



Friday 11th November 2022

# Pennoweth News

Thank you so much to everyone who was able to attend the parent meetings this week! It was lovely to see so many of you in school and be able to share the children's work; they have so much to be proud of! If you weren't able to meet with your child's teacher and would like an appointment, please do email in to the relevant team email and we will get back to you as soon as possible.

As you will be aware, Miss Miche is expecting her first baby very soon and starts her maternity leave next week. We know you will join with us in wishing her and her family all the very best as they prepare to meet their new arrival!

Just a reminder that we are taking part in Children in Need day next Friday. It is non-uniform for the day; donations to the charity can be made via your ParentPay account—a special donation line has been added. The theme for the day is around wearing something spotty but children can wear clothes of their choice; spots are optional!

A big thank you to Mrs Shami for organising a book fair for us. The fair will take place during the week commencing 21st November. Please see times that it will be open to parents in the dates section. Each class will have the opportunity to look around the fair on Monday 21st November to see what books are available ahead of the shop being open.

Well done to all the children for being so respectful in our Remembrance silence and for the work they have been carrying out linked to remembering those who gave their lives in the war. Please see Carson's poem on page 5—well done Carson!

Finally, we will be having a different approach to a Christmas production this year that will involve the whole school. This will take place on Thursday 8th December at 1.30pm and 5pm. If the weather is not on our side (some of the production will be outside), we have reserved Thursday 15th December as a back up date.



## Dates for your diary

From

**Wednesday 16th November**

Restormel shared lunch

**Thursday 17th November**

Flu immunisations

**Friday 18th November**

Children in Need day—non uniform, 'spotty' theme!

## Book Fair

Tues 22nd Nov (3.15-4.30pm)

Weds 23rd Nov (8.00—  
8.30am)

Thurs 24th Nov (3.25—  
4.30pm)

**Saturday 26th November**

Redruth lantern parade

**Christmas production  
(whole school)**

Thursday 8th December  
1.30pm & 5pm



Our phase email addresses are:

[eyfs@pennoweth.cornwall.sch.uk](mailto:eyfs@pennoweth.cornwall.sch.uk) (for Nursery and Reception)

[KS1@pennoweth.cornwall.sch.uk](mailto:KS1@pennoweth.cornwall.sch.uk) (for Years 1 and 2)

[lowerKS2@pennoweth.cornwall.sch.uk](mailto:lowerKS2@pennoweth.cornwall.sch.uk) (for Years 3 and 4)

[upperKS2@pennoweth.cornwall.sch.uk](mailto:upperKS2@pennoweth.cornwall.sch.uk) (for Years 5 and 6)

Or contact: [help@pennoweth.cornwall.sch.uk](mailto:help@pennoweth.cornwall.sch.uk)

## School Lunches

Week beginning 14th  
November —

week 2 of the new menu

# Character Qualities

This year we will be changing the 4 key characteristics we are on the look out for every term. For Autumn, we are looking for children who are demonstrating the characteristics of being:






**Adaptable**

**Generous**

**Honest**

**Pioneering**

We also have our Stars of the Week, who have been classroom superstars and DNA Champions for each phase.

| Quality  | Children Spotted in R, Y1 and Y2   | Children Spotted in Y3, Y4, Y5 and Y6   |
|--|--|---|
| <b>Adaptable</b><br>    | Porthcurno: Kurt<br>Gwithian: Rosen<br>Marazion: Jayden  | Newlyn: Layla<br>Mevagissey: All of Mevagissey!<br>Porthleven: Elsie<br>Pendeen: Taylor<br>Lizard: Jacob<br>Godrevy: Israel |
| <b>Generous</b><br>    | Porthcurno: Maisie<br>Gwithian: Zakary<br>Marazion: Vinnie                                     | Newlyn: Starla<br>Mevagissey: Izzy<br>Porthleven: Penny<br>Pendeen: Izzy<br>Lizard: Dana<br>Godrevy: Tommy                  |
| <b>Honest</b><br>     | Porthcurno: Freddie<br>Gwithian: Lyra-Rose<br>Marazion: Alesha-Mae                             | Newlyn: Nicola<br>Mevagissey: Dexter<br>Porthleven: Blaise<br>Pendeen: Summer<br>Lizard: Brooke<br>Godrevy: Ava             |
| <b>Pioneering</b><br> | Porthcurno: Lewis<br>Gwithian: Tom<br>Marazion: Aliza  | Newlyn: Emillie<br>Mevagissey: Eleanor<br>Porthleven: James<br>Pendeen: Isadora<br>Lizard: Eva<br>Godrevy: Walter           |
|                       | Restormel: Cassy<br>Tintagel: Peter<br>Porthcurno: Oscar<br>Gwithian: Ethan<br>Marazion: Albie | Newlyn: Harris<br>Mevagissey: Noah<br>Porthleven: Maisie<br>Pendeen: Thea<br>Lizard: Mia<br>Godrevy: Jenny                  |

We are safe Champions: KS1: Connie, LKS2: Joseph, UKS2: Freya

We feel loved champions: Restormel: Evelyn, KS1: Mason T, LKS2: Aira, UKS2: Tabby

We take responsibility champions: Tintagel: Aiya KS1: Thomas, LKS2: Megan, UKS2: Jazmin

We are always learning champions: KS1: Tabettha, LKS2: Harry, UKS2: Malakai

We are ready Champions: KS1: Riley, LKS2: Lukas, UKS2: Kaycee



West Coast Academy



# CHEER SQUAD

**Practise is every Thursday**



Use the QR code to login  
into our portal & book your  
trial, or head to our website  
to find out more!

**Come and show us your spirit and join our  
competitive cheerleading teams!**

[www.westcoastacademy.co.uk](http://www.westcoastacademy.co.uk)



# What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

OSCAR

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

## 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

## 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

## 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

## 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

## 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

## FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5767 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0800 800 5000

## 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent "lighting their battles for them". In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

## 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

## 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

## 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

## 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



**NOS** National Online Safety®  
#WakeUpWednesday



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



@natonlinesafety



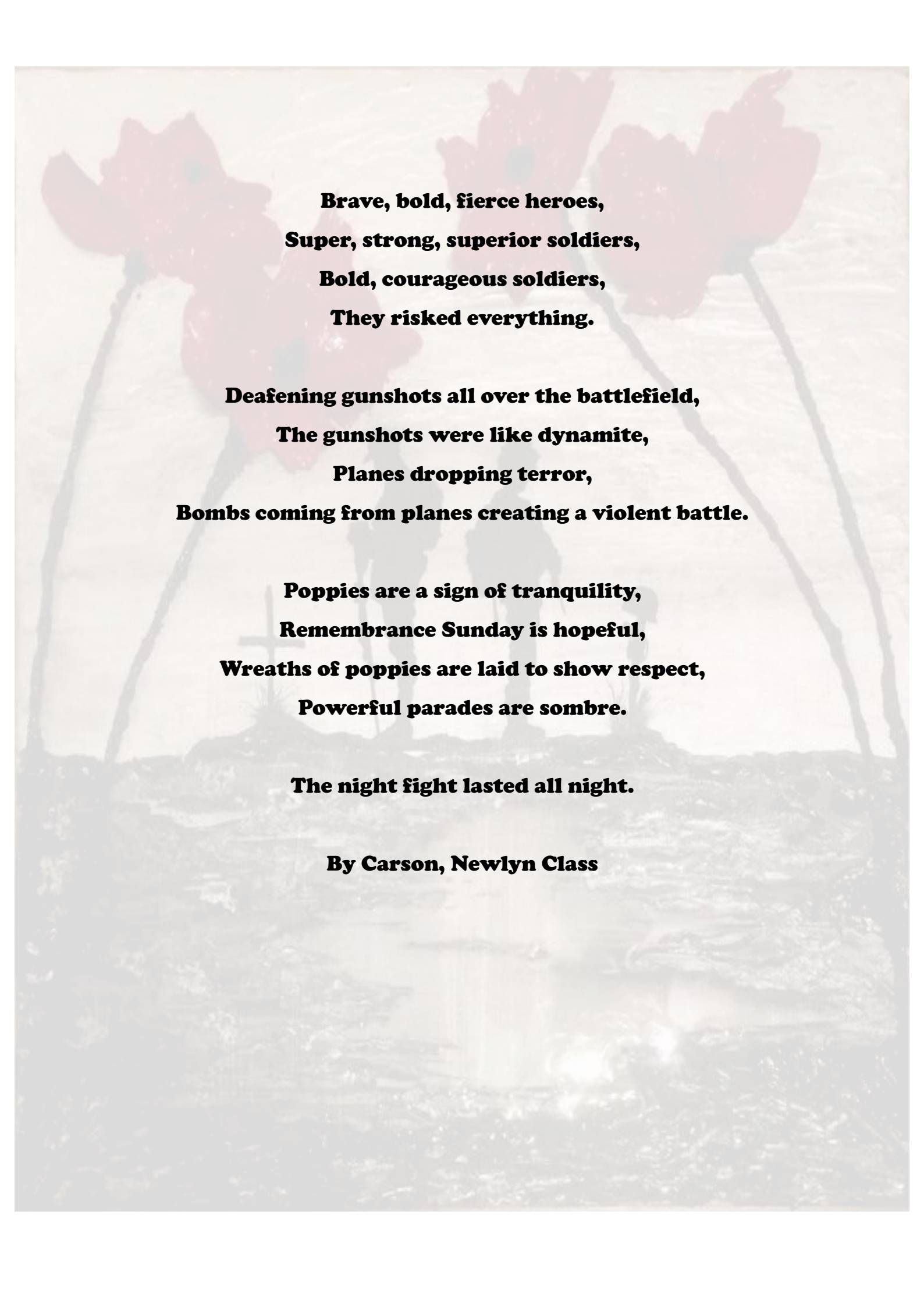
/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 09.11.2022



The background of the entire page is a faded, sepia-toned photograph of a battlefield. In the foreground, several large red poppies with dark centers are in bloom, their long stems reaching upwards. In the background, the silhouettes of soldiers in a trench are visible against a hazy, light-colored sky. The overall mood is somber and reflective.

**Brave, bold, fierce heroes,  
Super, strong, superior soldiers,  
Bold, courageous soldiers,  
They risked everything.**

**Deafening gunshots all over the battlefield,  
The gunshots were like dynamite,  
Planes dropping terror,  
Bombs coming from planes creating a violent battle.**

**Poppies are a sign of tranquility,  
Remembrance Sunday is hopeful,  
Wreaths of poppies are laid to show respect,  
Powerful parades are sombre.**

**The night fight lasted all night.**

**By Carson, Newlyn Class**

## Unauthorised Exceptional Leave of Absence Information

The law requires parents to ensure their children receive an efficient full time education and every minute of every day is important. Please help them not to miss any of this valuable time.

We hope that when you have read the information on our website, you will consider that your child's education is too important to take holidays during term time.

If an unauthorised leave of absence is taken, this may incur a penalty notice being issued under Section 444A and 444B of the Education Act 1996. This carries a fine of £60 per child, per parent if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in court action.

## Unauthorised Late Marks Information

If your child is arriving late—after the register has closed at 9am, it will be coded as U which is an unauthorised late mark. If your child accrues 10 unauthorised late marks within 100 sessions (10 weeks) you will be committing an offence under the Education Act 1996.

The school may refer the matter to Cornwall Council who may decide to take legal action against you issuing a penalty notice under Section 444A or 444B of the Education Act 1996. This carries a fine of £60 per child, per parent if paid within 21 days or £120 if paid after this but within 28 days. Failure to pay the penalty notice will result in Court action.

