have our Stars of the Week, who have been Classroom superstars and DNA Champions for each phase.

Attendance

We aim for all our children to have at least 96% attendance throughout the year.

Overall attendance for last week was 94.4%.

See below for the attendance for each class last week.

Godrevy	91.3%
Porthleven	93.2%
Gwithian	93.3%
Pendennis	93.5%
Mevagissey	93.6%
Newlyn	94%
Porthcurno	94.2%
Lizard	95%
Tintagel	95.4%
Pendeen	95.9%
Restormal	96.1%
Marazion	97.9%

Congratulations Marazion!

Year 3 Porthpean Camp

What a fantastic two days on year 3 camp. We have faced our fears by attacking climbing walls, shown amazing bravery on the high ropes, wobbly bridge and making a staggeringly high leap of faith!

Then, in the evening, whilst overlooking the beautiful St Austell Bay, we played a fierce battle of laser tag which ended in a draw then boogied away in a silent disco (whilst munching on our sweets).

This morning, we were on the shimmering water by 8:30am and were either paddle boarding or kayaking. All of the children should be incredibly proud of themselves as each and every one conquered some fears!

The children were such a credit to us all and were a joy to be around.



School Uniform update

In response to parent requests, we can confirm that summer dresses will form part of the new uniform. Please see below for full details of the new uniform (this is from September 23, please note that this uniform is not compulsory until September 24 to enable a year's transition period).

Standard uniform

- A black 'TeamPennoweth' hoodie (the one that is currently worn for PE sessions) or a black Pennoweth sweatshirt or cardigan (with Pennoweth logo)
- Black or dark grey 'bottoms' (trousers, shorts or skirts) or pinafore dress. A blue and white checked summer dress can be worn.
- Black plain trainers or school shoes
- Plain white polo shirt

Grey, black or white socks or black or grey tights

PE / Sports uniform (only to be worn on PE day)

- The black hoodie should be worn
- Children can wear plain grey or black joggers / leggings or sports shorts

Children to preferably wear a polo shirt in the colour of their tribe. Logo / tribe names can be worn on the sports polo shirts but this is not necessary; plain coloured polo shirts can be worn. Alternatively, a white polo shirt can be worn

We will write again after the half term break regarding the free hoodie or jumper or cardigan that will be provided for each child.

School Day Consultation

Following the consultation period on the proposed changes to the school day from September 2023, we can now confirm that the changes as outlined below will take place:

Current Registration Time	08:50
Current Close Time	15:10

School hours from September 2023

Registration Time	08:45
Close Time	15:15

School gates will still open at 8.30am and classroom doors will open at 8.40am.

Reason for the extension proposals:

The opening times will ensure that the school meets the Government's expectations of all schools being open to all children for a minimum of 32.5 hours per week as from September 2023. This is new legislation from the Government. The change will apply to all year groups (Reception - Year 6).

The length and timings of breaks and lunches will remain the same.



Diary of a ks1 gardening club...part 2 Monday 22nd May



Wellies on, resources collected and off we go!

First job today was to plant sweetcorn seeds that Harriet had excitedly brought in and some cabbage seedlings that had been kindly given to us by Mrs.Shami's parents. We had to be very careful as they were tiny and delicate but it gave us chance to use a new tool. A dibber.

Imogen was very excited to independently plant her apple pip that she had found and saved from snacktime. Lilly put the tea bags in the composter with some help from friends and they counted 29.

After that we added some forget me not plants to our flower area where the gladioli's and sunflowers are beginning to grow much taller. We also had some sunflowers to plant that Mrs Barnaby had given to us.Mrs.Mallaber kept saying they needed stakes and we got a little confused between steaks and stakes!

Then it was onto planting cucumber plants and French bean plants into the tyres. Mrs.Mallaber had been kindly given these plants by a friend. People are so kind.

Whilst some of us found time to litter pick, a few of us planted a chive plant ,that again had been kindly donated. It has a beautiful pink flower but the plant can be used in cooking as all parts of the plant are edible. The chive's green foliage has a mild onion flavor making them a great addition to salads, scrambled eggs, and garnish. The purple blossoms are a colorful edible decoration that adds a light onion flavor.

Just before it was time to go home we watered all of the plants inside the tunnel and outside and we talked about the new waterbutt that Mrs.Mallaber got from South West water. At the moment it doesn't have much water in it as, thankfully, we haven't had much rain, but when it does rain we will collect the water to use for watering the plants. Rain water is far better for your plants than tap water because it does not contain any of the minerals that are often found in tap water and its good to collect the valuable rainwater that would normally disappear down the drain. Not that I'm wishing for rain anytime soon!





The Mental Health Support Team invites you to register your interest in ...

SPACE - Supporting Parents and Children Emotionally

SPACE is a new **free** programme for **any parent** who wants to better understand and support their children's emotions, as well as their own. Alongside the parent sessions we will run the children's programme, which is for a **year 5 or 6 child of an attending parent, so apologies, but only one child per parent**. Each session will last for 2 hours. The sessions will run concurrently as a parent group and a children's group at Redruth Community Centre.

This 5-session programme will cover:

- Managing different emotions
- Healthy coping strategies for dealing with stress
- Understanding what is meant by a Trauma Informed approach
- Understanding toxic stress and the flight/fight response
- Practical approaches to support children to regulate their emotions
- Understanding behaviour
- Building resilience in parents and children
- Adopting appropriate expectations of children
- Enhancing the parents' ability to provide nurturing care

SPACE will run as a small supportive group of 12 – 15 participants and will be facilitated by Education Mental Health Practitioners: Heather, Roma, Zoe, Sarah, Lindsay and Ross.

Where: Redruth Community Centre, TR15 1AN	
Intro Call (20 mins approx.)	From 10th th July till 14 th July
Session 1	Mon 31 st July 10-12
Session 2	Wed 2 nd Aug 10-12
Session 3	Mon 7 th Aug 10-12
Session 4	Wed 9 th Aug 10-12
Session 5	Mon 14 th Aug 10-12

To request a place please email: Cft.kerriermhst@nhs.net
Putting SPACE and your child's school name as the subject, and responding by **5pm Monday 5th June**, thank-you. Places are limited, so please book quickly to avoid disappointment.

Commitment to all 5 sessions of the programme is expected.

WE ARE CLOSED ON SAT
27 MAY & SAT 3 JUNE



HALF TERM HOLIDAYS

TUES 30 MAY-FRI 2 JUNE

11AM - 4PM

FREE LUNCHTIME MEAL
Please bring your own
water/drinks bottle



Children must be registered
and NEW USERS must attend an
induction visit which can be
booked at

manager@gwealantops.org



BIG
LOTTERY
FUND

NATIONAL
LOTTERY FUNDED



Cubs in the Wild for
parents/carers & under
6s Tuesday morning
Contact donna@gwealantops.org
to book

Dance Club
Thursdays
Contact
kerry@gwealantops.org
to book

Free
Community
Family Meals
Wednesdays
4.30-6pm

Contact
manager@gwealantops.org
to book

OPENING TIMES
TUES 18 APR - FRI 21 JULY

Term time free drop in
adventure play sessions
for 7-16 year olds
Tuesday to Friday
3.15-6pm and
Saturday 12-4pm



ALL children must be registered
NEW USERS need to arrange an
induction session
See www.gwealantops.org
for more info

Youth Club
Free for 13s & overs
Just drop in Fridays, 6-7.30pm

May Half Term
Tues 30 May - Fri 2 June
11am-4pm
7-16 year olds



www.gwealantops.org
01209 697 717

DO YOU HAVE WHAT IT TAKES?

TRYOUTS FOR WEST COAST CHEER SEASON 3

West Coast Academy competition cheerleading teams are hosting tryouts for next season. Tryout workshops are being hosted during July, where you will get a taste of what skills it takes to be on a cheer team. Team tryouts will take place in August.

	Sparks - Juniors		Heat - Seniors	
Date	Start	Finish	Start	Finish
06/07/2023	4.00pm	6.00pm	6.00pm	8.00pm
13/07/2023	4.00pm	6.00pm	6.00pm	8.00pm
20/07/2023	4.00pm	6.00pm	6.00pm	8.00pm
27/07/2023	4.00pm	6.00pm	6.00pm	8.00pm

Book in for the workshops by heading to the portal accessed through our website.

www.westcoastacademy.co.uk

We're coming for the crown



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ADVANCED DEVELOPMENT CENTRE GIRLS OPEN TRIALS



SCAN ME

U10 | U11 | U12

Thursday 10th August
Launceston College 3G
PL15 9HH



ARGYLE
COMMUNITY
TRUST

WARM SPACES REDRUTH

Mondays

St Andrews Church 8am – 9.30am
free breakfast. 9.30am – 12.30pm,
Drop in refreshments and a foodbank

Tuesdays

Bethel Green Community Larder 2 –
4pm, Pond Lane Redruth, 1 bag per
household

Wednesdays

Redruth Baptist Church, soup and a
roll plus free food 11 -12.30pm

The Salvation Army, Middletons Row:
10am-1pm free breakfast and
refreshments, help and signposting,
includes Transformation CPR
foodbank 10am-12pm

Gwealan Tops, School Lane, free
teatime family meals, 5 – 6pm,
booking required via
manager@gwealantops.org
Wednesdays (11th Jan, 18th Jan, 25th
Jan, 1st Feb, 8th Feb)

Fridays

Salvation Army, Middleton Row, 10am
– 12pm free hot drinks and a space to
safely talk about mental health



For more information: discoverredruth.co.uk



WARM SPACES REDRUTH



Tuesdays and Saturdays

The Church of Jesus Christ of Latter-Day Saints, Mount Ambrose, 11am – 3pm free food and drink, Wi-Fi and people to chat to

Food Troops

Victoria Park next to the Bowling Club/Children's Playground

- First Monday of the month: kids cooking and nature crafts 10am - 12pm
- Every Monday 12pm - 2pm: Community Fridge open for surplus food rescue
- Every Tuesday 12-2pm: Community fridge open and gardening club with hot food for volunteers / visitors. We are run by volunteers, so we ask you to Pay-or-contribute as-you-feel where possible.
- No booking needed just drop in, open to all

Everyday

Cornwall Neighbourhood for Change, The Elms, Green Lane 9am -4pm. Open everyday for people to visit a safe, warm and friendly environment on their own, or with a friend, and talk to others over a free hot drink or maybe a free hot meal. They can enjoy activities or can be helped to access specialist advice and support with housing, energy bills and job-seeking. Running until March 2023

Redruth Library, Alma Place Monday – Saturday 9.30 – 5pm (9.30 – 1pm Saturdays) a welcome warm space, access to group activities and a winter wellness guide. With staff available to advise on what support and services there are

