

HOT SPECIALS...

Pesto Pasta Bake ●
Served with Two Vegetables

Cheese and Tomato Pizza ● ●
Served with Potato Wedges

Sweet and Sour Chicken ●
Served with Wholegrain Rice

West African Vegetable Rice ● ●
Served with Two Vegetables

Roast Pork ●
Served with Roast Potatoes, Two Vegetables and Gravy

Vegetable Pastry Roll ●
Served with Roast Potatoes, Two Vegetables and Gravy

Cottage Pie ●
Served with Two Vegetables

Vegetarian Cottage Pie ● ●
Served with Two Vegetables and Gravy

Southern Fried Chicken ●
Served with Chips and Two Vegetables

Vegan Meatballs in Tomato Sauce ● ●
Served with Chips and Two Vegetables

DAILY FAVES...

Packed Lunch
See below for details
Jacket Potatoes ● ●
with a choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Strawberry Ice Cream

Packed Lunch
See below for details
Jacket Potatoes ● ●
with a choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Fruity Flapjack Bar ●

Packed Lunch
See below for details
Jacket Potatoes ● ●
with a choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Fruit Jelly and Custard ●

Packed Lunch
See below for details
Jacket Potatoes ● ●
with a choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Chocolate Milkshake served with Chocolate Biscuit

Packed Lunch
See below for details
Jacket Potatoes ● ●
with a choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Chocolate Slice

PICK A PUD!

THREE WEEK MENU

AUTUMN/WINTER 2022

OUR NEW MENU CHOSEN BY PARENTS AND CHILDREN

YOUR FAVOURITES AVAILABLE EVERY DAY



WEEK 1

W/C: 31/10-21/11 T/27/12 02/01 25/01 06/03
27/03

HOT SPECIALS...

DAILY FAVES...

PICK A PUDD!

Macaroni Cheese 🍷
Served with Two Vegetables

Vegetarian Sausage 🍷
Served with Mashed Potato and Gravy

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Vanilla Ice Cream

Chicken Pie
Served with Mashed Potato and Gravy

Cheese and Tomato Pizza 🍷 🍷
Served with Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings, including Salmon Mayo/maise
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Hot Chocolate served with Chocolate Custard

Roast Turkey
Served with Roast Potatoes, Two Vegetables and Gravy

Vegan Sausage Casserole 🍷 🍷
Served with Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Oat Cookie served with Fruit Slices 🍷

Beef Bolognese 🍷 🍷
Served with Wholemeal Pasta and Two Vegetables

Chinese Vegetable Rice 🍷 🍷
Served with Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Vanilla Ice Cream Milkshake served with Shortbread

Breaded fish
Served with Chips and Two Vegetables

Quorn Dippers 🍷
Served with Chips and Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Pineapple Upside Down Cake

MONDAY

Cheese and Tomato Pizza 🍷 🍷
Served with Two Vegetables

Mixed Bean Pasta 🍷 🍷
Served with Stromboli Pizza Wedge

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Jam Sponge

Pork Sausages
Served with Mashed Potato, Two Vegetables and Gravy

Sweet Chilli Vegetable Noodles 🍷 🍷
Served with Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Orange Shortbread 🍷

Roast Chicken
Served with Mashed Potato, Two Vegetables, Yorkshire Pudding and Gravy

Vegetable Pie 🍷
Served with Mashed Potato, Two Vegetables and Gravy

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Chocolate Ice Cream

Keralan Chicken Curry 🍷 🍷
Served with Wholegrain Rice and Two Vegetables

Vegetable Lasagne 🍷
Served with Garlic and Herb Bread Wedge

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Strawberry Milkshake with Fresh Fruit 🍷

Breaded fish
Served with Chips and Two Vegetables

Quorn Dippers 🍷
Served with Chips and Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Chocolate Shortbread

WEEK 2

W/C: 07/11-28/11 09/01 30/01 20/02 13/03

HOT SPECIALS...

DAILY FAVES...

PICK A PUDD!

MONDAY

Cheese and Tomato Pizza 🍷 🍷
Served with Two Vegetables

Mixed Bean Pasta 🍷 🍷
Served with Stromboli Pizza Wedge

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Jam Sponge

TUESDAY

Pork Sausages
Served with Mashed Potato, Two Vegetables and Gravy

Sweet Chilli Vegetable Noodles 🍷 🍷
Served with Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Orange Shortbread 🍷

WEDNESDAY

Roast Chicken
Served with Mashed Potato, Two Vegetables, Yorkshire Pudding and Gravy

Vegetable Pie 🍷
Served with Mashed Potato, Two Vegetables and Gravy

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Chocolate Ice Cream

THURSDAY

Keralan Chicken Curry 🍷 🍷
Served with Wholegrain Rice and Two Vegetables

Vegetable Lasagne 🍷
Served with Garlic and Herb Bread Wedge

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Strawberry Milkshake with Fresh Fruit 🍷

FRIDAY

Breaded fish
Served with Chips and Two Vegetables

Quorn Dippers 🍷
Served with Chips and Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍷
with a choice of hot and cold fillings
Tomato Pasta 🍷 🍷
Fresh, homemade tomato and basil sauce with penne pasta

Chocolate Shortbread

PACKED LUNCH - AVAILABLE DAILY

HAM AND CHEESE

WITH VEG STICKS AND FRESH FRUIT OR DESSERT OF THE DAY

ALL MAIN MEALS SERVED WITH TWO VEGETABLES

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

🍷 Vegetarian 🍷🍷 Olive Fish 🍷🍷 Wholegrain 🍷🍷 Fruitful 🍷🍷 Nutritionist's Choice 🍷🍷 Halal Available